


# OCTOBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2	3	4	5	6	
	<p><b>BREAKFAST</b> CHEF CHOICE, FRUIT AND MILK</p> <p><b>LUNCH</b> SPAGHETTI WITH W/G NOODLES GARLIC BREAD, MIXED VEGS BAKED APPLES AND MILK</p>	<p><b>BREAKFAST</b> PANCAKE, FRUIT AND MILK</p> <p><b>LUNCH</b> TACO TUESDAY, SALSA REFRIED BEANS, FRITOS, CARROTS, PEARS AND MILK</p>	<p><b>BREAKFAST</b> CEREAL, FRUIT AND MILK</p> <p><b>LUNCH</b> CHICKEN ALFREDO OVER NOODLES, GARLIC STICK, PEAS, PEACHES AND MILK</p>	<p><b>BREAKFAST</b> BREAKFAST PIZZA, FRUIT AND MILK</p> <p><b>LUNCH</b> HOT HAM AND CHEESE SANDWICH, MAC AND CHEESE, BAKED BEANS, APPLESAUCE AND MILK</p>	<p><b>BREAKFAST</b> YOGURT, BANANA BREAD, FRUIT AND MILK</p> <p><b>LUNCH</b> PIZZA, GREEN BEANS GARDEN SALAD, PINEAPPLE , COOKIE AND MILK</p>	
	9	10	11	12	13	
	<p><b>BREAKFAST</b> BREAKFAST SANDWICH FRUIT AND MILK</p> <p><b>LUNCH</b> TACO PASTA, BROCCOLI, RICE, MANDARIN ORANGES AND MILK</p>	<p><b>BREAKFAST</b> CHEF CHOICE, FRUIT AND MILK</p> <p><b>LUNCH</b> CHICKEN FAJITA SALSA, CORN, PEACHES AND MILK</p>	<p><b>BREAKFAST</b> BREAKFAST PIZZA FRUIT AND MILK</p> <p><b>LUNCH</b> CHEESEBURGER, PICKLES, FRENCH FRY MIXED VEGETABLES APPLESAUCE AND MILK</p>	<p><b>BREAKFAST</b> CINNAMON ROLL FRUIT AND MILK</p> <p><b>LUNCH</b> SLOPPY JO, W/G BUN DORITOS, CARROTS, PEARS AND MILK</p>	<p><b>BREAKFAST</b> CEREAL, FRUIT AND MILK</p> <p><b>LUNCH</b> PIZZA, PEAS, GARDEN SALAD, GREEN BEANS BANANA, AND MILK</p>	
	16	17	18	19	20	
	<p><b>BREAKFAST</b> HAM AND CHEESE COMBO, FRUIT AND MILK</p> <p><b>LUNCH</b> LASAGNA CASSEROLE, GARLIC BREAD, CORN, PEACHES AND MILK</p>	<p><b>BREAKFAST</b> WAFFLES, FRUIT AND MILK</p> <p><b>LUNCH</b> HOT DOG w/g BUN, MAC&amp;CHEESE, BAKED BEANS, APPLE SLICES COOKIE, AND MILK</p>	<p><b>BREAKFAST</b> EGG &amp; SAUSAGE PATTY FRUIT AND MILK</p> <p><b>LUNCH</b> POPCORN CHICKEN, FRENCH FRIES, MIXED VEGETABLE, FRUIT COCKTAIL AND MILK</p>	<p><b>BREAKFAST</b> BLUEBERRY MUFFIN, YOGURT, FRUIT AND MILK</p> <p><b>LUNCH</b> MEATBALL SUB, PEAS, APPLESAUCE, MAC SALAD AND MILK</p>	<p><b>BREAKFAST</b> PIZZA DIPPER, FRUIT AND MILK</p> <p><b>LUNCH</b> CHICKEN GUMBO, DINNER ROLL, SALAD, STRAWBERRIES AND MILK</p>	
	23	24	25	26	27	
	<p><b>BREAKFAST</b> BLUEBERRY MUFFIN, FRUIT AND MILK</p> <p><b>LUNCH</b> CHICKEN PATTY W/CHEESE, RICE PILAF, CARROTS, PINEAPPLE AND MILK</p>	<p><b>BREAKFAST</b> CEREAL, FRUIT AND MILK</p> <p><b>LUNCH</b> WALKING TACO, SALSA CORNBREAD, GREEN BEANS, MANDARIN ORANGES COOKIE AND MILK</p>	<p><b>BREAKFAST</b> PANCAKE ON STICK, FRUIT AND MILK</p> <p><b>LUNCH</b> CHICKEN NOODLE SOUP, CRACKERS, COLD SANDWICH, CAULIFLOWER, STRAWBERRIES AND MILK</p>	<p><b>BREAKFAST</b> YOGURT, MUFFIN, FRUIT AND MILK</p> <p><b>LUNCH</b> MEATBALLS AND GRAVY, NOODLES GARLIC STICK, MIXED VEGETABLES, BAKED APPLES AND MILK</p>	<p><b>BREAKFAST</b> CHEF CHOICE, FRUIT AND MILK</p> <p><b>LUNCH</b> PULLED PORK, SUN CHIP, BAKED BEANS, PEARS AND MILK</p>	
	30	31				
	<p><b>BREAKFAST</b> PANCAKE ON STICK, FRUIT AND MILK</p> <p><b>LUNCH</b> CHILI WITH NOODLES, COLD SANDWICH, CRACKERS, CARROTS FRESH FRUIT AND MILK</p>	<p><b>BREAKFAST</b> HAM AND CHEESE COMBO,FRUIT AND MILK</p> <p><b>LUNCH</b> GHOSTLY CHICKEN FINGERS, CREEPY CORN, FRANKENSTEIN FRIES MONSTER MASHED APPLES, COOKIE AND MILK</p>		<p>MENU IS SUBJECT TO CHANGE WITHOUT NOTICE</p> <p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p>	