# Health Insurance Contact List





Claim Questions? Call 1-800-999-1781
Access your individual account to review claims, request replacement ID cards, schedule of benefits and more. https://cpm.vbagateway.com
Kayla Herrick - kherrick@corpplan.net
Anne Stromgren - astromgren@corpplan.net

## Laboratory Services

Quest Diagnostics is the preferred lab to use.
Find a location or schedule an appointment here:
www.questdiagnostics.com
Just take your lab orders from your doctor to a Quest
location to receive covered lab services.



### Prescription Drug Benefits



Questions about your prescriptions? Call 1-866-921-4047 Look up medication tiers here: https://truerx.com/formularies You can also set up an account at: www.truerx.com

#### Medical Plan Network

Find In-Network providers here: www.providrscare.net Questions? Call: 1-800-801-9772 (except for JO & WY counties) Out of State?? Call: 1-800-226-5116

Out of state providers: www.providerlocator.firsthealth.com





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### SharX Prescription Program



For those with high cost maintenance and speciality medications.

Call: 314-451-3555 Website: sharxplan.com

## MyMedicalShopper

Accessed through your CPM portal.

- · Click the link
- Enter credentials
- · Click "Shop for Care"



#### Dental & Vision



Questions about your claims? Call 1-800-487-5553
Dental providers? Call 1-800-755-8844
Account Access, look up providers:
https://www.ameritas.com/employee-benefits/

# Any other questions?

Feel free to contact myself at the District Office: Tasha Raine traine@mv330.org 866-557-6686 ext. 452



