

THE BLUE JAY CAFÉ		OCTOBER				Grades K-12
<u>BREAKFAST</u>		Monday	Tuesday	Wednesday	Thursday	<u>SNACK</u>
<b>Wednesday</b> Pancakes <b>Thursday</b> Banana Bread		<u>HIGH SCHOOL ALTERNATE MENU</u>  Mon -Yogurt Parfait Tues - Turkey & Cheese Hoagie Wed - PB & J Crustable Thurs - Spicy Chicken Tenders		<sup>1</sup> Cheesy Beefy Nachos Spanish Rice Seasoned Corn Cucumbers / Ranch Fruit / Juice / Milk	<sup>2</sup> Dill Chcken Patty on Bun Potato Logs Baked Beans Banana Bread Fruit / Juice / Milk	<b>Wed</b> Applesauce / Grahams <b>Thurs.</b> Scooby Snack / Milk
		<sup>6</sup>	<sup>7</sup>	<sup>8</sup>	<sup>9</sup>	<u>SNACK</u>
<b>Monday</b> Breakfast Bun <b>Tuesday</b> Sausage Biscuit <b>Wednesday</b> Mini Cinnis <b>Thursday</b> Dutch Waffles		Popcorn Chicken BBQ Dip Sauce Mashed Potatoes Garden Romaine Salad Fruit / Juice / Milk	Pepperoni Pizza Stick Seasoned Carrots Black Eyed Peas Fruit / Juice / Milk	Hot n' Toastie (Ham & Cheese Melt) Sweet Potato Fries Cucumbers / Ranch Fruit / Juice / Milk	Fried Chicken Drumstick French Fries / Fr. Broccoli Cinnamon Rolls Fruit / Juice / Milk	<b>Mon</b> Cheetos / Juice <b>Tues</b> Chex Mix / Gogurt <b>Wed</b> Sun Chips / Juice <b>Thurs.</b> Goldfish / Milk
<u>HOT BREAKFAST CHOICE</u>		<sup>13</sup>	<sup>14</sup>	<sup>15</sup>	<sup>16</sup>	<u>SNACK</u>
<b>Monday</b> Yogurt & Muffin <b>Tuesday</b> Sausage Biscuit <b>Wednesday</b> Breakfast Pizza <b>Thursday</b> Blueberry Waffles		Breaded Chicken Breast Patty Roasted Potatoes Garden Romaine Salad Fruit / Juice / Milk	Stuffed Crust Pizza Seasoned Corn Cherry Tomatoes / Ranch Fruit / Juice / Milk	Hot Ham & Cheese Sandiwich Sweet Potato Fries Cucumbers / Ranch Fruit / Juice / Milk	Hamburger Lettuce / Tomato / Onion Fr. Fries / Baked Beans Sugar Cookie Fruit / Juice / Milk	<b>Mon</b> Chz Cubes / Craisins <b>Tues</b> Ranch Fantastix / Juice <b>Wed</b> Banana Loaf / Milk <b>Thurs.</b> CheezIts / Juice
<u>HOT BREAKFAST CHOICE</u>		<sup>20</sup>	<sup>21</sup>	<sup>22</sup>	<sup>23</sup>	<u>SNACK</u>
<b>Monday</b> Mini Maple Pancakes <b>Tuesday</b> Sausage Biscuit <b>Wednesday</b> Croissant w/ SB Cr. Chz <b>Thursday</b> Banana Bread		BBQ Meatballs / Roll Mashed Potatoes Green Beans Garden Romain Salad Fruit / Juice / Milk	Egg & Chese Omelette Sausage / Biscuit Hashbrown Casserole Fr. Broccoli / Ranch Fruit / Juice / Milk	Tator Tot Casserole Garlic Stick Seasoned Carrots Cucumbers / Ranch Fruit / Juice / Milk	BBQ Pork Patty on Bun French Fries Ranchero Beans Chocolate Chip Cookie Fruit / Juice / Milk	<b>Mon</b> Cereal Bowl / Juice <b>Tues</b> Gogurt / Cinn Sticks <b>Wed</b> Doritos / Juice <b>Thurs.</b> Cereal Bar / Milk
<b>Monday</b> Chocolate Chip Muffin <b>Tuesday</b> Sausage Biscuit <b>Wednesday</b> Pancakes <b>Thursday</b> Dutch Waffle		<sup>27</sup>	<sup>28</sup>	<sup>29</sup>	<sup>30</sup>	<u>SNACK</u>
		Chicken Nuggets BBQ Dip Sauce Mashed Sweet Potatoes Garden Romaine Salad Fruit / Juice / Milk	Pepperoni Pizza Sticks Seasoned Corn Capri Blend Vegetables Fruit / Juice / Milk	Bean & Beef Burritos Pinto Beans Baby Carrots / Ranch Fruit / Juice / Milk	Mummie Dogs w / Chili for dipping French Fries / Fr. Veggies <b>Happy Birthday Cake</b> Fruit / Juice / Milk	<b>Mon</b> Goldfish / Milk <b>Tues</b> SB Waffle Crkr / Juice <b>Wed</b> Chex Mix / Gogurt <b>Thurs.</b> Ranch Fantastix / Juice
October 2025		This institution is an equal opportunity provider ----- Menu subject to change without notice				