

# THE BLUE JAY CAFÉ



# Grades K-12

<b>BREAKFAST</b>		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>SNACK</b>
<b>Monday</b>	Pancake on a Stick	1 Chicken Nuggets	2 Pepperoni	3 Beef & Bean Burrito	4 Hamburger / Cheeseburger	<b>Mon</b> B.B. Lemon Bites
<b>Tuesday</b>	WG Donut Ring	BBQ Dip Sauce	Pizza Stick	w/ Cheese Sauce (opt)	French Fries	<b>Tues</b> Animal Crackers
<b>Wednesday</b>	French Toast Sticks	Mashed Potatoes	Green Beans	Great Northern Beans	Ranchero Beans	<b>Wed</b> Scooby Grahams
<b>Thursday</b>	Sausage Biscuit	Carrot & Raisin Salad	Seasoned Corn	Romaine Salad / Fr. Carrots	Wacky Cake	<b>Thurs.</b> Chdr Chex Mix
		Fruit / Juice / Milk	Fruit / Juice / Milk	Fruit / Juice / Milk	Fruit / Juice / Milk	
<b>HOT BREAKFAST CHOICE</b>		8	<b>BREAKFAST 4 LUNCH</b> 9	10	11	<b>SNACK</b>
<b>Monday</b>	Banana Bread	Chicken Tenders	Scrambled Egg Omelette	Beefy Cheesy Nachos	Pepperjack Chicken Melt	<b>Mon</b> Cereal Bowl
<b>Tuesday</b>	Pancake on a Stick	WG Roll	Sausage / Pancakes	Spanish Rice	French Fries	<b>Tues</b> Nacho Doritos
<b>Wednesday</b>	Breakfast Pizza	Romaine Salad	Hashbrown Casserole	Pinto Beans	Cucumbers / Ranch	<b>Wed</b> Goldfish
<b>Thursday</b>	Sausage Biscuit	Mashed Sweet Potatoes	Cherry Tomatoes / Ranch	W.K. Corn	Snickerdoodle Cookie	<b>Thurs.</b> Strawberry Chex Mix
		Fruit / Juice / Milk	Fruit / Juice / Milk	Fruit / Juice / Milk	Fruit / Juice / Milk	
<b>HOT BREAKFAST CHOICE</b>		15	16	17	18	<b>SNACK</b>
<b>Monday</b>	Ciinnamon Bun	Corn Dog	Pepperoni	Chicken Spaghetti	Hot Dog	<b>Mon</b> Cheetos
<b>Tuesday</b>	Apple Frudel	w/ Mustard or Ketchup	Pizza	Garlic Bread	French Fries	<b>Tues</b> Cereal Bar
<b>Wednesday</b>	Croissant w/ SB Cr. Chz	Black Eyed Peas	Vegetable Juice	Sweet Potato Wedges	Cucumbers / Ranch	<b>Wed</b> CheezIts
<b>Thursday</b>	Sausage Biscuit	Romaine Salad	Garden Salad	Spinach Salad	Snickerdoodle Cookie	<b>Thurs.</b> Chocolate Muffin
		Fruit / Juice / Milk	Fruit / Juice / Milk	Fruit / Juice / Milk	Fruit / Juice / Milk	
<b>Monday</b>	Waffles	22 Popcorn Chicken	23 BBQ Chicken Breast	24 Walking Tacos	25 Sloppy Joes	<b>SNACK</b>
<b>Tuesday</b>	Pancakes	BBQ Dip Sauce	Garlic Bread	Spanish Rice	French Fries	<b>Mon</b> Scooby Grahams
<b>Wednesday</b>	Yogurt & Muffin	Cheesy Potatoes	Mashed Sweet Potatoes	Pinto Beans	Baby Carrots / Ranch	<b>Tues</b> Cheese Munchies
<b>Thursday</b>	Sausage Biscuit	Romaine Salad	Broccoli & Rice Casserole	Cucumbers / Ranch	Happy Birthday Cake	<b>Wed</b> Bug Bites
		Fruit / Juice / Milk	Fruit / Juice / Milk	Fruit / Juice / Milk	Fruit / Juice / Milk	<b>Thurs.</b> Sun Chips
<b>Monday</b>	Waffles	29 Chicken Nuggets	30 Mummy Dogs	<b>High School Second Option</b>		<b>SNACK</b>
<b>Tuesday</b>	Pancakes	BBQ Dip Sauce	(Breaded Turkey Frank)			<b>Mon</b> Cereal Snack / Juice
		Green Beans	Sweet Potato Fries			<b>Tues</b> Animal Crackers / Milk
		Mashed Potatoes	Turnip Greens			<b>All Snacks served with either Milk or Juice</b>
		Fruit / Juice / Milk	Fruit / Juice / Milk			