OCTOBER 2023

QAKWOOD CUSD #76 LUNCH MENU

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY	FRIDAY
2	Corn Dogs Seasoned Green Beans Diced Carrots Fresh Strawberries Milk	3	Taco Wedge Salsa-Sour Cream Buttered Corn Pineapple Vanilla Teddy Grahams Milk	4	Cheeseburgers Smiles (OGS) Tots (OHS) Baked Beans Diced Peaches Milk		Turkey Sub dded Lettuce-Sliced Cheese by Carrots-Cucumber Slices Ranch Cup Mandarin Oranges Rice Krispy Treat Milk	6 TEACHER INSTITUTE NO STUDENTS
9	COLUMBUS DAY NO SCHOOL	10	Quesadilla Black Beans Salsa-Sour Cream Fruit Slushy Milk	11	Chicken Patty Sandwich Buttered Corn Broccoli Florets With Ranch Cup Mixed Fruit Milk	12	Hot Dog on Bun Ketchup/Mustard Chips Peas Mandarin Oranges Strawberry Fruit Roll -Up Milk	13 6" Pepperoni Pizza Baby Carrots Ranch Cup Apple Slices Chocolate Teddy Grahams Milk
16	Chicken Tenders Mashed Potatoes w/Gravy Seasoned Green Beans Warm Roll Grapes Milk	17	Baked Potato Taco Meat Shredded Cheese Salsa - Sour Cream Pineapple Rice Krispy Treat Milk	18	Mini Corn Dogs Baked Beans Baby Carrots Diced Peaches Milk	19	Cheeseburger Smiles (OGS) - Tots (OHS) Diced Carrots Mandarin Oranges Milk	20 NO SCHOOL
23	Pancakes w/ Syrup Sausage Links Hash Browns Yogurt Paradise Punch Milk	24	Chili w/ Beans Shredded Cheese Peanut Butter Sandwich Carrots & Celery Sticks Diced Peaches Milk	25	Grape Jelly Uncrustable Buttered Corn Broccoli Florets w/ Ranch Mandarin Oranges Milk	26	Soft Shell Taco Refried Beans Shredded Cheese-Salsa Pineapple Churro Milk	27 Garlic French Bread Pizza Baby Carrots & Green Peppers w/Ranch Cup Grapes Confetti Cake Cookie Milk
30	Taco Wedge Salsa – Sour Cream Buttered Corn Apple Sauce Milk	31	Spooky Nuggets Scary Smiles-OGS Terrifying Tots-OHS Goblin Green Beans Halloween EEEK Slushy Cookie & Milk	1		2		3

News

BREAKFAST K-12 \$1.75

LUNCH OGS - \$3.00 OHS - \$3.25

Extra Milk - \$.50 Reduced Lunch-\$.40 Red. Breakfast-\$.30

Our menus follow USDA HHFKA 2010, NSLP & SBP guide lines.

Menus are subject to change without notice.

Thank you for participating in our school meals!

Questions or comments?

Amy Mackiewicz

mackiewicza@oakwood76.org
Food Service Director