



POWER UP

FRESH, LOCAL, DELICIOUS

Spokane Public Schools Nutrition Services

May 2025 Elementary Menu

Available With All Meals:

- Variety of Fruits & Vegetables
- Nonfat, 1%, Nonfat Chocolate Milk or Lactose Free Milk
- (V) Shows vegetarian option

				1 Bagel & Cream Cheese Toasted Cheese Sandwich w/ Homemade Tomato Soup (V) or Chef Salad (V)	2 Cereal with a Muffin French Toast Sticks w/ Sausage or Smoothie (V)
5 Cereal with a Muffin Chicken Egg Roll w/ Fried Rice or SunButter & Jelly Sandwich (V)	6 Waffles and Sausage Cheeseburger or Deli Turkey or Cheese Sandwich (V)	7 Cereal with a Muffin Wild Mike's Pizza (V) or Turkey & Cheese Munchable	8 Ham, Egg, & Cheese Breakfast Sandwich Turkey Ranch Flatbread Melt or Soft Pretzel w/ Cheese Cup (V)	9 Cereal with a Muffin Potato, Egg and Cheese Breakfast Bowl (V) or Yogurt Grab and Go (V)	
12 Cereal with a Muffin Chicken Fillet Sandwich or SunButter & Jelly Sandwich (V)	13 Smoothie or Yogurt Parfait Chipotle Chicken Burrito Bowl or Deli Turkey or Cheese Sandwich (V)	14 Cereal with a Muffin Homemade Mac & Cheese with Garlic Bread (V) or Hummus w/ Nacho Chips (V)	15 Cheese Omelet w/ English Muffin Mozzarella Cheese Bread w/ Marinara Sauce (V) or Cheese Pizza Munchable (V) or Mango Frozen Juice Treat (V)	16 Cereal with a Muffin Pancake, Sausage, Egg, and Cheese Breakfast Sandwich or Yogurt Parfait (V)	
19 Cereal with a Muffin Corndog or SunButter & Jelly Sandwich (V)	20 Pancakes and Sausage Cheeseburger or Deli Turkey or Cheese Sandwich (V)	21 Cereal with a Muffin Wild Mike's Pizza (V) or Chicken Caesar Wrap	22 Bagel & Cream Cheese Teriyaki Chicken w/ Fried Rice or Soft Pretzel w/ Cheese Cup (V)	23 No School	
26 No School	27 Cereal with a Muffin Nachos w/ Meat & Cheese Sauce (V) or Deli Turkey or Cheese Sandwich (V)	28 Waffles and Sausage Wild Mike's Pizza (V) or Turkey & Cheese Munchable	29 Ham, Egg, & Cheese Breakfast Sandwich Pasta with Meat Sauce w/ Garlic Bread or Chef Salad (V)	30 Cereal with a Muffin Potato, Egg and Cheese Breakfast Bowl (V) or Yogurt Grab and Go (V)	

LOVE kids and LOVE food?

We would love to have you work for us! Head to spokaneschools.org/meals and click "Join Our Team" to apply!

**WE'RE
HIRING**



Vegetarian Options Available Daily

Menus are subject to change
This institution is an equal
opportunity provider



Spokane Public Schools