

**Lavaca Public Schools**  
**CSH Wellness Committee Meeting**  
**1st Quarter Minutes**  
**Thursday, August 15, 2024**

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Meeting called to order by Terri Moudy, 10:01am

**Present:** Meggi Augustosky, Prescilla Brown, Katelyn Chambers, Amy Green, Stacy Hargrave, Mary Manus, Terri Moudy, Joslin Muck, Joni Padilla, Meghan Ryder, Ashleigh Smith, Allisyn Stratton

**Agenda**

- School-Based Health Services
- Counseling, Psychological & Social Services
- Nutrition Services
- Activities and Announcements
- Upcoming Events

**Business**

- At time of meeting a quorum was not present, therefore voting took place online for approval of the August minutes, with majority approval by voting committee members.
- We are pleased to introduce Mary Manus, LPN as our new middle school nurse. Mary will also provide coverage for the high school until a new R.N. is hired for the district.
- Mrs. Moudy presented the numbers for July for the SBHC. Lavaca Wellness Clinic had 92 appointments for children from ages 3-18 in July. The top diagnoses seen were routine child health exams, acute pharyngitis, and upper respiratory infections. Additionally, cases of flu and Covid-19 were reported. Lavaca Family Dental reported 8 appointments for children between the ages of 5-18 during the month of July. Lavaca Family Dental is open Monday through Thursday. Some of their services include check-ups, cleanings, fillings, extractions, and dental sealants. Mrs. Moudy announced that new enrollment packets for our SBHC were being distributed for Elementary, Middle and High School students during our August Open house. Cody Waters, office manager for Lavaca Wellness Center, set up a table at the High School Open House to assist with questions and services offered by the clinic.
- Meghan Ryder, our new district mental health therapist, reported 88 services provided to clients in July and August. Along with Mrs. Parker, our qualified behavioral health therapist, they are currently supporting 64 clients across Lavaca Elementary, Middle and High School and all available year-round.
- At time of meeting a quorum was not present; therefore, voting took place online for approval of the 1st quarter menus with majority approval by voting committee members. Ashleigh Smith, MS, a registered dietitian from the Arkansas Colleges of Health Education offered to provide nutritional classroom presentations, including topics on the dangers of energy drinks.. She is also available for nutrition education for our Afterschool program. Mrs. Moudy is working to contact Lisa Boyd, Wellness Program Director at the Arkansas Colleges of Health Education to do a program on the dangers of vaping, tobacco, alcohol and drugs.
- Katelyn Chambers, our new Community Health Nurse specialist from the Guy Fenter Center provided brochures detailing health education resources and her availability for presentations for K-12 and staff development. She will also be a support person for school nurses and assists with training.
- Meggi Augustosky, Community Promotion Specialist from the Arkansas Department of Health, offered assistance with the School Health Index and to help the District focus on achieving health and wellness goals at each building level.
- Joni Padilla, Health Education Specialist from the Arkansas Department of Health, collaborates with Mrs. Chambers and Mrs. Augustosky on Hometown Health Improvement, focusing on community health, tobacco cessation, and the BeWell Program.
- Mrs. Moudy has coordinated with the Office of Oral Health to provide toothbrushes, toothpaste, and dental floss to students at all grade levels. These will be distributed during oral health presentations conducted by our School Based Dental clinic.
- Mrs. Moudy announced our District wide Flu clinic will be on October 10, 2024.
- Mrs. Muck shared that the SBHC Sustainability Grant application is now open. Copies of the Wellness Committee Requirement Checklists were available for review.
- Upcoming events, CSH meeting 9/11/24 tentative date; LWC 2nd quarter meeting 10/30/24; CSH meeting; 11/13/24 tentative date; LWC 3rd quarter meeting; 1/29/25; CSH meeting 2/12/25 tentative date; LWC End of Year meeting 5/7/25; CSH 5/14/25 tentative date.
- Upon no further business: **Meeting adjourned at 10:44am.**

Next meeting is scheduled for October 30, 2024 at 12:30pm.