Offered Daily: 1\% White Milk or FF Chocolate Milk all menus are subject to CHANGE without notice.

| Meal Pricing | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch Meal <br> Student Paid - 3.15 <br> Student Reduced - . 40 <br> Adult Meal 3.65 Line 2-4 <br> Adult Entree Only - 1.50 <br> Salad Bar Available Daily | No School $\quad 1$ | GF Pancakes <br> Sausage Links <br> Potato tots <br> Baby Carrots <br> Variety of Fruit \& Juice Choice of Milk | GF Pizza or Pep Pocket <br> Marinara Dip <br> Variety of Fresh Vegetables <br> Variety of Fruit <br> Choice of Milk | GF Chicken Nuggets <br> Fried Rice GF Muffin Peas Variety of Fruit Choice of Milk | GF Pepperoni Pocket <br> Marinara cup <br> Golden Corn <br> Broccoli <br> Variety of Fruit <br> Choice of Milk |
| RED GF Option <br> Green - Gluten Free <br> Orange - Dairy <br> Hot Vegetables can be prepared without butter. <br> S- May contain sesame <br> For information on requesting Gluten Free meals options Please contact District FS Manager Donna Waters 309-379-6011 ext. 1140 donna.waters@oympia.org | GF Pancakes <br> Sausage Links, Sw Potato Tots Baby Carrots Variety of Fruit, Juice Choice of Milk | Soft Tacos (taco meat, cheese shreds) GF Chips Garden Side Salad Salsa, Sour cream Variety of Fruit Choice of Milk | GF Pizza or Pep Pocket <br> Marinara Dip <br> Variety of Fresh Vegetables <br> Variety of Fruit <br> Choice of Milk | GF Chicken Nuggets Mashed potatoes Broccoli \& Cauliflower GF Muffin Variety of Fruit Choice of Milk | GF Cheese Pizza <br> Green Beans Garden Side Salad Variety of Fruit Choice of Milk |
|  | No School 15 | GFSpaghetti/Meat sauce GF Garlic Bread Garden Salad Cucumbers Variety of Fruit Choice of Milk | BBQ Pork/GF Flatbread <br> Baked Beans Broccoli \& Cauliflower Variety of Fruit \& Juice Choice of Milk | Diced Chicken / GF Noodles <br> Broccoli \& Cauliflower Baby Carrots GF Muffin Variety of Fruit Choice of Milk |  19 <br> GF Pepperoni Pocket  <br> Marinara cup  <br> Green Beans  <br> Broccoli  <br> Variety of Fruit  <br> Choice of Milk  |
|  | 22 | 23 | 24 | 25 | 26 |
| Plant Based Lunch entrees are available daily upon request. Scan below for more details | GF Pizza w bacon \& egg <br> GF Muffin <br> Sw Potato Tots <br> Baby Carrots <br> Variety of Fruit, Juice <br> Choice of Milk | Nachos (taco meat, cheese sauce) <br> Garden Side Salad Chips \& Salsa Variety of Fruit Choice of Milk | BBQ Rib Patty/GF Bun <br> Potato Salad/Cole Slaw <br> Baked Beans <br> Variety of Fruit <br> Choice of Milk | GF Meatloaf/ GF Muffin <br> Mashed Potatoes <br> Baby Carrots <br> Variety of Fruit <br> Choice of Milk | GF Pretzel Bites <br> GF mac n cheese <br> Green Beans Garden Side Salad Variety of Fruit Choice of Milk |
|  | Breakfast - Monday | Breakfast - Tuesday | Breakfast Wednesday | Breakfast - Thursday | Breakfast - Friday |
| Breakfast Meal Student Paid -1.35 Student Reduced - 30 Adult Full Meal -1.85 Adult Entree only -1.25 | GF Muffin Or GF Cereal Variety of Fruit \& Juice Choice of Milk | GF Muffin Or GF Cereal <br> Variety of Fruit \& Juice Choice of Milk | GF Muffin Or GF Cereal Variety of Fruit \& Juice Choice of Milk | GF Muffin Or GF Cereal Variety of Fruit \& Juice Choice of Milk | GF Muffin Or GF Cereal Variety of Fruit \& Juice Choice of Milk |

