

# NEWTON PUBLIC SCHOOLS

Board of Education ♦ 57 Trinity Street ♦ Newton, NJ 07860 ♦ (973) 383-7392

Dear Parent/Guardian,

We'd like to inform you of important health requirements related to physical examinations, as outlined by NJ state law.

☐ **For New Students to Newton Public Schools:**

If your child is entering Newton Public Schools for the first time, state law requires that they have a physical examination within 365 days of their initial entry into a New Jersey school district.

- If your child has not had a physical in the past year, please schedule one as soon as possible.
- If they have had a recent physical, you may send the attached form to your child's healthcare provider for completion.
- Please return the completed form within 30 days.

☐ **For All Students:**

New Jersey law recommends that all students receive a physical exam at least once during each of the following developmental stages:

- Early childhood: Preschool through Grade 3
- Pre-adolescence: Grades 4 through 6
- Adolescence: Grades 7 through 12

*We've attached a general physical exam form for your convenience.*

**Note for Middle and High School Parents:**

If your child plans to participate in school sports, they must have a sports physical completed within 365 days prior to the first day of practice. Without this, they will not be allowed to participate in tryouts or activities.

If you have any questions or need help with the forms, please feel free to contact your child's School Nurse. We're here to support you and ensure a smooth, healthy school year.

Thank you for your cooperation!

**Preschool at Camp Auxilium**  
Gina Kithcart, RN,MSN, CSN  
973-383-7202 x1331  
gkithcart@newtonnj.org

**Merriam Ave School**  
Michelle Kinney, RN,BSN,CSN  
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mkinney@newtonnj.org

**Halsted Middle School**  
Carol Marinaro, RN,BSN,CSN  
973-383-7440 x2231  
cmarinaro@newtonnj.org

**Newton High School**  
Nivek Zayas, RN, MSN CSN  
973-383-7573 x3231  
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# Newton Public Schools

Merriam Avenue School  
Michelle Kinney, RN, CSN, BSN  
973-383-7202 X 1231

Halsted Middle School  
Carol Marinaro, RN, CSN, BSN  
973-383-7440 x 2231

Newton High School  
Nivek Zayas, RN, BSN  
973-383-7692 x 3231

## STUDENT PHYSICAL EXAMINATION

NAME: \_\_\_\_\_ BIRTH DATE: \_\_\_\_\_ SEX: M \_\_\_\_\_ F \_\_\_\_\_

ADDRESS: \_\_\_\_\_

DATE OF EXAM \_\_\_\_\_ HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_ BMI \_\_\_\_\_ BP \_\_\_\_\_ / \_\_\_\_\_ PULSE \_\_\_\_\_

SKIN \_\_\_\_\_ SCALP \_\_\_\_\_ EARS: RIGHT \_\_\_\_\_ LEFT \_\_\_\_\_ NOSE \_\_\_\_\_ THROAT \_\_\_\_\_

TEETH \_\_\_\_\_ GLANDS \_\_\_\_\_ HEART \_\_\_\_\_ LUNGS \_\_\_\_\_ HERNIA \_\_\_\_\_ SPINE \_\_\_\_\_

FEET \_\_\_\_\_ JOINTS \_\_\_\_\_

EYES/VISION: RIGHT \_\_\_\_\_ LEFT \_\_\_\_\_ BOTH \_\_\_\_\_ HEARING \_\_\_\_\_

### PAST HISTORY

### AGE

### IMMUNIZATION RECORD

CHICKEN POX: \_\_\_\_\_

GERMAN MEASLES: \_\_\_\_\_

MEASLES: \_\_\_\_\_

MUMPS: \_\_\_\_\_

SCARLET FEVER: \_\_\_\_\_

PNEUMONIA: \_\_\_\_\_

OTITIS MEDIA: \_\_\_\_\_

TONSILLITIS: \_\_\_\_\_

TUBERCULOSIS/INH: \_\_\_\_\_

CONVULSIVE DISORDER: \_\_\_\_\_

NEUROMUSCULAR DISORDER: \_\_\_\_\_

CONGENITAL ABNORMALITIES: \_\_\_\_\_

RHEUMATIC FEVER: \_\_\_\_\_

DIABETES: \_\_\_\_\_

HEART DISEASE: \_\_\_\_\_

STREP INFECTIONS: \_\_\_\_\_

ASTHMA: \_\_\_\_\_

ALLERGIES: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

LYME DISEASE: \_\_\_\_\_

MONONUCLEOSIS: \_\_\_\_\_

HIV VIRUS: \_\_\_\_\_

OTHER: \_\_\_\_\_

\_\_\_\_\_

INJURIES: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

SURGERY: \_\_\_\_\_

\_\_\_\_\_

DPT: \_\_\_\_\_

POLIO: \_\_\_\_\_

MMR: \_\_\_\_\_

MEASLES: \_\_\_\_\_

MUMPS: \_\_\_\_\_

RUBELLA: \_\_\_\_\_

HIB: \_\_\_\_\_

HBV: \_\_\_\_\_

VARICELLA: \_\_\_\_\_

Tdap: \_\_\_\_\_ MENINGOCOCCAL: \_\_\_\_\_

Flu Vaccine: \_\_\_\_\_

### TB SCREENING SPECIFY MANTOUX/TINE

TYPE: \_\_\_\_\_ DATE: \_\_\_\_\_ RESULT: \_\_\_\_\_

COMMENTS: \_\_\_\_\_

\_\_\_\_\_

PHYSICIAN'S NAME: \_\_\_\_\_  
(PLEASE PRINT)

DATE: \_\_\_\_\_

PHYSICIAN'S PHONE NUMBER: \_\_\_\_\_

PHYSICIAN'S SIGNATURE:

