

# -2024- MARCH

## Abingdon-Avon High School

### Lunches Include:

Entrée, Grain, Fruit, Vegetable  
Choice of 1% White or FF Chocolate

### A la Carte items Offered Daily:

Cookies, Chips, Salads, Sandwiches  
Dessert Cup, Fruit Cups, Flavored or  
Non-Flavored Water, Juice Boxes,  
Yogurt

YOU WILL NEED TO HAVE MONEY  
IN YOUR LUNCH ACCOUNT TO  
PURCHASE ITEMS FROM THE  
A LA CARTE

ALL STUDENT LUNCHES ARE FREE

Hello March  
May the early spring  
Awaken your soul and  
Remind you to  
Celebrate the season with  
Hope and joy it brings

[Ourmindfullife.com](http://Ourmindfullife.com)

### MONDAY

4

COUNTRY FRIED  
STEAK  
**OR SALISBURY STEAK**  
POTATO & GRAVY  
CORN, FRUIT  
DINNER ROLL

11

CORN DOG OR  
**3 MEAT SUB**  
LOADED TATOR TOTS  
CAPRI BLEND VEG.  
APPLESAUCE

18

BBQ PORK/BUN OR  
**CHEESEBURGER**  
MAC-CHEESE  
PEAS  
FRUIT

25

GRILLED  
CHICKEN/BUN  
**OR SPICY CHICKEN**  
LATTICE FRIES  
MIX VEGGIES  
PINEAPPLE

### TUESDAY

5

QUESADILLA  
TOSTITO'S/SALSA  
RANCHERO BEANS  
PEACHES  
CHURRO

12

TACO'S  
(CHICKEN OR BEEF)  
**OR BURRITO**  
SPANISH RICE  
CORN, MIX FRUIT  
DORITOS

19

POPCORN CHICKEN  
CURLY FRIES  
MIXED VEGGIES  
PEARS

26

BISCUIT & GRAVY  
SCRAMBLED EGGS  
HASHBROWN  
SAUSAGE LINKS  
PEACHES

### WEDNESDAY

6

STROMBOLI  
W/MARINARA SAUCE  
**OR HAM/CHZ SUB**  
ITALIAN PASTA SALAD  
COTTAGE CHEESE  
TROPICAL FRUIT

13

BAKE POTATO BAR  
LITTLE SMOKIES  
BROCCOLI/CHZ  
FRUIT  
DINNER ROLL

20

BUILD YOUR OWN  
SUB BAR  
SUMMER SALAD  
CHIPS, PICKLE SPEAR  
CHIPS, FRUIT

27

CHILI DOG OR  
**HOT DOG/BUN**  
PRETZEL/CHZ  
BAG OF POPCORN  
APPLES SLICES,  
CARROTS  
FRUIT SLUSH

### THURSDAY

7

CHICKEN TENDERS  
POTATO WEDGES  
BROCCOLI/CHZ  
FRUIT  
CORNBREAD

14

SPAGHETTI  
**OR HAM/CHZ SUB**  
BOSCO STICK  
SIDE SALAD  
GREEN BEANS  
FRUIT

21

CHILI/CRACKERS  
GRILLED CHEESE  
BAG OF CARROT  
PEACHES  
CHOCOLATE CAKE  
SLICE

28

NO  
SCHOOL

### FRIDAY

1

CHEESEBURGER/BUN  
**OR HOT DOG/BUN**  
BAKED FRIES  
GREEN BEANS  
FRUIT  
FROSTED  
GRAHAM CRACKER

8

TONY'S PIZZA  
GARLIC BREADSTICK  
ITALIAN CHOP SALAD  
PINEAPPLE  
SIDEKICK SLUSH

15

FRENCH BREAD PIZZA  
BROCCOLI SALAD  
COTTAGE CHEESE  
PEACHES  
CHIPS

22

COOKS  
CHOICE

29

NO  
SCHOOL