



BREAKFAST

MARCH 2024

HOME OF THE TORNADES

PRE-K THRU HIGH SCHOOL

ALL MEALS ARE FREE

Monday



Tuesday

Wednesday

Thursday

Friday

4

GRILLED CHEESE
FRUIT CUP
JUICE
MILK

5

CEREAL
MINI APPLE BITES WG
JUICE
MILK

6

BREAKFAST PIZZA
FRUIT
JUICE
MILK

7

PANCAKE ON A STICK
SF SYRUP
MANDARIN ORANGES
MILK

8

BREAKFAST SANDWICH
(BAGEL, EGG, CHEESE)
MIX FRUIT
JUICE
MILK

11

BREAKFAST HOT POCKET
NUTRI GRAIN BAR
JUICE
MILK

12

CEREAL
BAGEL W/CRM CHZ
JUICE
MILK

13

BISCUIT & GRAVY
PEACHES
JUICE
MILK

14

BANANA BREAD SLICE
TRIX YOGURT CUP
JUICE
MILK

15

SAUSAGE
BREAKFAST BITES
SF SYRUP
FRUIT CUP
JUICE AND MILK

18

ENGLISH MUFFIN
EGG & CHEESE SANDWICH
HASHBROWN
JUICE
MILK

19

BREAKFAST PIZZA
FRUIT
JUICE
MILK

20

CHEESE OMLETT
TOAST
JUICE
MILK

21

DUTCH WAFFLE
SF SYRUP
FRUIT
JUICE
MILK

22

PANCAKE BREAKFAST
SANDWICH
YOGURT
FRUIT
MILK

25

BREAKFAST
BURRITO
CHEESE STICK
JUICE
MILK

26

MINI PANCAKES
SAUSAGE LINK
FRUIT
MILK

27

BISCUIT & GRAVY
PEACHES
JUICE
MILK

28

NO SCHOOL

29

NO SCHOOL

TO RECEIVE THE FREE MEAL STUDENTS MUST CHOOSE A MINIMUM OF THREE ITEMS
ONE MUST BE FRUIT OR VEGETABLE
JUICE AND MILK ARE AVAILABLE WITH BREAKFAST