

- 2023 -

# NOVEMBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Abingdon-Avon High School

Lunches Include:  
Entrée, Grain, Fruit, Vegetable  
Choice of 1% White or FF Chocolate

A la Carte items Offered Daily:  
Cookies, Chips, Salads, Sandwiches  
Dessert Cup, Fruit Cups, Flavored or  
Non- Flavored Water, Juice Boxes,  
Yogurt

YOU WILL NEED TO HAVE MONEY  
IN YOUR LUNCH ACCOUNT TO  
PURCHASE ITEMS FROM THE  
A LA CARTE

ALL STUDENT LUNCHES ARE FREE

IN A WORLD WHERE YOU CAN BE  
ANYTHING, BE KIND  
JENNIFER DUKES LEE

6

BACON CHZ BURGER/BUN  
(Lettuce, tomato)  
CRINKLE FRIES  
SUNSHINE BLEND VEG.  
FRUIT, SNACK CAKE  
2<sup>ND</sup> CHOICE: MEATBALL SUB

7

NO SCHOOL  
ELECTION DAY

8

COUNTRY FRIED STEAK  
POTATO & GRAVY  
GREEN BEANS,  
PEACHES, DINNER ROLL  
2<sup>ND</sup> CHOICE: SALISBURY  
STEAK

9

TENDERLOIN/BUN  
MAC-CHEESE  
PEAS/CARROTS  
PEARS  
2<sup>ND</sup> CHOICE: HOT  
DOG/BUN

10

PIZZABOLI W/SAUCE  
ITALIAN CHOP SALAD  
PKG. CARROTS/RANCH  
WATERMELON SLICE  
BAKED CHIPS

13

NO SCHOOL  
VETERAN'S DAY  
HOLIDAY

14

CHICKEN STRIPS  
AU GRATIN POTATOES  
STEAMED BROCCOLI  
TROPICAL FRUIT  
GARLIC TOAST

15

TONY'S PIZZA  
BREADSTICK/SAUCE  
CESAR SALAD  
GREEN BEANS  
FRUIT CUP

16

TURKEY OR HAM  
POTATO & GRAVY  
YAMS, STUFFING  
GREEN BEANS, ROLL  
PUMPKIN PIE

17

NO SCHOOL

20

BISCUIT & GRAVY  
SAUSAGE  
HASHBROWN PATTY  
MANDARIN ORANGES  
CAPRI SUN JUICE

21

SUB SANDWICH  
CHEDDAR SUN CHIP  
PEPPERSTRIPS/  
CUCUMBERS  
APPLE SLICES/CARAMEL

22

NO SCHOOL

23

NO SCHOOL  
HAPPY  
THANKSGIVING

24

NO SCHOOL

27

GRILLED OR BREADED  
CHICKEN/BRIOCHE BUN  
(Lettuce, tomato, cheese)  
Tator tots  
SIDE SALAD  
PINEAPPLE SLICES

28

CORN DOG  
POTATO WEDGES  
GREEN BEANS  
MANDARIN ORANGES  
2<sup>ND</sup> CHOICE: TURKEY  
WRAP

29

CHILI/CRACKERS  
GRILLED CHEESE  
PKG. CARROTS/RANCH  
FRUIT  
CHOCOLATE CAKE  
SLICE

30

CHICKEN NUGGETS  
POTATO & GRAVY  
CORN  
PEACH APPLESAUCE  
DINNER ROLL