

## **NOVEMBER 2023**

Pre-K Thru High School

All Meals Are Free

Home of the Tornadoes

Monday Thursday Friday Tuesday Wednesday 3 **CINNAMON ROLLS** PANCAKE ON A STICK **BREAKFAST BAGEL** HS: DANISH SF SYRUP **GRAPES FRUIT** MANDARIN ORANGES JUICE AND MILK JUICE AND MILK JUICE AND MILK 8 9 BREAKFAST SANDWICH **BREAKFAST SANDWICH** NO SCHOOL **BOSCO STICKS CEREAL** (BAGEL, EGG, CHEESE) YOGURT CUP **GRANOLA BAR** WG POPTART PINEAPPLE CUP JUICE AND MILK **ELECTION DAY HOLIDAY PEARS** JUICE AND MILK JUICE AND MILK JUICE AND MILK 13 14 15 16 17 NO SCHOOL **CEREAL** WAFFLE CHEESE NO SCHOOL SF SYRUP MINI BREAKFAST BITES OMELETTE VETERAN'S DAY HOLIDAY SAUSAGE LINKS TOAST, FRUIT CUP JUICE AND MILK JUICE AND MILK JUICE AND MILK 24 20 21 22 23 NO SCHOOL NO SCHOOL **GRILLED CHEESE BREAKFAST PIZZA** NO SCHOOL MIX FRUIT CUP **GRANOLA BAR** HAPPY THANKSGIVING JUICE AND MILK JUICE AND MILK 29 30 27 28 **CEREAL** PANCAKE ON A STICK **BISCUIT & GRAVY BANANA BREAD SLICE WG POPTART** SF SYRUP **PEACHES** TRIX YOGURT **APPLE SLICES** JUICE AND MILK JUICE AND MILK FRUIT CUP JUICE AND MILK JUICE AND MILK

ALL STUDENT MEALS ARE FREE

1% WHITE AND FF CHOCOLATE IS OFFERED AT EACH MEAL SERVICE

100% FRUIT JUICE IS AVAILABLE AT BREAKFAST SERVICE