

CLE Middle School Track & Field

3/18/2024

Hello Middle School Track and Field Athletes and Parents/Guardians:

We are so excited that a new Track season is almost here. We are also excited to be collectively joining forces together as one team with both Central Lake & Ellsworth student athletes. We think this will be a good collaboration to get our kids working together earlier, setting them up for even more success in high school track, which has run a successful coop for the past two years.

Our first practice will be at the track in Central Lake (weather permitting) on Tuesday April 2, 2024. (All students need a sports physical before they can participate in practice. They can turn them in to their respective school office) Ellsworth students will change for practice at school, then board a bus to ride to Central Lake. Practice will be from 3:30-5:00 pm daily, and all athletes will need to be picked up from practice in Central Lake either at the school or at the track (football field). Carpooling is an option, please work that out with other parents. We will hold a brief parent meeting after our first practice on 4/2 at the track at 5:15 pm.

It is important that athletes have proper running shoes, clothes appropriate for northern Michigan spring weather, and a water bottle for practice.

Our goals for this season are to have fun, work hard to see success both as a team and as an individual and stay healthy and safe. We have set up a Remind for all necessary communication, please make sure and accept the invitation that was texted to you. Please don't hesitate to reach out to us through Remind or our cell phones: Jessica Pletcher (231-675-3396) OR Chris Duff (231-350-2459).

Thank you for allowing us the privilege to coach your student athletes! Go CLE Middle School Track and Field!

~Coach Pletcher and Coach Duff