

WILDCAT CAFÉ BREAKFAST MENU HEADSTART – 12th

MONDAY

1ST



8TH Poptart OR Cereal
w/Graham Crackers
Craisins
Variety of Juice
Variety of FF Milk

15TH Student Holiday

MLK Day

22ND Omelet OR Cereal
w/Graham Crackers
Applesauce
Variety of Juice
Variety of FF Milk

29TH Mini Waffles w/Bacon
and Syrup OR Cereal
w/Graham Crackers
Raisins
Variety of Juice
Variety of FF Milk

TUESDAY

2ND

SCHOOL HOLIDAY

9TH Breakfast on a Stick OR
Cereal w/Teddy Grahams
Mixed Fruit
Variety of Juice
Variety of FF Milk

16TH Honey Bun OR Cereal
w/Vanilla Grahams
Craisins
Variety of Juice
Variety of FF Milk

23RD Sunrise Sandwich OR
Cereal w/Cheez Its
Pears
Variety of Juice
Variety of FF Milk

30TH Sausage Biscuit w/Gravy
OR Cereal w/Cheez Its
Apples
Variety of Juice
Variety of FF Milk

WEDNESDAY

3RD Blueberry Muffin
w/Cheese Stick OR Cereal
w/Cheez Its
Pears
Variety of Juice
Variety of FF Milk

10TH Chocolate Chip Muffin
w/Cheese Stick OR Cereal
w/Vanilla Grahams
Pears
Variety of Juice
Variety of FF Milk

17TH Pancakes w/Sausage
Link and Syrup OR Cereal
w/Cheez Its
Apples
Variety of Juice
Variety of FF Milk

24TH Cream Cheese Filled
Bagel OR Teddy Grahams
Grapefruit
Variety of Juice
Variety of FF Milk

31ST Blueberry Muffin
w/Cheese Stick OR Cereal
w/Teddy Grahams
Oranges
Variety of Juice
Variety of FF Milk

THURSDAY

4TH Sausage, Biscuit w/Gravy
OR Cereal w/Teddy Grahams
Apples
Variety of Juice
Variety of FF Milk

11TH French Toast Sticks
w/Syrup OR Cereal w/Cheez Its
Apples
Variety of Juice
Variety of FF Milk

18TH Pigs in a Blanket OR
Cereal w/Graham Crackers
Oranges
Variety of Juice
Variety of FF Milk

25TH Breakfast Pizza OR
Cereal w/Vanilla Grahams
Grapes
Variety of Juice
Variety of FF Milk

FRIDAY

5TH Grape Uncrustable OR
Cereal w/Graham Crackers
Snowball Salad
Variety of Juice
Variety of FF Milk

12TH Cinnamon Rolls OR
Cereal w/Graham Crackers
Mandarin Oranges
Variety of Juice
Variety of FF Milk

19TH Dutch Waffle OR Cereal
w/Teddy Grahams
Bananas
Variety of Juice
Variety of FF Milk

26TH Donuts OR Cereal
w/Cheez Its
Craisins
Variety of Juice
Variety of FF Milk

JAN

MENU 2024

BIG BEND STATE PARK



ANNOUNCEMENTS:

Students must take at least three (3) of the four (4) items offered but are encouraged to take all four (4). One (1) of the items chosen must be a fruit. All juice served are 100% juice. A choice of flavored FF milk is offered daily.

HEADSTART AND PK MUST CHOOSE 1% FF MILK.

MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY.



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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