

WILDCAT CAFÉ ELEMENTARY LUNCH HEADSTART – 5TH

SEPT

MENU 2023

STATE FAIR DALLAS



ANNOUNCEMENTS:

All students are offered a complete meal to include the five (5) food groups. Protein, Dairy, Vegetable, Fruit, and Grain. Students must choose three (3) of the five (5) to be considered a full meal but are encouraged to take all five (5). One (1) of the items chosen must be a fruit or vegetable. A choice of milk is offered daily. A Salad Bar is offered daily for K – 5th.

PK AND HEADSTART MUST CHOOSE 1% FF WHITE MILK.

MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4TH

Labor Day

5TH

Cheese Enchiladas
Jalapeno Corn
Peaches

6TH

Chicken Strips w/Roll
Peas
Plums

7TH

Chopped Beef Sandwich
Baked Beans
Apples

8TH

Corn Dogs
Potato Wedge
Bananas

11TH

Beefy Spaghetti
w/Garlic Toast
Italian Vegetables
Craisins

12TH

Chicken Crisпитos
Mexicali Corn
Applesauce

13TH

Popcorn Chicken w/Roll
Scalloped Potatoes
Sliced Peaches

14TH

Mini Corn Dogs
Baked Beans
Watermelon

15TH

Hamburger
French Fries
Sidekicks

18TH

Steak Fingers w/Roll
Mashed Potatoes
w/Gravy
Okra
Apples

19TH

Beef Soft Tacos
Refried Beans
Grapes

20TH

Cheese Sticks
w/Marinara
Green Beans
Orange

21ST

Chicken Nuggets w/Roll
Pinto Beans
Pears

22ND

Cheese Pizza
Curly Fries
Bananas

25TH

Chicken –N- Waffles
Baby Bakers
Fruit Cocktail

26TH

Chicken Quesadilla
Mexican Style Pinto
Beans
Apples

27TH

French Bread Pizza
Corn
Blueberries

28TH

Grilled Chicken Legs
w/Cornbread Loaf
Steamed Carrots
Mandarin Oranges

29TH

Regular Chicken
Sandwich
Curly Fries
Sidekicks



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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