February is the month of kindness, and some of our HPES stars are really shining bright!

Our third nine-weeks unit of study in classroom guidance is kindness and empathy. Students are learning why it is important to be kind to others and ways they can show kindness. The concept of empathy can be tricky to understand, but our students are really showing they know how to "put themselves in someone else's shoes". Recently, Beau G. and Bryce M. had a birthday party and instead of receiving gifts, they chose to collect nonperishable food items for our school's food pantry, which supplies HPES students with weekly food bags if they choose to sign up. Thanks Bryce and Beau for being good citizens and using your birthday party as an opportunity to serve your community and show kindness.