



Lebo Schools

October 2023

Once A Wolf, Always a Wolf

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P.O. Box 45
Lebo, KS. 66856

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THE PRINCIPAL'S DESK

October 2023



Dr. Melissa Veatch



Hello Lebo!

Can you believe it is already October? With the end of the first quarter fast approaching, the start to the school year has felt like a whirlwind!

For the Junior High and High School, September brought us Homecoming, Spirit Week, trips to the State Fair, and student organizations firing on all cylinders. Roughly 90% of students passing all their classes, and we have launched our tiered interventions groups focusing on comprehension and vocabulary to support our goal of having 80% of our students successful in Tier 1 classroom instruction. Our students have engaged in goal setting, discussions of grit, and showing kindness.

At the Elementary and PreK level, this past month sent kids to the playground to enjoy the outdoor classroom space; Book Buddies have been launched between Kindergarten and Fifth grade, and teachers nominated the September Leaders of the Pack. The new math curriculum is showing evidence of scaffolded instruction at all grade levels. Tier groups for reading and math are underway; classes are earning Friday movies in the cafeteria, and we had an amazing celebration of our Grandparents at the Community Center. PreK partnered with the Lebo Branch Library for story time; and our Guidance lessons have been around diversity, inclusion, and helping students celebrate their differences.

As a building, late start has allowed teachers to focus on establishing Professional Learning Communities with an emphasis on student data and instructional practices. We continue to prioritize school safety and teaching our students to be **RESPECTFUL, RESPONSIBLE, and SAFE.**

Caramel Apple Cake

- 1 pkg Yellow cake mix
- 1 pkg Vanilla Flavor Instant Pudding
- 1 cup water
- 4 eggs
- 1/3 cup oil
- 1/4 cup milk
- 3 Granny Smith apples (1 lb.), peeled, coarsely chopped
- 1/2 bag caramel bits or 20 caramels
- 3 Tbsp. milk

Heat Oven to 350°F.

Beat first 6 ingredients in a mixer until blended.

Stir in the Apples.

Pour into a greased and floured bundt pan.

Bake 45-50 or until a toothpick comes out clean.

Let cool for about 15 minutes; Pop out onto a cake plate. Make a caramel sauce with caramels and milk; combining and microwaving 30 seconds at a time until creamy. Drizzle over cake and Serve.

Dr. Veatch's Kitchen

This cake is a fall favorite at our house! I like to mix Granny Smith and Honey Crisp Apples which is a good combination of sweet and tart!



Pumpkin Banana Pecan Muffins

Muffin

1 pkg Yellow cake mix

1 can pumpkin puree

2 ripen bananas (smashed)

Small splash of vanilla

Pinch of Pumpkin Pie Spice

Pecan Streusel Topping

1/4 c oats

1/4 c brown sugar

1/4 c melted butter

1/2c chopped pecans

1/4 tsp cinnamon

Mix the muffin ingredients. Spoon into muffin tins.

Mix all streusel ingredients in a bowl until crumbly.

Spoon on to muffin mix. Should make 18-20 cupcake sized muffins.

Bake 350 for 20 minutes or until done.

Dr. Veatch's Kitchen

Muffins are always so complicated which is why I love this easy recipe! These freeze well and are always a crowd pleaser for morning meetings or our adult Sunday School group.



STUDENT LEADERSHIP.

Author:
Amanda Hopkins
STUCO Sponsor

The regional STUCO conference was a success! We had 12 of our members attend the conference coming away with new and exciting ideas! Students had to breakout into groups to discuss what their school does and how to get the student body involved. Getting to connect with other schools helps get ideas flowing and see what works and doesn't. When they got back on the bus, the ideas and discussion just were overflowing. They are ready for an incredible year and excited to plan all the activities for all to be involved.

The keynote speaker was very positive and informative about "Eyes Up," a mission to keep your eyes up while driving to prevent accidents but to stay focus forward and getting out of your comfort zone. Four seconds can change your life. Also, saying "Hi" making connections and sharing with others was discussed. Your plan might not always go the way you expect it to go, but it always works out. This whole group is full of leaders that want to get the year going with fun and excitement!

STUCO Rocks!!!



MINDFULNESS.

The school year is in full swing; students are settling into the routines of learning while learning to navigate schedules, activities, and social pressures. Regardless of age, students can experience stress, anxiety, and lack of focus due to being over-stimulated. I recently read an article on mindfulness, when looking for ways to support my own daughter will stress reduction.

Maura Bradley, the author of *Mindfulness for Kids*, defines mindfulness as “paying attention to where you are, what you’re doing, and how you’re feeling—all at the same time.” Bradley believes that mindfulness can improve all aspects of our lives by reducing stress and anxiety. It can also strengthen our ability to focus on the tasks at hand (Education Week, 2023, p 24).

Building these techniques into our home and school routine can give students tools to manage their bodies when encountering stressful situations.

Here are **TWO** mindfulness techniques to try at home:

To start, GET IN POSITION OF MINDFULNESS:

- Sit cross-legged on the floor or in a chair, with your back straight.
- Place your hands gently on your knees or legs.
- Close your eyes.

FIVE FINGER BREATHING:

- Hold up one hand with your palm facing away from your body.
- With your pointer finger from the opposite hand, inhale and simultaneously trace your pointer finger up the left side of your thumb.
- As you exhale, trace down the other side of your thumb.
- Continue this way, inhaling and exhaling, with the other four fingers.

20 BREATHS:

All you have to do is count and breathe!

- Close your eyes.
- Take an inhale and exhale. That is one breath.
- Continuing inhaling and exhaling, counting 10 breaths. When you reach 10, count backwards through 0.



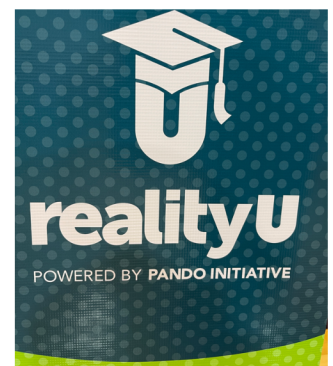
REALITY U.

Author:
Janella Newton
School Counselor

Reality U™ brings a bit of “reality” to students in 8th and 10th grade through a 75-minute interactive and engaging personal finance simulation. Students imagine their life as 26-year-olds and complete an online lifestyle survey. This information is entered into our trademarked software, along with their current GPA, to create a unique and individualized future scenario.

Each scenario includes the student’s monthly income, credit card debt, student loan information, as well as marital and family status. Students are given a checkbook register to track their monthly purchases from the 12 booths representing services and/or products that adults typically must purchase or consider each month. Sometimes they must return a “purchase” and make a different decision. The checkbook register can’t fall below zero!

This event actively engages students to help them understand the importance of how their performance in school today impacts their future. It also provides the community an opportunity to share in local students’ learning and develop an understanding of the world of work.



THANK YOU

*to our community partners and local businesses who came out
and worked the event!*

5.

NEWS.

OCTOBER 9TH

Doors open to students at 9:45.
Breakfast is not served on
late-start Monday.



NEW CLUB ALERT!

This student organization is new to LEBO and was started by students. FCS meets on Monday mornings at 7:30 in Mrs. Durst Room.

For clubs to be formed, a student must meet with Dr. Veatch, find a sponsor, and have approved norms/bylaws for the organization. Clubs are an opportunity to increase student engagement in school and promote a positive culture.

OCTOBER 19th 8:00am-8:00pm

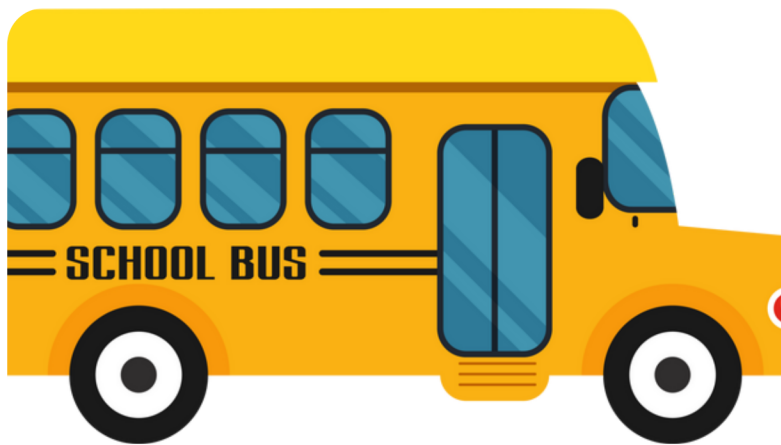
Elementary will sign up with the child's classroom teacher.
Junior High and High School will sign-up with the students CAP teacher.
NO SCHOOL- FRIDAY, October 20th



Halloween Parade for Elementary on October 31st.

Students may bring costumes to school to wear during the parade. Students will go back to their classrooms for parties after.

9:30- Bright Beginnings, Daycare, and AM Pre-K
2:15- K-5 and PM Pre-K



Elementary field trips are happening this month. Please be on the look out for permission slips, volunteer sign ups, and additional information from your child's classroom teacher.

As the weather cools down, please remember to send your student with pants and jackets for recess.



OCTOBER 9th-13th

Elementary students will be going to the fire station on **Tuesday, October 10th.** Please talk with your student and develop a family safety plan in the event there is ever a fire in your home.

FIRE PREVENTION WEEK



REMINDER.

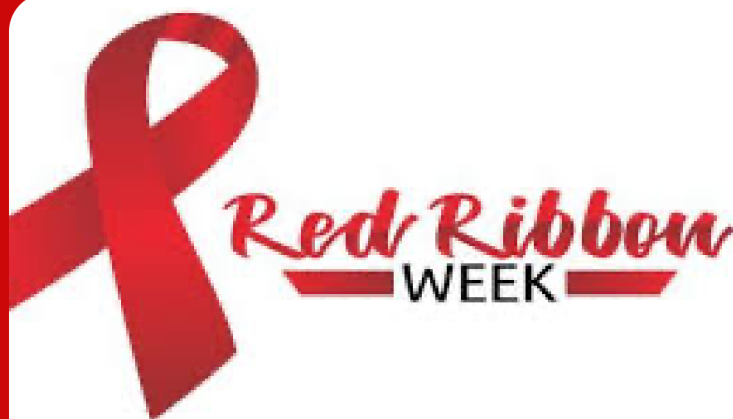
All elementary-aged students must be accompanied by an adult to ball games and school activities.

THANK YOU for helping us keep our students safe.

OCTOBER 23rd-27th

We will have our annual “We CAN say no to drugs and bullies” annual **FOOD DRIVE CLASS CONTEST** all week long.

Spirit Week information coming SOON.





Lebo Booster Club Trivia Night Team Registration

Team Captain: _____

Phone Number: _____

Email Address: _____

Team Name: _____

Payment form: Cash Check

Saturday, November 4 6:30 p.m.

Lebo Community Building

\$60 per team of up to 6

\$70 at the door

Winner gets a \$60 entry fee returned



Lebo School Library Celebration Club

Honor Special Moments and Support our school library!

Participation in the program involves a \$20 donation per child.
Joining is OPTIONAL.

Participation in the Celebration Club includes:

- *During the month of your celebration, club members will be invited to the library to select a new book from the pre-purchased CC book collection to "donate" to the library.
- *A special book plate with your child's name will be placed inside the donated book.
- *Your child will have the honor to be the first student to check out their donated book.
- *A photo of your child and their donated book will be on the school's social media and kept on display in the library.
- *Summer celebrations can be done any month during the school year.

This is a very special honor and a gift that keeps on giving to all students at Lebo Elementary School!

Yes, I'd like my child to join the Lebo Library Celebration Club!

Student's Name _____

Special Day you'd like to celebrate: _____

Teacher _____

Parent email _____

****Please send \$20 cash or check payable to Lebo Activity Fund and return to your teacher or Mrs. Rosine in the library. (Mark envelope LIBRARY.) Any questions, contact Mrs. Rosine at vrosine@usd243ks.org.**

11.



Pup Pack Camp
Hosted by: Lebo High School Cheerleaders
Grades: Pre-K - 5th Grade

The “lil” cheerleaders will practice on Sunday, Oct. 8 from 1:30-3:00 in the high school gym. The cheerleaders will learn cheers and a dance to be performed at the High School football game against Marmaton Valley on Oct. 13th. The cheerleaders will need to wear black bottoms (can be shorts, leggings or sweats) along with their pup pack cheer shirts. **Dress for the weather.

- Camp- Oct 8th, 1:30-3:00 in the large gym.
- Meet at 6:45 on Oct. 13th in front of the crow’s nest. The lil cheerleaders will cheer for the first half of the football game and perform at halftime.
- The cost is \$20 which includes the camp fee and a t-shirt. Forms and money need to be turned in to the office by Mon. Oct 2nd.

Fundraiser for High School Cheer

Name: _____

Grade: _____

Shirt Size: _____
(indicate youth or adult shirt size)

Forms due to the office by Mon. Oct 2.
Make checks payable to Lebo Activity Fund
The pup pack cheerleader will get into the game free, but parents will need to pay.





YOU'RE INVITED TO

LEBO SCHOOL LIBRARY OPEN HOUSE

OCTOBER 19,
2023

8:00 A.M. TO 7:00 P.M.

ENJOY COOKIES AND
DRINKS

COME AND GO!



SYMMETRICAL BOOK
STACKING...JUST LIKE THE
PHILADELPHIA
DISTURBANCE OF 1947.



October 2023 Lunch Menu

2	B. Choc. Chip Muff. L. Taco Soup Tortilla Chips Veggies/Dip Applesauce, Cookie	3	B. Saus./Egg/Bisc. L. Pulled Pork Sand. Baked Beans, Chips Strwb./Bananas	4	B. Fr. Toast Sticks L. Pizza Salad, Peaches Choc. Cake	5	B. Br. Burrito L. Turkey Sand. Fr. Fries Gr. Beans, Apples	6	B. Cinnamon Roll L. Chicken Strips M. Potato/Gravy WG Roll/Corn Grapes
9	Late Start @ 10:00 a.m. L. Taco Salad Ref. Beans Corn, Banana	10	B. Bisc. & Gravy L. Chicken Sand. M. Potato/ Gravy Brocc./Caulif. Mand. Oranges	11	B. Pop Tarts L. Tater Tot Cass. WG Roll Peas/ Pears	12	B. Br. Bites/Toast L. Gr. Cheese Pot. Soup Veggies/Dip Peaches	13	B. Br. Pizza L. Ham Au Gratin Potatoes Gr. Beans, Roll Banana
16	B. Pancakes L. Corn Dogs Nachos Veggies/Dip Fr. Fruit Cup	17	B. Saus./Bisc. L. Crisпитos Salad Corn, Oranges Cookie	18	B. Fr. Toast Sticks L. Chicken & Noodles M. Potato WG Roll, Gr. Beans	19	PT Conference No School	20	No School
23	B. Nutri Grain Bars L. Breakfast for Lunch Bisc. & Gravy Hashbrown/Egg OJ/Grapes	24	B. Bagel Sand. L. Chicken Fajita Ref. Beans, Corn Pears, Long John	25	B. Bisc. & Gravy L. Pizza Cass. Garlic Bread Peas/Baby Carrots Applesauce	26	B. Scr. Eggs/Toast L. Chicken Fry Steak M. Potato/Gravy Gr. Beans, Peaches	27	B. Cinnamon Roll L. Pizza Salad, Veggies/Dip Strwb./Bananas
30	B. Muffin L. Mac & Cheese Smokies Peas-Carrots Fr. Cup, Cookie	31	B. Saus./Biscuit L. Chili Cinn. Roll Veggies, Dip, Apples						

Are you looking for a job? Lebo Schools is a great place to work! We have several job opportunities available:

Daycare Aide- Join our team at Lebo Learn & Play Daycare and work with our littlest Wolves, ranging from 2.5 to 5 years of age.
Contact Mitzi Carpenter at mcarpenter@usd243ks.org or call 620-256-6161

Paraprofessional- Make a difference every day! We have multiple para positions open, ranging from elementary to high school. Apply online at www.usd244ks.org

Substitute Teacher- Substitute teachers are crucial for keeping the classroom running smoothly when the regular teacher cannot be there. Apply online at www.usd243ks.org

For more information go to <https://www.usd243ks.org/page/personnel> or call 785-733-2651. Resume and credentials can also be sent to Melissa Veatch mveatch@usd243ks.org

ATTENDANCE MATTERS

Missing a day of school here and there may not seem like much, but absences add up!

<p>When a student misses 2 days a month..</p> <p>They will miss <u>20 DAYS</u> a year.</p> <p>They will miss <u>30 HOURS</u> of math over the school year.</p> <p>They will miss <u>60 HOURS</u> of reading & writing over the school year.</p> <p>They will miss over <u>1 YEAR</u> of school by graduation.</p>	<p>When a student misses 4 days a month..</p> <p>They will miss <u>40 DAYS</u> a year.</p> <p>They will miss <u>60 HOURS</u> of math over the school year.</p> <p>They will miss <u>120 HOURS</u> of reading & writing over the school year.</p> <p>They will miss over <u>2 YEARS</u> of school by graduation.</p>
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STUDENT COUNCIL

Lebo High School



Meet your Student Council

Officers: Katie Ott, Corey Reese, Abi Jones, Caleb Durst & Cassidy Potter
Class Reps: Grayson Shoemaker, Hannah Carpenter, Clayton Linsey, Susanna Knight, Kohlton Shoemaker (not pictured), Allison Konrade, Garrison Knight and Chloe Whalen

School Spirit

The student council will keep you updated on social media and through school communication . We would love to see our community get involved in all the things we have going on! October is going to be an exciting month full of fun!



Student Sections

10/3: VB @ Burlingame - PJs

10/5: FB @ Hartford - Hawaiian

10/10: VB Senior Night- Barbie/Pink Out

10/13: FB Senior Night - White Out

10/14: VB LCL - USA

10/20: FB @ Crest - Camo/ Lebo Pride

10/21: VB Substate - Neon/Construction

10/26: FB playoffs - Lebo Pride

10/27: State VB Red Out

10/28: State VB Black Out

Upcoming Events:

Big things are coming and we are planning them all out!

- Red Ribbon Week
- Halloween
- Food Drive
- Community Fundraiser
- Student Recognition
- Student Involvement
- School Spirit

STUCO Conference - so many ideas



LEBO ELEMENTARY PTO

THE PLACE TO GET
INVOLVED

Upcoming Meetings:
Date Change-
Wednesday, October 4th @ 7:00 pm
Sunday, November 5th @ 5:00 pm



HOMETOWN PIE COMPANY- FUNDRAISER

Deadline: October 16



It's that time of year again and we are excited to say this is one of our best fundraisers and a way for PTO to continue to provide support to our students, staff, school and community. Please be on the look out for the information in your student's backpacks and on social media

PARENT TEACHER CONFERENCE LUNCH

Every year we have had the opportunity to serve lunch to our faculty and staff for parent/teacher conferences. We will be continuing this October 19! There is a signup genius on the PTO Facebook page. Your support and contribution is greatly appreciated.



Music Trivia

Join us for a fun Adult night on Saturday, October 7 at the Heidi Inn
Its not too late to sign a team up!



CAN'T MAKE IT TO A MEETING?

You don't have to come to a meeting to be involved! During the year there are plenty of ways to volunteer!

We will have sign ups for items needed, time slots for events that need sponsors and of course we would love your ideas as well!

Message us on Facebook or email Amanda Hopkins.

bb.amanda.hopkins@gmail.com



Hometown Christmas is right around the corner! Breakfast with Santa, games and so much more happening that day! Mark your calendars for Saturday, November 25

EVENTS FOR 2023-2024

- ◆ Adult/Student Events
- ◆ Breakfast with Santa
- ◆ Testing Snacks
- ◆ Staff Appreciation Days
- ◆ Conference/Inservice Treats
- ◆ Potato Bar
- ◆ Kindness/Leader of the Pack Awards
- ◆ Fundraising
- ◆ 5th Grade Promotion
- ◆ Hometown Christmas
- ◆ Adult Nights
- ◆ T-Shirt Sales
- ◆ Pie Sales
- ◆ Football Toss
- ◆ School and Teacher Needs



GET IN TOUCH WITH US

LEBO ELEMENTARY PTO

Dear Parents,

This letter provides information about our school's efforts to identify all students who need additional help to meet this year's student learning goals. To help us know which students might need additional support, the students complete screening tests up to three times each year. These tests help teachers see which students are likely to meet the end of year learning goals, and which ones need more help. Our school uses the following FastBridge Learning® assessments to screen students:

earlyReading (Grades PK-1)	earlyMath (Grades PK-1)
aReading (Grades 2-12)	aMath (Grades 2-12)
CBMreading (Grades 2-5)	CBMmath Automaticity (Grades 2-12)
AUTOreading (Grades 2-12)	

Lebo Schools use Benchmark Indicators when interpreting data.

The teachers look at the screening scores immediately after the testing and compare their students' scores with other information about school performance. Those students whose scores are low across different tests are provided with additional support to help them meet the learning goals.

All of the students who participate in extra instruction also take regular progress tests to see if their skills are getting better. These tests are given weekly to monthly, depending on the student's learning needs. Both screening and progress monitoring score reports are shared with parents during parent-teacher conferences or at other times during the school year. These reports help the teacher, student, and parents know if each student is likely to meet this year's learning goals.

If your child has a low score on a screening test, and other information shows that the student needs extra help in that area, extra instruction will be given automatically during the daily school schedule. Your child's progress will be shared with you by his or her teacher. If you have questions about your child's school performance, screening scores, or progress monitoring results, please contact your child's teacher. We look forward to working with your child and you during this school year.

Sincerely,

Dr. Veatch
PK-12 Principal
Lebo Schools



October 2023

1 NHS Blood Drive @ Commons @ 9 a.m - 4 p.m.	2 Boys' State Presentation @ Commons @ 2:30 p.m. Legion Presentation @ Commons @ 2:50 p.m. Jr. High VB @ Waverly @ 5 p.m.	3 Cross Country @ Eureka @ 3:45 p.m. HS VB vs. Madison, @ Burlingame @ 5 p.m.	4 Juniors ACT WorkKeys 7:30 - 12 p.m. Jr. High Girls BB Meeting @ 6 p.m. Site Council @ 6 p.m.	5 Coffey County Government Day for Seniors @ 8:45 a.m. Cross Country @ Osage City @ 4 p.m. JH VB/FB @ Hartford @ 4:30 p.m. HS FB @ Hartford	6	7 HS JB VB Tourn. @ Burlington @ 8:30 a.m. JH LCL VB Tourn. @ Hartford 8:00 a.m. PTO Trivia Night @ The Heidi Inn @ 7 p.m.
8 Pup Pack Camp @ 1:30 p.m.	9 Late start @ 10 a.m. Columbus Day Indigenous Peoples' Day	10 Senior Night HS VB vs. Waverly, MdCV @ Home @ 5 p.m.	11 Soph. College Planning Conf. @ Osawatomie @ 12 p.m. 1st Grade to Gary's Berries 3rd & 4th Grade to Louisburg Cider Mill	12 LCL Cross Country @ Ottawa HS VB vs Peabody, Marion @ Home @ 5 p.m. JH FB @ Waverly @ 6:30 p.m.	13 Senior Night HS FB Marmaton Valley @ Home @ 7 p.m.	14 LCL VB @ ESU
15	16	17	18 FCCLA Fall Leadership Conf. @ Anderson County	19 P/T Conferences No school	20 No School HS FB @ Crest @ 7 p.m.	21 HS VB Sub-State @ Waverly Regional Cross Country @ Sabetha Golf Course - Girls @ 10:35 a.m., Boys @ 11:45 a.m.
22	23	24 Freshmen to Career Expo @ Hutchinson	25 Jostens- Sr. Grad. info @ 9:30 a.m. Jostens- Soph class rings @ 10 a.m.	26 HS FB Playoff Sophs., Jrs., Srs. Flint Hills Tech College @ 10:35 a.m.	27 HS State VB @ Emporia JH Dance @ 6:30 p.m.	28 State Cross Country @ Wamego Country Club- Boys @ 11:10 a.m., Girls @ 1:50 p.m. State VB @ Emporia
29	30 Scholar's Bowl @ Burlington @ 4 p.m.	31 Halloween				