

PROSPECT RIDGE ACADEMY LUNCH MENU SEPTEMBER 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Labor Day 1 (No School)	Staff Professional Development Day 2 (No School)	3 •Breakfast Sandwich Hashbrown Rounds •Bistro Box Yogurt	4 •Country Mash Tater Bowl Texas Toast •Bistro Box Cheese Pizza Anytimer	5 •Cheesy-Garlic French Bread Pizza Marinara Cup •Bistro Box PB&J (Raspberry)
8 •Bean & Cheese Burrito Steamed Corn •Bistro Box PB&J (Raspberry)	9 •Chicken & Noodles Roasted Vegetables Garlic Knot •Bistro Box Turkey/Cheese/Cracker	10 •Cheesy Marinara Pasta Confetti Corn •Bistro Box Yogurt	11 •Sweet Thai Chili Chicken Veggie Fried Rice •Bistro Box Chocolate No-Nut Butter	12 •Pizza 10 Cut (Cheese) •Bistro Box Chef's Choice
15 •Chicken Tenders Sweet Potato Fries Texas Toast •Bistro Box PB&J (Raspberry)	16 •Crispitos Tico's Refried Beans Tortilla Chips •Bistro Box Nacho	17 •Spaghetti Meat-less Sauce Cheesy Breadsticks •Bistro Box Yogurt	18 •Wild West BBQ Burger Sidewinder Fries •Bistro Box Italian Deli	19 •Cheesy-Garlic French Bread Pizza •Bistro Box Chef's Choice
22 •Turkey Corn Dog Crinkle Cut Fries •Bistro Box PB&J (Raspberry)	23 •Gyros Sidewinder Fries •Bistro Box Cheesy Nacho	24 •Cheesy Breadsticks Marinara Cup •Bistro Box Yogurt	25 •Chicken & Cheese Quesadilla Tico's Refried Beans •Bistro Box Chicken Salad Deli Box	26 •Pizza Calzone (Cheese) •Bistro Box Chef's Choice
29 •Grilled Cheese Sandwich Sweet Potato Fries •Bistro Box PB&J (Raspberry)	30 •Sweet n'Sour Chicken Veggie Fried Rice •Bistro Box Chocolate Chickpea Butter	1	2	3

St. Vrain Valley School's Nutrition Service

- Menu items are subject to change.
 - For the most up-to-date selections, nutritional details, and allergy information, please refer to the online menu here: [K-8 Lunch Menu](#)
 - Students may choose either the cold lunch or the hot lunch, but not both. The cold lunch option rotates between PB&J Jr Bistro Box & Yogurt Jr Box.
 - All meals include a choice of Royal Crest 1% milk or fat-free chocolate milk. Fresh fruit and vegetables served daily.
 - GF/DF/Nut-Free meals are available daily; please inform the nutrition staff if needed.
 - Top Nine Food Allergens: Soy, Eggs, Peanuts, Fish, Sesame, Shellfish, Tree Nuts, Milk, Wheat. For more info, see [FoodAllergyAwareness.org](#)
- For more information, contact nutrition@prospectridgeacademy.org

