

PROSPECT RIDGE ACADEMY LUNCH MENU SEPTEMBER 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Labor Day 1 (No School)	Staff Professional Development Day 2 (No School)	3 • Breakfast Sandwich Hashbrown Rounds • Pizza 10 Cut (Pepperoni) • Turkey/Ham/Cheese Sub Sandwich	4 • Country Mash Tater Bowl Texas Toast • Southwest Chicken Salad • Bistro Box Cheese Pizza Anytimer	5 • Cheezy Hotz Texas Toast • Cheesy-Garlic French Bread Pizza • Bistro Box PB&J (Raspberry)
8 • Bean & Cheese Burrito Steamed Corn • Chicken Filet Sandwich Sweet Potato Fries • Bistro Box PB&J (Grape)	9 • Chicken & Noodles Roasted Vegetables • Pizza Calzone (Cheese) • Turkey Sub	10 • Cheesy Marinara Pasta Confetti Corn • Chicken Parm Sandwich Sweet Potato Fries • Bistro Box Yogurt	11 • Sweet Thai Chili Chicken Veggie Fried Rice • Pizza 10 Cut (Fajita Veggie) • Chicken Caesar Salad	12 • Pizza 10 Cut (Cheese/Meaty) • Chef's Choice Sandwich Sweet Potato Fries • Bistro Box Chef's Choice
15 • Chicken Tenders Texas Toast • Philly Cheesesteak Sweet Potato Fries • Bistro Box PB&J (Grape)	16 • Crisпитos Tico's Refried Beans • Pizza (Classic Hawaiian) • Turkey Sub	17 • Spaghetti Cheesy Breadsticks • Cuban Sandwich Sweet Potato Fries • Bistro Box Yogurt	18 • Wild West BBQ Burger Sidewinder Fries • Pizza Calzone (Cheese) • Crispy Chicken Salad	19 • Wings of Fire Texas Toast • Pizza 10 Cut (Cheese) • Chef's Choice Sandwich Sweet Potato Fries
22 • Turkey Corn Dog Crinkle Cut Fries • Chicken Filet Sandwich Sweet Potato Fries • Bistro Box PB&J (Grape)	23 • Gyros Sidewinder Fries • Pizza Calzone (Cheese) • Bistro Box Cheesy Nacho	24 • Cheesy Breadsticks Marinara Cup • Spicy Chicken Sandwich Sweet Potato Fries • Bistro Box Yogurt	25 • Chicken & Cheese Quesadilla • Pizza 10 Cut (Fajita Veggie) • Chicken Salad	26 • Pizza Calzone (Cheese/Pepperoni) • Chef's Choice Sandwich Sweet Potato Fries • Bistro Box Chef's Choice
29 • Grilled Cheese Sandwich Crinkle Cut Fries • Bistro Box PB&J (Raspberry)	30 • Sweet n'Sour Chicken Veggie Fried Rice • Pizza Calzone (Cheese) • Chicken Salad Sandwich	1	2	3

St. Vrain Valley School's Nutrition Service

- Menu items are subject to change.
 - For the most up-to-date selections, nutritional details, and allergy information, please refer to the online menu here: [9-12 Lunch Menu](#)
 - Students may choose either the cold lunch or the hot lunch, but not both. The cold lunch option rotates between PB&J Jr Bistro Box & Yogurt Jr Box.
 - All meals include a choice of Royal Crest 1% milk or fat-free chocolate milk. Fresh fruit and vegetables served daily.
 - GF/DF/Nut-Free meals are available daily; please inform the nutrition staff if needed.
 - Top Nine Food Allergens: Soy, Eggs, Peanuts, Fish, Sesame, Shellfish, Tree Nuts, Milk, Wheat. For more info, see [FoodAllergyAwareness.org](#)
- For more information, contact nutrition@prospectridgeacademy.org

