



Ada Elementary Wrestling



Elementary wrestling is open to all students in grades K-6.

PURPOSE: The goal of youth wrestling is to provide a positive and engaging environment for students to learn the fundamentals of the sport of wrestling as well as learn many life skills and attitudes such as self confidence, discipline, hard work, and integrity.

We are offering two participation options for students, depending on ability levels and age:

GOLD

Younger students (K-2) and students who are new to wrestling (1st or 2nd year or not yet confident in their skills) are encouraged to participate on our non-travel team which will allow them the opportunity to learn the sport without the pressures of competition and potential negative experiences of competing in a physical sport before they have the requisite skills needed to be successful. Families choosing this option will have opportunities to watch their students participate through some events here at Ada.

Cost: \$45

PURPLE

For older and more experienced wrestlers we will be competing in various local tournaments primarily at BVC schools on Sundays beginning in late January or early February. Exact competition schedule will be available once all dates are finalized.

Cost \$70

PRACTICE for all students will be held on Tuesdays, Wednesdays and Thursdays (with limited exceptions) Exact times will be sent out to parents once the schedule is finalized. Practices will begin on December 6th..



PARENT MEETING : There will be a parent meeting for all families of Ada Youth Wrestlers on **Wednesday, October 22nd at 7:00 PM** in the Ada School cafeteria *If you are unsure which option to choose, feel free to sign-up for the non-travel option, you can always change it at the parent meeting.*

Thank you for taking the time to consider participation in the sport of wrestling for your child. This sport can be beneficial for all young athletes whether they choose to continue in the sport of wrestling or not. If you have any questions please contact:

Coach Perkins (perkinse@adabulldogs.org)/Coach Lee (leed@adabulldogs.org)/Coach Albright

To participate please complete and return the form on the back of this paper with money to Coach Perkins or the elementary office by **Friday, October 17th.**

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Student Name _____ Age _____

Address _____ Date of Birth _____

Parent Name(s) _____

Parent Email _____ Approximate Weight _____

T shirt Size YXS YS YM YL AS AM AL

Shorts Size YXS YS YM YL AS AM AL

Gold (Not traveling) _____ Purple (Competing in Sunday tournaments) _____

Make Checks Payable to: **Ada Athletic Boosters**

The goal of Ada Athletics is to ensure every student is able to participate regardless of financial circumstances. Please contact the high school (leed@adabulldogs.org) or elementary office if assistance is needed.