

## Arkansas Indistar

## Health and Wellness School Improvement Priority

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**Section I: School Information**

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<b>School Name:</b>	Barton Elementary School
<b>School LEA Number:</b>	5401002

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**School Year: 2023-2024****Section II: Needs Assessment****School Health Index Assessment**

Hint

- ☒ Check box if completing the SHI Assessment online
- ☐ Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.
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If completing the SHI Assessment online, a reference number must be provided.

<b>Reference Number:</b>	Bart563568
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**Reviewer Comments:****Body Mass Index (BMI)**

Hint

**Develop a brief narrative of student BMI trends based on the analysis of the data.**

Barton School District completes BMI screenings for all Kindergarten, 2nd, 4th, and 6th grade elementary students. The BMI classifications for Barton Elementary School for the 2022-2023 school year are as follows:

In kindergarten, 40.91% of the females were a healthy weight, 18.18% were overweight, 9.09% were underweight and 13.64% were obese; 50% of males were a healthy weight, 8.33% overweight, and 29.17% were obese.

In second grade, 68.18% of the females were a healthy weight, 13.64% were overweight, 13.64% were obese; 43.48% of males were a healthy weight, 13.04% were overweight, and 34.78% were obese.

In fourth grade, 16.67% of the females were a healthy weight, 27.78% were overweight, and 50% were obese; 44.44% of the males were a healthy weight, 22.22% were overweight, and 25.93% were obese.

In sixth grade, 68.75% of females were a healthy weight, 6.25% were overweight, and 25% were obese; 44.83% of males were a healthy weight, 3.45% were underweight, 13.79% were overweight, and 20.69% were obese.

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#### Additional Health Data (Optional)

Hint

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**Develop a brief narrative of other health and wellness data.** (Optional)

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**Reviewer Comments:**

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### Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

**These checkboxes are required.**

- ☒ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee **(AR Code §6-20-709)**.
  - ☒ The LEA has implemented space in the facility to accommodate breastfeeding mothers **(AR Code §6-18-719)**.
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#### Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Hint

#### Goal 1 Measurable Objective

Barton Elementary will provide coordination and support to improve a healthy nutritional environment for students in Pre-K through 6th grade. The district aims to reduce the elementary obesity rate by 2% during the 2023-2024 school year.

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#### Goal 1 Activities

Activity	Person Responsible	Timeline
Display nutritional posters throughout the cafeteria.	S. Reynolds	August 2023- May 2024
All students will receive a free breakfast and lunch daily.	S. Reynolds	August 2023- May 2024
District Nurse will conduct BMI screenings.	M. Bond	August 2023- May 2024
Students are provided with a fruit bar.	S. Reynolds	August 2023- May 2024
Guest speaker will educate Pre-K through 6th grade on different aspects of nutrition.	L. Corder	August 2023- May 2024

**Reviewer Comments:****Topic 2: Coordination and Implementation of Physical Activity and Education for Students****Hint****Goal 2 Measurable Objective**

All elementary students will receive 45 minutes of P.E. per week.

Increase peewee athletic activity with the addition of a new sport.

Expand existing peewee athletics to lower grades.

**Goal 2 Activities**

Activity	Person Responsible	Timeline
Incorporate 2nd grade into the existing peewee volleyball team.	C. Carpino	August 2023- May 2024
Implement a 6th grade peewee football team.	S. Sexton	August 2023-May 2024
Implement peewee basketball program.	R. Koerdt	August 2023- May 2024

**Reviewer Comments:****Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students**

**(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)**

**Hint****Goal 3 Measurable Objective****Goal 3 Activities**

Activity	Person Responsible	Timeline

**Reviewer Comments:****Topic 4: Inclusion of School-wide Health Related Professional Development****Hint**

**List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):**

Session Title	Trainer/Organization	Session Duration
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Stop the Bleed	Great Rivers Co-op	2 hours
CPR	Great Rivers Co-op	2.5 hours

**Reviewer Comments:**

**Topic 5: Inclusion of Built Environment Strategies**

**In the box below, list the LEA's current efforts to create school spaces that increase opportunities for physical activity and promote access to nutritious foods for students:**

Hint

The district has an indoor practice facility that can be utilized upon request by all students and staff.

The football field serves as a year-round playing surface and has a walking track that students, staff, and the community can utilize.

The school will provide students with healthy choices for breakfast, lunch, snack.

**Reviewer Comments:**

**Reviewer Response:**

☐ ADE Reviewed

**Reviewer Comments:**

Close