

Arkansas Indistar

Health and Wellness School Improvement Priority

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Section I: School Information

School Name:	Barton High School
School LEA Number:	5401003

School Year: 2023-2024**Section II: Needs Assessment****School Health Index Assessment**

Hint

- ☒ Check box if completing the SHI Assessment online
- ☐ Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	Bart544341
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Reviewer Comments:

Body Mass Index (BMI)

Hint

Develop a brief narrative of student BMI trends based on the analysis of the data.

Barton School District completes BMI screening for all 8th and 10th grade high school students. BMI classifications for the 2022-2023 school year are described below:

In 8th grade, 47.83% of females were healthy, 13.04% were overweight, and 26.09% were obese; 4.17% of males were underweight, 40.74% were healthy, 14.81% were overweight, and 25.93% were obese.

In 10th grade, 36% of females were healthy, 24% were overweight and 16% were obese; 29.17% of males were healthy, 16.67% were overweight, 4.17% were underweight, and 37.50% were obese.

Additional Health Data (Optional)

Hint

Develop a brief narrative of other health and wellness data. (Optional)**Reviewer Comments:****Section III: Health and Wellness Goals**

Indicate the LEA's compliance with the following State Mandates:

These checkboxes are required.

- ☒ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee **(AR Code §6-20-709)**.
- ☒ The LEA has implemented space in the facility to accommodate breastfeeding mothers **(AR Code §6-18-719)**.

Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Hint

Goal 1 Measurable Objective

Barton High School will provide coordination and support to improve a healthy nutritional environment for students 7th-12th grade. Students will be educated on nutritional information and informed on food services being offered. The district will monitor the obesity rates for 8th and 10th grade. The districts goal is to reduce the high school obesity rate by 2% during 2023-2024.

Goal 1 Activities

Activity	Person Responsible	Timeline
Display nutritional posters throughout the cafeteria.	S. Reynolds	August 2023- May 2024
All students will receive a free breakfast and lunch daily.	S. Reynolds	August 2023- May 2024
District Nurse will conduct BMI screenings.	M. Bond	August 2023- May 2024
Guest speaker will educate 7th-12th grade on different aspects of nutrition.	L. Corder	August 2023- May 2024
Students will be provided with a salad bar weekly and fruits daily.	S. Reynolds	August 2023- May 2024

Reviewer Comments:**Topic 2: Coordination and Implementation of Physical Activity and Education for Students**

Hint

Goal 2 Measurable Objective

Implement a walking challenge where students are rewarded based on accumulated steps. Students will be eligible for rewards if they get 10,000 steps per day/ 50,000 steps weekly.

Goal 2 Activities

Activity	Person Responsible	Timeline
Provide students with pedometer.	L. Corder	August 2023- May 2024
Create spreadsheet to track student steps.	S. Hardy	August 2023- May 2024
Implement reward system.	C. Carpino	August 2023- May 2024

Reviewer Comments:**Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students**

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Hint

Goal 3 Measurable Objective**Goal 3 Activities**

Activity	Person Responsible	Timeline

Reviewer Comments:**Topic 4: Inclusion of School-wide Health Related Professional Development**

Hint

List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
Stop the Bleed	Great Rivers Co-Op	2 hour
CPR	Great Rivers Co-Op	2.5 hours

Reviewer Comments:

Topic 5: Inclusion of Built Environment Strategies

In the box below, list the LEA's current efforts to create school spaces that increase opportunities for physical activity and promote access to nutritious foods for students:

Hint

The district has an indoor practice facility that can be utilized upon request by all students and staff.

The football field serves as a year-round playing surface and has a walking track that students, staff, and the community can utilize.

The school will provide students with healthy choices for breakfast and lunch

Reviewer Comments:

Reviewer Response:

☐ ADE Reviewed

Reviewer Comments:

Close