



plant power



Elementary Menu March 2024

Pizza Day
 Tuesday-----Weiss
 Wednesday--Parsons
 Thursday----Hunter
 Friday-----Chapman

BREAKFAST	Student Breakfast Price \$1.50	Student Breakfast Price \$.30		Adult Breakfast Price \$2.50	Ala Carte Milk Price \$.50
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cereal Bowl Apple Slices 1% White or 1% Chocolate Milk	Mini Pancakes Fruit Juice 1% White or 1% Chocolate Milk	Cereal Bar Fruit Cup 1% White or 1% Chocolate Milk	Banana Chocolate Chunk Benefit Bar Fruit Juice 1% White or 1% Chocolate Milk	Warm Chocolate, Chocolate Chip Muffin Banana 1% White or 1% Chocolate Milk

LUNCH	Student Lunch Price \$2.50	Reduced Lunch Price \$.40		Adult Lunch Price \$4.00	Ala Carte Milk Price \$.50
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	A diet high in plants is associated with a healthy weight and longer life. With over 2000 different types of edible plants to choose from, you're sure to find many that you enjoy!		Certain plants are loaded with so much nutritional power they're referred to as superfoods! Some examples of foods bursting with health benefits include blueberries, walnuts, and spinach.		1 Beef & Bean Chili Cornbread Tater Tots Apple Slices
	4 Nacho Fun Lunch Tortilla Chips Cheddar Cheese & Salsa Assorted Fresh Fruit & Chilled Fruit	5 Cheeseburger WG Bun Seasoned Sweet Potato Waffle Fries Mandarin Oranges	6 Mini Corn Dogs Smile Fries Strawberry Cup	7 Pasta Rotini W/Meat Sauce Green Beans Garlic Bread	8 Brunch for Lunch Turkey Sausage Pancake Wrap Vanilla Yogurt Strawberry Crisp
	11 Pizza Bagel Fun Lunch Bagel Cheese, Pizza Sauce Assorted Fresh Fruit & Chilled Fruit	12 Creamy Mac & Cheese Goldfish Crackers Seasoned Broccoli	13 Chicken Tenders Seasoned Sweet Potato Waffle Fries Dinner Roll Pineapple	14 Grilled Cheese Sandwich French Fries Blue Raspberry Applesauce	15 Bosco Sticks Cheese Stuffed Breadsticks Marinara Sauce Apple Slices
	18 Turkey Ham & Cheese Croissant Cheez-its & Cheese Stick Apple	19 Beef Nachos Seasoned Beef, Tortilla Chips Cheese & Salsa Refried Beans	20 Popcorn Chicken Bowl Mashed Potatoes & Gravy Cheddar Cheese & Dinner Roll Seasoned Corn	21 French Toast Bites Turkey Sausage Strawberry Cup	22 Fish Bites French Fries Chilled Grapes
 <h2>Spring Break</h2> 					
DAILY ALTERNATES					
	Garden Salad Dinner Roll	Garden Salad Dinner Roll	Garden Salad Dinner Roll	Garden Salad Dinner Roll	Garden Salad Dinner Roll
Fruit & Vegetable Bar Available Daily and included in all Meal Options					
	Tossed Salad Carrots & Celery Assorted Fresh Fruit & Chilled Fruit	Tossed Salad Kale Apple Salad Assorted Fresh Fruit & Chilled Fruit	Tossed Salad Bacon, Cheese, Pea Salad Assorted Fresh Fruit & Chilled Fruit	Tossed Salad Bean Salad Assorted Fresh Fruit & Chilled Fruit	Tossed Salad Snap Peas Assorted Fresh Fruit & Chilled Fruit

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and 1% chocolate.

ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and 1% chocolate.

Questions please call: Brian Bahr 734-379-7620

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