



# SHELL ROCK ELEMENTARY NEWSLETTER

## SEPTEMBER 2023

[www.wsr.k12.ia.us](http://www.wsr.k12.ia.us)

### WELCOME

#### NEW STAFF:

**Suz SmolikHagen**—Principal

**Jessica Harrington**—

- 3-year-old PK
- 4-year– old PK

**Liz Harbaugh**- Kindergarten Teacher

**Lindsey Baskett** - 1st Grade Teacher

**Michele Doyle**—Guidance Counselor

**Katie Hanson**—PK Associate

**Liz Morris** - Associate

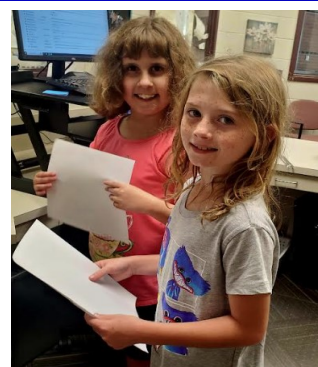
**Jeanette Henrichs**—Custodial Staff

#### IMPORTANT DATES:

- Mon Sept 4 Labor Day– NO SCHOOL
- Wed Sept 6 School Pictures
- Thurs Sept 7 PTO Meeting, Shell Rock Cooler Room, 6:30 PM– All are welcome!
- Wed Oct 12 Picture Retakes



We love our 4th graders starting our day on a GREAT note with the morning announcements!



### Mark your Calendars: School Pictures!

#### SCHOOL PICTURE! – Wednesday, September 6th

Shell Rock Elementary's school pictures will be taken on **Wednesday, September 6th** at 8:30 a.m. Please do not have your child wear green.

#### ORDERING SCHOOL PICTURES

Josten Pix's will be taking our school pictures again this year. You may order everything online!

Please go to their website at <https://shop.jostenspix.com/login>

You will be able to view your child's photo with in the next few days to see what your final purchase will look like!

To order use Code:

**FE111123**

#### SHELL ROCK SCHOOL RE-TAKE PICTURES SCHEDULED FOR – Wednesday October 12th

If for some reason you were not satisfied with your child's picture or your child was not on our School Picture Day, September 6th, please note they may get their picture taken on retake day, Wednesday October 12th.

### WE NEED YOU

P.T.O. Kick-off Meeting! - Thursday, Sept 7th, @ 6:30 PM

#### Thursday, September 7th @ 6:30, The Shell Rock Cooler, Meeting Room

The first Parent/Teacher Organization meeting of the 2023-2024 year will be on Thursday, September 7th, 6:30 p.m. in the Shell Rock Cooler's Meeting Room. We will be discussing fund-raisers and other student events. All parents are welcome and encouraged to attend. We hope to see you there!! **WE NEED YOU!!**

# Please check out our website: [wsr.k12.ia.us](http://wsr.k12.ia.us)

This is the address of the Waverly-Shell Rock website. [www.wsr.k12.ia.us](http://www.wsr.k12.ia.us)  
You will find lots of valuable information about the district, as well as Shell Rock Elementary.



## Useful Links:

- **Our Schools**, select Shell Rock Elementary, this will give you information about Shell Rock Elementary including newsletters and the menus.
- **Parents** you will find the link to Infinite Campus parent portal and the student handbook.
- **Community** you will find links to activity flyers and the district calendar.
- **Dismissing Early** will give information if school will be dismissing due to bad weather. Special dismissals will also be posted on the district website.
- **Registration** under the parent portal you will registration your child for school each year.
- **Conference Scheduler**—under our website you will find a link to schedule Intake and Parent/ Teacher Conferences.

\*\*\*If you do not have access to the parent portal please contact the office to get an account set up today!\*\*\*

## A message from our Library:

Books may be checked out for a two-week period. General guidelines for the number of books checked out at one time: K-1 (one book); 2-4 (two books). If a book is overdue, you may renew it by bringing it to the library. Email reminders will be sent once/twice a month through an automated system. If a book is overdue for 4 weeks, a letter will be sent home to the parent or guardian. Upon the 5th week, the parent or guardian will receive a bill to replace the book. As soon as the item(s) are returned, or the account is satisfied, students can begin checking out books and taking them home again. If not, library books will need to be kept in the teacher's classroom.



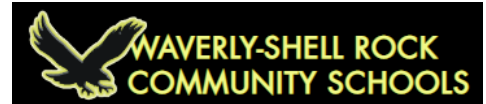
Shell Rock Elementary

0 likes · 0 followers



Please join us on  
Facebook!

Watch for posts  
and other articles!

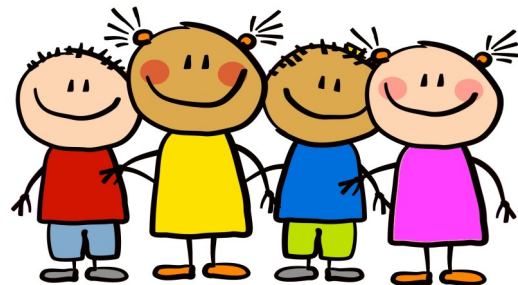


## Monthly Newsletters

Once again, there will be an updated monthly newsletter. Please watch for a notice in your email that it is available to view online. The newsletter is posted by the beginning of each month.

### Why is the Newsletter Important?

- List Important Future Dates
- Parent Group Dates
- Upcoming Announcements
- Field Trips
- And More



### How Do I access the Newsletter?

Go to Waverly Shell Rock website [www.wsr.k12.ia.us](http://www.wsr.k12.ia.us), click on "Our Schools" and select Shell Rock Elementary then click on Newsletter.

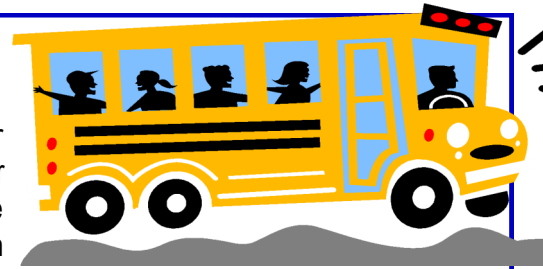
# If After School Plans Change...Call or Email by 2:00 p.m.

If your child's **after school plans are different from their normal routine**, please inform your child's teacher. Teachers will follow your child's normal plan unless there is a note or a phone call letting the teacher know of the change. After a long day of school, students sometimes forget what they are to do if there is a change, or they may be confused on the day a special change is to take place. We want to be sure students are arriving home safely and on time!

If you are changing your child's after school plans after the school day has started, we ask that parents **call or email (megan.borrett@wsr.k12.ia.us) the school office by 2:00 p.m.** (and 1:00 p.m. on Wednesday's) to inform the office. This will allow enough time for the message to be delivered to your child so they are prepared for the change. Numerous messages need to be communicated at that busy time of day, and if we get a late call, sometimes students have left their classroom, or even the building, and it makes it extremely difficult to deliver the message. We understand that emergencies arise and they will be treated as a priority, but informing us early will allow messages to be delivered on time and will improve communication and safety.

## Bus Pass Rules!

If your child needs to ride the bus and get off at any place other than the regular stop, he or she **must have a bus pass**. Please send a note to school with your child and he or she will need to bring the note to the office in the morning before school. An "official" bus pass will be given to your child and then that pass is given to the bus driver. The bus driver will not let a child off the bus at a different location without the bus pass. Even if your child will be on the same bus they normally ride, but will be getting off at a different location, a bus pass will be required. Reasons for passes may include: play dates, a change in after school care, or any other reason change from the normal routine that would require busing. Again, we want to be sure students are arriving to their appropriate destination accounted for and safely! **Thank you for your help!**



## School Routines...

- Before school supervision begins at 7:50. **Please do not drop off your child before 7:50.** If your child eats breakfast they may enter the gym at 7:45 AM.
- Parents are **not** to walk their child into the building or to their lockers.
- As we begin a new school year, we would like to remind all parents that we request that everyone entering or exiting the building **use the front main doors** by the office on Cherry Street.
- When visiting the school, please be sure you **sign in at the office** and receive a visitor badge. This will help account for everyone who is in the building.
- When dropping off or picking up your child, we ask that you **wait in the Common's area or the park bench** outside the front doors, and greet your child as they are exiting the building.
- When **students are leaving or returning** during the school day from an appointment, they need to stop in the office to let Mrs. Borrett know so we can be sure they are accounted for regarding attendance and safety.

**The beginning of the day and end of the school day are busy times for directions, routines, opening and closure activities, and teaching students to become independent with their belongings. Following these guidelines will help to make our school safe and a great place for learning. Thank You!**

## Early Dismissal – Every Wed. @1:45 p.m.

The Waverly-Shell Rock Schools will be dismissing early each Wednesday for teacher staff development and Professional Learning Communities or PLC's.

**Shell Rock Elementary will dismiss at 1:45 p.m.** each Wednesday.

Dismissal time on Monday, Tuesday, Thursday, and Friday will remain at 2:50 p.m. after we start the first week of school.





# Meet the SCHOOL COUNSELOR

Hello Families,

I am so excited to introduce myself as your school counselor!! My name

is Michele Doyle and this will be my 9th year as a school counselor. This year, I will be sharing time between Denver Elementary and Shell Rock Elementary. I am really looking forward to working with you and your child(ren). Please feel free to reach out to me with any questions or concerns you may have. I can be reached by calling the school or by email (michele.doyle@wsr.k12.ia.us). It's going to be a great year! ~Mrs. Doyle

## Waverly Shell Rock Elementary School Counseling Program

As the school counselor, I am here to help support the personal, social, emotional, academic, and career development of ALL K-4 students.

### School Counseling Program Components

- Classroom counseling lessons (twice per month)
- Lessons aligned with the American School Counselor Association Standards
- Teachers may request additional topics as needed
- Lesson information will be sent home from time to time so skills can be reinforced at home.
- Newsletters and the W-SR Elementary School Counseling Facebook page are also a great way to see what students are learning.
- Short-term individual and group counseling
- Referrals for ongoing student needs
- Crisis response and intervention
- Collaboration with teachers and other school staff, parents/guardians, administrators, and community agencies
- And more!

## DAY OF CARING Shell Rock Donation Drive

Shell Rock Elementary School is partnering with the local food bank to celebrate Day of Caring on September 13th.

We will be collecting items as a school to create birthday party packages during the week of September 5-8, 2023.

Students will then work together to assemble and deliver kits the week of September 11-15, 2023.

Please help us create BIRTHDAY PARTY PACKAGES for our local food bank by donating an item(s) to our drive!

### Donations can include:

- Birthday Gift Bags
- Disposable Cake Pans
- Cans of Frosting
- Cake Mix
- Cupcake holders
- Candles
- Sprinkles
- Streamers
- Party Favors
- Birthday Banners
- Balloons
- Other birthday party supplies



### Referrals for School Counseling

Students may be referred for short-term school counseling services by:

- Teachers or other school staff
- Parents/Guardians
- Self-Referral

### My Schedule

Shell Rock Elementary: Tuesday/Thursday  
Denver Elementary: Monday/Wednesday/Friday

---

# NATIONAL SCHOOL LUNCH PROGRAM

---

## The daily cost for breakfast, lunch and milk are as follows...

- Breakfast \$1.80
- Lunch \$2.95
- Milk \$0.65
- Adult Lunch \$4.85

If you would like to join your child for lunch, please call the **school office by 8:30 a.m.** to reserve your lunch. Guests may eat in the Common's.

---

## Daily Lunch Process:

The Waverly-Shell Rock Elementary Schools are continuing automated student lunch accounts. The students have been given a plastic lunch card with their school ID# on it and they take this card to lunch where it is scanned and the amount for their lunch, or milk if they take cold lunch, is deducted from the amount of money in their student account. This system is also used for their milk break and breakfast. Waverly-Shell Rock School District Low Balance Policies As a student's account balance approaches a zero balance or becomes negative, the following procedures will apply. Procedures: Low balance reminders for food service accounts through Infinite Campus, will be sent through email and Infinite Campus mail M-F afternoons, if the balance is at \$10.00 or less. Account balances can be accessed at any time through the student or parent portal of Infinite Campus. If using an iPad or mobile device to check balances, be sure to refresh the screen to see the most updated balance. If parents choose to make deposits through Infinite Campus, there may be a delay of up to three days for the transaction and deposit to be complete. Students on the free meal program will be provided a breakfast and lunch, regardless of account balance. Payments can be made on-line through the Infinite Campus Parent portal.

**There is a \$2 credit card fee when making payments through Infinite Campus.**

**You may contribute any dollar amount to your student's lunch account**

---

## Waverly Shell Rock Low Balance Policy

Elementary: When an elementary account reaches -\$20.00 the student will not receive a meal from the school or a snack milk. If a student has a negative balance of -\$20.00 or more, but has cash in hand, they may purchase a meal or snack milk, as long as their money in hand covers the entire cost of the meal or milk. When the student has a negative balance of less than -\$20.00, the student may return to the lunch program. Lunch monitors and teachers will assist in addressing any students they feel are not eating a meal or struggling with abnormal hunger in their classrooms. The food service director, principal and school nurse will assist in addressing community efforts to assist families with hunger, such as the backpack program, summer feeding sites, WIC, Food Bank, etc.

---

If you need financial assistance please log on to our website and print off a free and reduced lunch application or contact the office to receive a paper copy of the application.



# SEPTEMBER 2023

## Waverly-Shell Rock Schools

### BREAKFAST

#### Welcome Back!!

If you have questions or concerns with the Infinite Campus low-balance reminders/accounts, or any other questions or concerns, please contact Becky Prostine MPH, RDN/LDN, Director of Food Service, [becky.prostine@wsr.k12.ia.us](mailto:becky.prostine@wsr.k12.ia.us) or 319.352.2087

Items listed on the bottom of each day are offered only at MS and HS.

Menu is subject to change, based on product availability.  
This institution is an equal opportunity provider.

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Cinni Mini 1  
Fruit and Fruit Juice  
Milk  
Ham Egg and Cheese  
Croissant

**NO SCHOOL LABOR DAY** 4

Mini Donuts 5  
Yogurt or String Cheese  
Cheese  
Fruit and Fruit Juice  
Milk  
Breakfast Burrito

Frudel 6  
Fruit and Fruit Juice  
Milk  
Pancakes and Syrup

Cinnamon Breakfast Cake 7  
Yogurt or String Cheese  
Fruit and Fruit Juice  
Milk  
Pancake and Sausage on a Stick

Cereal Bar 8  
Fruit and Fruit Juice  
Milk  
Breakfast Bagel

Poptarts 11  
Yogurt or String Cheese  
Fruit and Fruit Juice  
Milk  
Biscuits and Gravy

Pumpkin Chocolate Chip Muffin 12  
Yogurt or String Cheese  
Fruit and Fruit Juice  
Milk  
Pancake and Sausage on a Stick

Cinnamon Roll 13  
Yogurt or String Cheese  
Fruit and Fruit Juice  
Milk  
Cook's Choice

Mini French Toast 14  
Fruit and Fruit Juice  
Milk  
Ham, Egg and Cheese  
Biscuit

Mini Cream Cheese Bagel 15  
Fruit and Fruit Juice  
Milk  
Scrambled Eggs/Toast

Pancakes/Syrup 18  
Fruit and Fruit Juice  
Milk  
Breakfast Combo Bar

Chocolate Muffin 19  
Yogurt or String Cheese  
Fruit and Fruit Juice  
Milk  
Sausage, Egg and Cheese on English Muffin

Bagel 20  
Fruit and Fruit Juice  
Milk  
Egg/Biscuit Sandwich

Frosted Long John 21  
Fruit and Fruit Juice  
Milk  
Cook's Choice

Cinni Mini 22  
Fruit and Fruit Juice  
Milk  
Ham Egg and Cheese  
Croissant

Mini Donuts 25  
Yogurt or String Cheese  
Fruit and Fruit Juice  
Milk  
Breakfast Burrito

Assorted Cereal 26  
Fruit and Fruit Juice  
Milk  
Breakfast Pizza

Cinnamon Breakfast Cake 27  
Yogurt or String Cheese  
Fruit and Fruit Juice  
Milk  
Pancake and Sausage on a Stick

Frudel 28  
Fruit and Fruit Juice  
Milk  
Pancakes and Syrup

Cereal Bar 29  
Fruit and Fruit Juice  
Milk  
Breakfast Bagel

# SEPTEMBER 2023

## Waverly-Shell Rock Elementary

### LUNCH

#### Welcome Back!!

If you have questions or concerns with the Infinite Campus low-balance reminders/accounts, or any other questions or concerns, please contact Becky Prostine MPH, RDN/LDN, Director of Food Service, [becky.prostine@wsr.k12.ia.us](mailto:becky.prostine@wsr.k12.ia.us) or 319.352.2087

*Skim white, skim chocolate and 1% white milk available at all schools for breakfast and lunch.*

Menu is subject to change, based on product availability  
This institution is an equal opportunity provider.

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



**NO SCHOOL  
LABOR DAY**

4

Popcorn Chicken  
Tea Roll  
Potato Wedges  
Green Pepper Slices  
Craisins

5

French Toast Sticks  
Sausage Links  
Yogurt  
Hash Brown  
Celery Sticks  
Strawberries and Bananas

6

Turkey/Cheese Tortilla  
Roll- Up  
Baked Beans  
Red Pepper Slices  
Pineapple/Mandarin  
Oranges  
Slushie Cup

7

Sausage Pizza  
Broccoli  
Peaches  
Fresh Cauliflower  
Chocolate Chip Cookie

8

Cheeseburger/Bun  
Potato Smiles  
Celery Sticks  
Peaches

11

Mini Corn Dogs  
Green Beans  
Grape Tomatoes  
Strawberries

12

Walking Taco  
Refried Beans  
Baby Carrots  
Applesauce  
Snickerdoodle Cookie

13

Breaded Chicken Patty/  
Bun  
Corn  
Fresh Broccoli  
Fruit Cocktail

14

Cheese Pizza  
Cooked Carrots  
Fresh Cauliflower  
Pineapple

15

Chicken Strips  
Tea Roll  
Sweet Potato Fries  
Cucumber Slices  
Apple Slices

18

Orange Chicken  
Rice  
Green Beans  
Green Bell Peppers  
Strawberry Applesauce

19

Rib Patty/Bun  
Baked Beans  
Strawberry Spinach Salad  
Mixed Berry Cup  
Chocolate Chip Cookie

20

Chicken Nuggets  
Tea Roll  
Mashed Potatoes /Gravy  
Cucumber Slices  
Mandarin Oranges

21

Bosco Cheese Sticks  
Marinara  
Peas  
Baby Carrots  
Pears

22

Popcorn Chicken  
Tea Roll  
Potato Wedges  
Green Pepper Slices  
Craisins

25

French Toast Sticks  
Sausage Links & Yogurt  
Hash Brown  
Celery Sticks  
Strawberries and  
Bananas

26

Meatball Sub  
Baked Beans  
Red Bell Pepper Slices  
Cutie Orange

27

Chicken Drumstick  
Mac & Cheese  
Tea Roll  
Corn  
Cucumber Slices  
Mandarin Oranges

28

Stuffed Crust Pepperoni  
Pizza  
Cooked Carrots  
Fresh Cauliflower  
Fruit Cocktail

29