CAPE MAY CITY ELEMENTARY

Daily Breakfast Menu

All Breakfasts include: Two Fruit Selections and 1% White Milk Cereal Entrées also offer Whole Grain Rich Graham Crackers

Research shows-students who have breakfast at school do better in many ways!*

*Sources: Food Research and Action Center (FRAC), U.S. Centers for Disease Control and Prevention (CDC)

March 2024

Breakfast is Available For Everyone Each School Day!
NO COST to Students!

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Monday	Tuesday	Wednesday	Thursday	Friday
Dr.Seuss				1 Whole Grain Cereal & Crackers
REAL	D ACROSS AMERICA			
4	5	6	7	8
Whole Grain	String Cheese Stick	Whole Grain	Pillsbury or Eggo	Whole Grain
Cereal & Grahams	& Animal Crackers	Cereal Bar & Grahams	Breakfast Entrée	Cereal & Grahams
11 Whole Grain Cereal & Grahams	12 Breakfast Muffin	13 Whole Grain Cereal Bar & Grahams	14 Pillsbury or Eggo Breakfast Entrée	15 School Closed
18	19	20	21	22
Whole Grain Cereal & Grahams	PopTart Pastry Cheese Stick	Whole Grain Cereal Bar & Grahams	Pillsbury or Eggo Breakfast Entrée	Whole Grain Cereal & Grahams
25	26	27	28	29
Whole Grain	Breakfast Muffin	Whole Grain	Pillsbury or Eggo	School Closed
Cereal		Cereal Bar	Breakfast Entrée	Spring Break
& Grahams		& Grahams		

Cafeteria Policy: *Thank you* for participating in our School Breakfast and Lunch Programs. Our computerized meal counting system works like a debit account. Send payment for the account and lunch costs will be deducted when your child comes through the serving line for Lunch. You can send cash or checks with your child. Classroom teachers will collect payments in the morning. We are unable to accept online or credit card payments at this time. Statements will be provided when an account is past due or upon request. If you would like to check on your child's account balance please send a note, call or email us.

Checks can be made to: CMCBOE Please be sure your child's name is with the payment. Thank you!

Free and Reduced Price Lunch applications can be updated at anytime during the school year should your income or circumstances change. If you need a new form, have questions or need help with the form please just let me know. I am happy to help! Ms. Linnington

LUNCH PRICES

19 days (3/1-3/29)

Daily Week(5 days) Month \$3.25 \$16.25 \$61.75



Please contact us with any questions: 609-884-8485 ext. 223

Email: mlinnington@cmcboe.org

Marianne Linnington, Food Service Director This institution is an equal opportunity provider.