



**HIGHLAND PARK
PUBLIC SCHOOLS**
www.hpschools.net

EDUCATIONAL SERVICES DEPARTMENT

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September 5, 2025

Dear Highland Park Families,

After some time of planning and researching the positive elements of a new related services delivery model, Highland Park Public Schools will adopt the 3:1 Service Delivery model beginning in September 2025. Your child will continue to receive services in accordance with his/her IEP throughout the 2025-26 school year. The 3:1 Service Delivery Model is a research-based model that can be implemented without any impact on student services. It is successfully used in various school districts throughout the United States and is supported by American Speech-Language Hearing Association (ASHA), American Occupational Therapy Association (AOTA), and American Physical Therapy Association (APTA).

Under our traditional model, the related service providers deliver direct services on a weekly basis, not allowing time for other in-direct tasks during school hours. The 3:1 Service Delivery Model allows the related service personnel to provide direct services for three weeks and during the fourth week provide in-direct services such as meeting with teachers, parents, developing materials, conducting evaluations, report writing, etc. The primary objective of the 3:1 Service Delivery Model is to have related service providers further align their services with the district curriculum and general education teacher's objectives for better generalization of skills. Research indicates that this model provides more consistent services to students and increases collaboration time with teachers and parents. To assess district-wide efficacy of this model, the speech-language specialists, occupational therapists and physical therapists will be collecting data regarding the use of the consultation week that will be collated and analyzed at the end of the 2025-26 school year.

The 3:1 Service Delivery model will be implemented for all Speech Language Specialists, Occupational Therapists, and Physical Therapists throughout the district. Again, the 3:1 Service Delivery model does not decrease service. This model will provide a higher quality of service to your child and his/her teachers because our related service providers will be available to integrate your child's speech-language, fine motor and/or gross motor goals with his/her classroom curriculum, and will be have the ability to make-up sessions on their in-direct service week if necessary.

We are excited to have the opportunity to improve the quality of speech-language, occupational and physical therapy services within the Highland Park Public Schools and the implementation of the 3:1 Service Delivery Model. In the coming days, more information will be posted on the Related Services district [website](#) located under "Department of Educational Services." For additional questions, please contact your case manager or speech language specialist. Thank you for your patience and cooperation as we begin an exciting year of therapy!

Sincerely,

Derek Ressa, Ed.D.,
Executive Director of Personnel & Student Services