

Grosse Ile Township Schools High School and Middle School (4) Week cycle Menu

Grosse Ile School High School offers a four-week cycle menu with two specials of the day, and daily choices.

Menu is subject to change due to product availability and inclement weather. Calendar is subject to change.

Lunch \$3.50 Milk .45 (Choice of Fat Free Chocolate, 1% or Skim White Milk)

Menu Cycle 1	Menu Cycle 2	Menu Cycle 3	Menu Cycle 4	Daily Choices
Monday Chicken Wings Vegetable Choice Fruit Choice Milk	Monday Chicken Parmesan Vegetable Choice Fruit Choice Milk	Monday Popcorn Chicken Mashed potatoes Fruit Choice Milk	Monday A-(4) Chicken Tenders Vegetable Choice Fruit Choice Milk	*Pepperoni pizza *Cheese pizza *Sub sandwich *Salads *PB&J Sandwich *Cheese Stick *4 oz. Hummus & Pita *Pepperoni roll Fruit Choice available everyday Milk Choices: 1% White Fat Free Chocolate
Tuesday Beef Nacho or Walking Taco Refried Beans Fruit Choice Milk	Tuesday Beef Nacho or Walking Taco Refried Beans Fruit Choice Milk	Tuesday Beef Nacho or Walking Taco Refried Beans Fruit Choice Milk	Tuesday Beef Nacho or Walking Taco Refried Beans Fruit Choice Milk	
Wednesday Pizza Bites Vegetable Choice Fruit Choice Milk	Wednesday French Toast Sausage Hashbrown Fruit Choice Milk	Wednesday Pasta w/ Meat Sauce Breadstick Vegetable Choice Fruit Choice Milk	Wednesday Plain or Spicy Chicken sandwich Vegetable Choice Fruit Choice Milk	
Thursday Macaroni & Cheese Vegetable Choice Fruit Choice Milk	Thursday Tangerine Chicken w/ Rice Vegetable Choice Fruit Choice Milk	Thursday Philly Cheese Steak Sub Vegetable Choice Fruit Choice Milk	Thursday General Tsao's Chicken w/ Rice Vegetable Choice Fruit Choice Milk	
Friday Bosco Sticks Marinara Sauce Vegetable Choice Fruit Choice Milk	Friday Hamburger or Cheeseburger Baked Fries Fruit Choice Milk	Friday Bosco Sticks Marinara Sauce Vegetable Choice Milk	Friday Pepperoni Calzone Vegetable Choice Fruit Choice Milk	