# Western Reserve District Success and Wellness Plan

#### Introduction:

The Western Reserve District is committed to promoting the success and wellness of our students and community members. Through a variety of services and partnerships, we aim to support mental health, physical health, cultural understanding, and family engagement.

## Mental Health Services:

- School Counselors in each building (Elementary, Middle, and High)
- Ruling Our eXperience (ROX) program for middle school and high school girls
- Common Ground experience-based programming for groups
- Family Life Counseling Mobile Response & Stabilization Services (MRSS)
- District School Psychologist
- School-Based Mental Health Counselor/Clinic through Family Health Services

## **Physical Health Services:**

- School Resource Officer (SRO) presence on campus daily
- Nursing Services provided by the Huron County Health Department
- Crisis Alert, Final Forms, and Thrillshare Alerts for communication
- ALICE training for staff and students
- Go Guardian for online safety
- Smart Pass for hall passes in Middle School and High School

## **Culturally Appropriate Prevention Services:**

- Instruction in Sources of Strength by Counselors
- Sandy Hook Promise training
- Zones of Regulation social-emotional learning curriculum
- Red Ribbon Week drug-free living awareness
- Positive Behavioral Interventions and Supports (PBIS)
- Online coursework for credit recovery

#### Services for Child Welfare Involved Youth:

• Wraparound services through Huron County Job and Family Services

## Homeless Youth Services:

- Support and guidance through a Homeless Liaison
- McKinney Veto Direct Services when qualified

## Partnerships with Community Liaisons and Programming:

- Caring Community
- Simon Acts
- Wakeman Masonic Lodge
- LifeWise Academy

## **Engagement Opportunities for Families:**

• Partnering with Huron County Public Library, Wakeman Branch, to provide family opportunities

#### **Conclusion:**

The Western Reserve District is dedicated to fostering a supportive environment for all members of our community. Through collaborative efforts and a commitment to wellness, we strive to empower individuals to thrive academically, emotionally, and socially.