

















September 2023 Breakfast & Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
3	4 Labor Day No School	5 Breakfast: Cereal, yogurt, fruit, Milk Lunch: Beef Nachos, lettuce, tomato, Jalapeno slices, Fruit, Milk	6 Breakfast: Breakfast Pizza, Fruit, Milk Lunch: Sub Sandwich, lettuce, tomato, WG Chips, Fruit, Milk	7 Breakfast: Banana Bread, String Cheese, Fruit, Milk Lunch: Corn Dog, Pork N Beans, Sun Chips, Fruit, Milk	8 	9 
10	11 Breakfast: Sausage McMuffin, Fruit, Milk Lunch: Chicken Alfredo, Dinner Roll, Peas, Fruit, Milk	12 Breakfast: Cereal & Muffin, String Cheese, Fruit, Milk Lunch: Chili Con Carne, WG Crackers, Carrot Sticks, Fruit, Milk	13 Breakfast: Pretzel w/ cheese, Fruit, Milk Lunch: Chicken Noodle Soup, Celery Sticks, WG Crackers, Fruit, Milk *Early Dismissal at 1PM*	14 Breakfast: Breakfast Combo, WG Muffin, Fruit, Milk Lunch: Chicken Nuggets, French Fries, Dinner Roll, Sidekick, Milk	15 	16 
17	18 Breakfast: Vanilla Yogurt, Granola, fruit, Milk Lunch: Chicken Patty Sandwich, Lettuce, Cheese, Tomato, WG Chips, Fruit, Milk	19 Breakfast: Breakfast Pizza, Cereal, Fruit, Milk Lunch: Hamburger Helper, Breadstick, Corn, Fruit, Milk	20 Breakfast: Breakfast Burrito, Salsa, Fruit, Milk Lunch: Mac & Cheese w/ Ham, Green Beans, Fruit, Milk	21 Breakfast: Cereal, Toast w/ Jelly, Fruit, Milk Lunch: Cheese Ravioli, Dinner roll, peas, Fruit, Milk	22 	23 Menu is subject to change based on Availability and Deliveries.
24 	25 Breakfast: Breakfast Combo, WG Muffin, Fruit, Milk Lunch: Chicken Quesadilla, Salsa, Corn, Fruit, Milk	26 Breakfast: Breakfast Nachos, Yogurt, Granola, Fruit, Milk Lunch: Beef Tacos, Lettuce, Tomato, Refried Beans, Fruit, Milk	27 Breakfast: Waffles w/ Strawberries, Sausage patty, Fruit, Milk Lunch: Chicken Fajita, WG Tortilla, Rice, Fruit, Milk	28 Breakfast: Yogurt, Granola, WG Muffin, Fruit, Milk Lunch: Cheeseburger, Lettuce, Tomato, WG Chips, Fruit, Milk *Early Dismissal at 1PM*	29	30 Salad Bar offered based on Availability.

Menu de Septiembre 2023 Almuerzo y Comida

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>El menú está sujeto a cambios según la disponibilidad y las entregas.</p> <p>Barras de empujadas ofrecidas según disponibilidad.</p>					<p>1</p>  <p>2</p>	
3	<p>4</p> <p>Labor Day No School</p>	<p>5</p> <p>Desayuno: Cereales, Yogur, Fruta, Leche.</p> <p>Comida: Nachos de Carne, Lechuga, Tomate, Rodajas de Jalapeño, Fruta, Leche.</p>	<p>6</p> <p>Desayuno: Desayuno Pizza, Fruta, Leche</p> <p>Comida: Sub Sandwich, Lechuga, Tomate, Chips WG, Fruta, Leche</p>	<p>7</p> <p>Desayuno: Pan de Plátano, Rabanada de Queso, Fruta, Leche</p> <p>Comida: Perro De Maiz, Cerdo Y Frijoles, Chips De Sol, Fruta, Leche</p>	<p>8</p> 	<p>9</p> 
10	<p>11</p> <p>Desayuno: Salchicha McMuffin, Fruta, Leche</p> <p>Comida: Pollo Alfredo, Panecillo, Chicharos, Fruta, Leche</p>	<p>12</p> <p>Desayuno: Cereal y Muffins, Queso en Hebras, Fruta, Leche</p> <p>Comida: Chili Con Carne, Galletas WG, Palitos De Zanahoria, Fruta, Leche</p>	<p>13</p> <p>*Early Dismissal at 1PM*</p> <p>Desayuno: Pretzel con Queso, Fruta, Leche</p> <p>Comida: Sopa de Pollo Con Fideos, Palitos de Apio, Galletas Saladas WG, Fruta, Leche</p>	<p>14</p> <p>Desayuno: Combo De Desayuno, Muffin WG, Fruta, Leche</p> <p>Comida: Nuggets de Pollo, Papas Fritas, Panecillos, Compañero, Leche</p>	<p>15</p> 	<p>16</p> 
17	<p>18</p> <p>Desayuno: Yogur de Vainilla, Granola, Fruta, Leche</p> <p>Comida: Sándwich De Pollo, Lechuga, Queso, Tomate, Chips WG, Fruta, Leche</p>	<p>19</p> <p>Desayuno: Pizza De Desayuno, Cereal, Fruta, Leche</p> <p>Comida: Ayudante de Jamburguesa, Palito de Pan, Elote, Fruta, Leche</p>	<p>20</p> <p>Desayuno: Burrito De Desayuno, Salsa, Fruta, Leche</p> <p>Comida: Macarrones Con Queso con Jamón, Ejotes, Fruta y Leche</p>	<p>21</p> <p>Desayuno: Cereales, Tostadas con Gelatina, Fruta, Leche</p> <p>Comida: Ravioles de Queso, Panecillos, Chicharos, Fruta, Leche</p>	<p>22</p> 	<p>23</p>
<p>24</p> 	<p>25</p> <p>Desayuno: Combo De Desayuno, Muffin WG, Fruta, Leche</p> <p>Comida: Quesadilla De Pollo, Salsa, Maíz, Fruta, Leche</p>	<p>26</p> <p>Desayuno: Nachos de desayuno, yogur, granola, fruta, leche</p> <p>Comida: Tacos De Carne, Lechuga, Tomate, Frijoles Refritos, Fruta, Leche</p>	<p>27</p> <p>Desayuno: Waffles con Fresas, Hamburguesa de Salchicha, Fruta, Leche</p> <p>Comida: Fajita de Pollo, Tortilla WG, Arroz, Fruta, Leche</p>	<p>28</p> <p>*Early Dismissal at 1PM*</p> <p>Desayuno: Yogur, Granola, Muffin WG, Fruta, Leche</p> <p>Comida: Hamburguesa Con Queso, Lechuga, Tomate, Papitas WG, Fruta, Leche</p>	<p>29</p>	<p>30</p>