

THE MARKET MENU

April 2024

Lincoln Park
Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
8

Breakfast

- Golden Grahams
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk
- Strawberry Jam

2
9

Breakfast

- Fresh Baked Whole Grain Biscuit
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

3
10

Breakfast

- Breakfast Sausage Wrap
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

4
11

Breakfast

- Apple Cinnamon Soft Oatmeal Round
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

5
12

Breakfast

- Oatrageous Choc-Banana Oatmeal
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

15

Breakfast

- Cocoa Puffs
- Strawberry Banana Bash Yogurt
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

16

Breakfast

- Turkey Sausage Breakfast Pizza
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

17

Breakfast

- Cinnamon Oatmeal
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

18

Breakfast

- Mini Cinnis
- Strawberry Banana Bash Yogurt
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

19

Breakfast

- Frosted Mini-Wheats
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

22

Breakfast

- Apple Cinnamon Cheerios
- Tiger Graham Crackers
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

23

Breakfast

- English Muffin
- Grape Jelly
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk
- Cream Cheese

24

Breakfast

- Turkey Sausage & Egg Breakfast Bagel
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

25

Breakfast

- Whole Grain Blueberry Muffin
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

26

Breakfast

- Banana Chocolate Chip Soft Oatmeal Round
- Tiger Graham Crackers
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

29

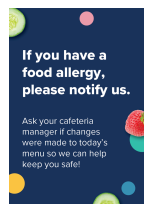
Breakfast

- Apple Cinnamon Cheerios
- Tiger Graham Crackers
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

30

Breakfast

- Bacon Scramble Breakfast Pizza
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk



Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.