

# THE MARKET MENU

April 2024

Ross Park  
Breakfast

## MONDAY

**1**  
**8**

Breakfast

- Golden Grahams
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk
- Strawberry Jam

## TUESDAY

**2**  
**9**

Breakfast

- Fresh Baked Whole Grain Biscuit
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

## WEDNESDAY

**3**  
**10**

Breakfast

- Breakfast Sausage Wrap
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

## THURSDAY

**4**  
**11**

Breakfast

- Apple Cinnamon Soft Oatmeal Round
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

## FRIDAY

**5**  
**12**

Breakfast

- Oatrageous Choc-Banana Oatmeal
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

**15**

Breakfast

- Cocoa Puffs
- Strawberry Banana Bash Yogurt
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

**16**

Breakfast

- Turkey Sausage Breakfast Pizza
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

**17**

Breakfast

- Cinnamon Oatmeal
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

**18**

Breakfast

- Mini Cinnis
- Strawberry Banana Bash Yogurt
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

**19**

Breakfast

- Frosted Mini-Wheats
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

**22**

Breakfast

- Apple Cinnamon Cheerios
- Tiger Graham Crackers
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

**23**

Breakfast

- English Muffin
- Grape Jelly
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk
- Cream Cheese

**24**

Breakfast

- Turkey Sausage & Egg Breakfast Bagel
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

**25**

Breakfast

- Whole Grain Blueberry Muffin
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

**26**

Breakfast

- Banana Chocolate Chip Soft Oatmeal Round
- Tiger Graham Crackers
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

**29**

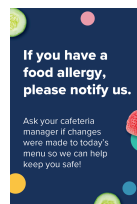
Breakfast

- Apple Cinnamon Cheerios
- Tiger Graham Crackers
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

**30**

Breakfast

- Bacon Scramble Breakfast Pizza
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk



*Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.*

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