

THE MARKET MENU

April 2024

Ross Park
Lunch

MONDAY

1
8

Main Entrees

- Classic American Cheeseburger
 - Baked Beans
- Alternate Entrees
- Strawberry Chicken Salad
 - Croutons
 - Sliced Fresh Strawberries

TUESDAY

2
9

Main Entrees

- Breaded Chicken Drumstick
 - Macaroni and Cheese
 - Salad with Strawberry & Citrus
- Alternate Entrees
- Cereal, Goldfish & Yogurt Fun Lunch
 - Fresh Celery Sticks
 - Blueberries

WEDNESDAY

3
10

Main Entrees

- Pancakes
 - Turkey Sausage Link
 - Tater Tots
- Alternate Entrees
- Turkey & Cheese Pinwheel
 - Fresh Broccoli Florets
 - Fresh Raspberries

THURSDAY

4
11

Main Entrees

- Beef Nachos
 - Refried Beans
- Alternate Entrees
- Muffin, Pretzel, & Yogurt Fun Lunch
 - Sliced Cucumbers
 - Fresh Red and Green Seedless Grapes

FRIDAY

5
12

Main Entrees

- Cheese Stuffed Breadsticks
 - Marinara Sauce
- Alternate Entrees
- Orange Crush Parfait with Granola
 - Carrot & Celery Sticks

15

Main Entrees

- Mini Turkey Corn Dogs
 - Baked Beans
- Alternate Entrees
- Turkey Cobb Salad
 - Croutons
 - Pineapple Cubes

16

Main Entrees

- Mashed Potato & Chicken Bowl
 - Dinner Roll
- Alternate Entrees
- Cereal, Goldfish & Yogurt Fun Lunch
 - Fresh Cauliflower Florets
 - Fresh Banana

17

Main Entrees

- Cinnamon French Toast
 - Scrambled Eggs
 - Sweet Potato Bites
- Alternate Entrees
- Goldfish, Cheese, & Grapes Fun Lunch
 - Red Bell Pepper Strips

18

Main Entrees

- BBQ Pork Sandwich
 - Seasoned Broccoli with Cheese Sauce
- Alternate Entrees
- Muffin, Pretzel, & Yogurt Fun Lunch
 - Fresh Cherry Tomatoes
 - Fresh Golden Delicious Apple

19

Main Entrees

- Classic Cheese Pizza
 - Seasoned Corn
- Alternate Entrees
- Pineapple Parfait with Granola
 - Carrot & Celery Sticks

22

Main Entrees

- Beef Sloppy Joe Loaded Fries
 - Dinner Roll
- Alternate Entrees
- Chicken Caesar Salad
 - Croutons
 - Sliced Fresh Strawberries

23

Main Entrees

- Cheese Quesadilla
 - Refried Beans
- Alternate Entrees
- Cereal, Goldfish & Yogurt Fun Lunch
 - Fresh Celery Sticks
 - Fresh Banana

24

Main Entrees

- Fresh Baked Whole Grain Biscuit
 - Pork Sausage Patty
 - Peppered Cream Gravy
 - Roasted Cinnamon Sweet Potatoes
- Alternate Entrees
- Bagel, Egg & Orange Fun lunch
 - Sliced Cucumbers

25

Main Entrees

- Homemade Cheese Pizza
 - Bagels
 - Corn
- Alternate Entrees
- Muffin, Pretzel, & Yogurt Fun Lunch
 - Fresh Cherry Tomatoes
 - Fresh Red and Green Seedless Grapes

26

Main Entrees

- Macaroni and Cheese
 - Roasted Red & Green Bell Peppers
- Alternate Entrees
- Blueberry Parfait with Granola
 - Carrot & Celery Sticks

29

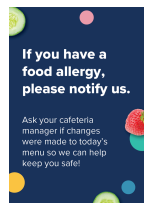
Main Entrees

- Walking Beef Taco
 - Mexican Style Refried Beans
- Alternate Entrees
- Ham & Turkey Chef Salad
 - Croutons
 - Pineapple Cubes

30

Main Entrees

- Grilled Chicken Sandwich
 - Oven Baked Curly Fries
- Alternate Entrees
- Cereal, Goldfish & Yogurt Fun Lunch
 - Yellow Bell Pepper Julienne
 - Fresh Plum



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