THE MARKET ME **April** 2024

Lincoln Park Lunch

MONDAY TUESDAY WEDNESDAY **THURSDAY FRIDAY** 5 8 9 **12** 10 11 Main Entrees Main Entrees Main Entrees Main Entrees Main Entrees **Cheese Stuffed Breadsticks** Classic American **Breaded Chicken Drumstick • Pancakes Beef Nachos** Cheeseburger Macaroni and Cheese Turkey Sausage Link Refried Beans Marinara Sauce Salad with Strawberry & Baked Beans **Tater Tots** Alternate Entrees Alternate Entrees Muffin, Pretzel, & Yogurt Fun • Orange Crush Parfait with Alternate Entrees Citrus Alternate Entrees Turkey & Cheese Pinwheel Alternate Entrees Granola

- Strawberry Chicken Salad
- Croutons
- Sliced Fresh Strawberries
- Cereal, Goldfish & Yogurt Fun Lunch
- Fresh Celery Sticks
- Blueberries
- Fresh Broccoli Florets Fresh Raspberries

- Lunch
- **Sliced Cucumbers**
- Fresh Red and Green Seedless Grapes
- Carrot & Celery Sticks

15

Main Entrees

- Mini Turkey Corn Dogs
- Baked Beans
- Alternate Entrees
- **Turkey Cobb Salad**
- Croutons
- · Pineapple Cubes

16

Main Entrees

- Mashed Potato & Chicken Bowl
- Dinner Roll
- Alternate Entrees
- Cereal, Goldfish & Yogurt Fun Lunch
- Fresh Cauliflower Florets
- · Fresh Banana

17

Main Entrees

- · Cinnamon French Toast
- Scrambled Eggs
- Sweet Potato Bites
- Alternate Entrees
- Goldfish, Cheese, & Grapes Fun Lunch
- **Red Bell Pepper Strips**

18

Main Entrees BBQ Pork Sandwich

 Seasoned Broccoli with Cheese Sauce

Alternate Entrees

- Muffin, Pretzel, & Yogurt Fun Lunch
- Fresh Cherry Tomatoes
- · Fresh Golden Delicious Apple

19

- Main Entrees · Classic Cheese Pizza
- Seasoned Corn
- Alternate Entrees
- Pineapple Parfait with Granola
- Carrot & Celery Sticks

22

Main Entrees

- **Beef Sloppy Joe Loaded** Fries
- Dinner Roll

Alternate Entrees

- Chicken Caesar Salad
- Croutons
- Sliced Fresh Strawberries

23

Main Entrees

- · Cheese Quesadilla
- Refried Beans

Alternate Entrees

- Cereal, Goldfish & Yogurt Fun Lunch
- Fresh Celery Sticks
- · Fresh Banana

24

Main Entrees

- · Fresh Baked Whole Grain **Biscuit**
- Pork Sausage Patty
- Peppered Cream Gravy
- Roasted Cinnamon Sweet **Potatoes**

Alternate Entrees

- Bagel, Egg & Orange Fun lunch
- Sliced Cucumbers

25

Main Entrees

- · Homemade Cheese Pizza **Bagels**
- Corn

Alternate Entrees

- Muffin, Pretzel, & Yogurt Fun Lunch
- Fresh Cherry Tomatoes
- Fresh Red and Green Seedless Grapes

26

Main Entrees

- · Macaroni and Cheese
- Roasted Red & Green Bell **Peppers**
- Alternate Entrees
- **Blueberry Parfait with** Granola
- Carrot & Celery Sticks

29

Main Entrees

- Walking Beef Taco
- Mexican Style Refried Beans Alternate Entrees
- Ham & Turkey Chef Salad
- Croutons
- Pineapple Cubes

30

Main Entrees

- · Grilled Chicken Sandwich
- Oven Baked Curly Fries Alternate Entrees
- Cereal, Goldfish & Yogurt Fun Lunch
- Yellow Bell Pepper Julienne
- · Fresh Plum



Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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