## THE MARKET MENU

March 2024

Churchill **Breakfast** 

**FRIDAY TUESDAY WEDNESDAY THURSDAY** MONDAY



Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

Breakfast Apple Cinnamon Soft Oatmeal

Round Strawberry Banana Bash Yogurt

Tropical Fruit Cocktail

Fresh Whole Fruit

1% Low-fat Milk

Chocolate Low Fat Milk

4

**Apple Cinnamon Cheerios** Strawberry Banana Bash Yogurt

Tropical Fruit Cocktail

Fresh Whole Fruit

1% Low-fat Milk

Chocolate Low Fat Milk

5

**Breakfast** Cinnamon Cream Cheese Stuffed .

Bagel

Low Fat Mozzarella String Cheese

Tropical Fruit Cocktail Fresh Whole Fruit

1% Low-fat Milk

Chocolate Low Fat Milk

6 Breakfast

Strawberry Nutrigrain Bar

Bug Bites Graham Crackers

Tropical Fruit Cocktail

Fresh Whole Fruit 1% Low-fat Milk

Chocolate Low Fat Milk

7 Breakfast

> Mini Maple Madness Waffles Strawberry Banana Bash Yogurt

Tropical Fruit Cocktail

Fresh Whole Fruit 1% Low-fat Milk

Chocolate Low Fat Milk

8

**Breakfast Cinnamon Toast Crunch** 

Bug Bites Graham Crackers

Tropical Fruit Cocktail

Fresh Whole Fruit

1% Low-fat Milk

Chocolate Low Fat Milk

11

Breakfast

**Apple Cinnamon Cheerios Bug Bites Graham Crackers** 

Tropical Fruit Cocktail

Fresh Whole Fruit

1% Low-fat Milk Chocolate Low Fat Milk 12

**Breakfast** Frosted Strawberry Pop-Tart

Low Fat Mozzarella String Cheese

Tropical Fruit Cocktail

Fresh Whole Fruit

1% Low-fat Milk

Chocolate Low Fat Milk

13

Breakfast Whole Grain Blueberry Muffin

Low Fat Mozzarella String Cheese

Tropical Fruit Cocktail

Fresh Whole Fruit

1% Low-fat Milk

Chocolate Low Fat Milk

14 **Breakfast** 

Mini Confetti Pancakes

Strawberry Banana Bash Yogurt

Tropical Fruit Cocktail

Fresh Whole Fruit 1% Low-fat Milk

Chocolate Low Fat Milk

15 **Breakfast** 

Banana Chocolate Chip Soft Oatmeal Round

**Bug Bites Graham Crackers** 

Tropical Fruit Cocktail Fresh Whole Fruit

1% Low-fat Milk

Chocolate Low Fat Milk

18

**Apple Cinnamon Cheerios** 

Tiger Graham Crackers

Tropical Fruit Cocktail

Fresh Whole Fruit

1% Low-fat Milk

Chocolate Low Fat Milk

19

Breakfast

Strawberry Cream Cheese Stuffed •

Low Fat Mozzarella String Cheese Tropical Fruit Cocktail

Fresh Whole Fruit

1% Low-fat Milk

Chocolate Low Fat Milk

20

Strawberry Nutrigrain Bar Low Fat Mozzarella String Cheese

Tropical Fruit Cocktail

Fresh Whole Fruit

1% Low-fat Milk Chocolate Low Fat Milk 21

Mini Confetti Pancakes

Strawberry Banana Bash Yogurt

Tropical Fruit Cocktail

Fresh Whole Fruit

1% Low-fat Milk Chocolate Low Fat Milk 22

Apple Cinnamon Soft Oatmeal

Round **Tiger Graham Crackers** 

Tropical Fruit Cocktail

Fresh Whole Fruit

1% Low-fat Milk Chocolate Low Fat Milk

25

Apple Cinnamon Cheerios

Chocolate Low Fat Milk

Strawberry Banana Bash Yogurt Tropical Fruit Cocktail

Fresh Whole Fruit 1% Low-fat Milk

26

Breakfast

Frosted Strawberry Pop-Tart
Low Fat Mozzarella String Cheese

Tropical Fruit Cocktail Fresh Whole Fruit

1% Low-fat Milk Chocolate Low Fat Milk 27

Whole Grain Blueberry Muffin

Low Fat Mozzarella String Cheese

Tropical Fruit Cocktail Fresh Whole Fruit 1% Low-fat Milk

28

Mini Confetti Pancakes Strawberry Banana Bash Yogurt

Tropical Fruit Cocktail

Fresh Whole Fruit

1% Low-fat Milk Chocolate Low Fat Milk 29

Spring Break-No School

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Chocolate Low Fat Milk

