

# THE MARKET MENU

## March 2024

## Lincoln Park Breakfast

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



*Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.*

#### 1

- Breakfast
- Apple Cinnamon Soft Oatmeal Round
  - Strawberry Banana Bash Yogurt
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 4

- Breakfast
- Apple Cinnamon Cheerios
  - Strawberry Banana Bash Yogurt
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 5

- Breakfast
- Cinnamon Cream Cheese Stuffed Bagel
  - Low Fat Mozzarella String Cheese
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 6

- Breakfast
- Strawberry Nutrigrain Bar
  - Bug Bites Graham Crackers
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 7

- Breakfast
- Mini Maple Madness Waffles
  - Strawberry Banana Bash Yogurt
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 8

- Breakfast
- Cinnamon Toast Crunch
  - Bug Bites Graham Crackers
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 11

- Breakfast
- Apple Cinnamon Cheerios
  - Bug Bites Graham Crackers
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 12

- Breakfast
- Frosted Strawberry Pop-Tart
  - Low Fat Mozzarella String Cheese
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 13

- Breakfast
- Whole Grain Blueberry Muffin
  - Low Fat Mozzarella String Cheese
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 14

- Breakfast
- Mini Confetti Pancakes
  - Strawberry Banana Bash Yogurt
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 15

- Breakfast
- Banana Chocolate Chip Soft Oatmeal Round
  - Bug Bites Graham Crackers
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 18

- Breakfast
- Apple Cinnamon Cheerios
  - Tiger Graham Crackers
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 19

- Breakfast
- Strawberry Cream Cheese Stuffed Bagel
  - Low Fat Mozzarella String Cheese
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 20

- Breakfast
- Strawberry Nutrigrain Bar
  - Low Fat Mozzarella String Cheese
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 21

- Breakfast
- Mini Confetti Pancakes
  - Strawberry Banana Bash Yogurt
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 22

- Breakfast
- Apple Cinnamon Soft Oatmeal Round
  - Tiger Graham Crackers
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 25

- Breakfast
- Apple Cinnamon Cheerios
  - Strawberry Banana Bash Yogurt
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 26

- Breakfast
- Frosted Strawberry Pop-Tart
  - Low Fat Mozzarella String Cheese
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 27

- Breakfast
- Whole Grain Blueberry Muffin
  - Low Fat Mozzarella String Cheese
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 28

- Breakfast
- Mini Confetti Pancakes
  - Strawberry Banana Bash Yogurt
  - Tropical Fruit Cocktail
  - Fresh Whole Fruit
  - 1% Low-fat Milk
  - Chocolate Low Fat Milk

#### 29

Spring Break-No School

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