THE MARKET ME

February 2024

Lincoln Park

Lunch

MONDAY

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you

WEDNESDAY THURSDAY

Main Entrees

- **Buttermilk Pancakes**
- Turkey Sausage Link
- Tater Tots
- Alternate Entrees **Build Your Own Pizza Fun**

FRIDAY

2

Main Entrees

- Pepperoni Flatbread Seasoned Mixed Vegetables
- Alternate Entrees
- Strawberry Yogurt
- Sliced Fresh Strawberries Fresh Raspberries
- Cheerios Cereal

Main Entrees

- Mini Turkey Corn Dogs
- Baked Beans Alternate Entrees
- Ham & Turkey Chef Salad
- Whole Grain Cheez-It Crackers

6

Main Entrees

have any concerns.

TUESDAY

- Roasted Jerk Chicken Drumstick
- Cilantro Lime Brown Rice
- Jamaican Salad with Mango, Pineapple & Raisins
- Alternate Entrees

 Cereal, Goldfish & Yogurt Fun Lunch

- Main Entrees **Whole Grain French Toast** Sticks
- Scrambled Eggs
- Sweet Potato Bites
- Alternate Entrees
- **Build Your Own Pizza Fun** Lunch

Main Entrees

8

- Classic American Cheeseburger
- Oven Baked Curly Fries Alternate Entrees
- Muffin, Pretzel, & Yogurt Fun Lunch

9

Main Entrees Personal Pepperoni Pizza

- Seasoned Corn
- Alternate Entrees
- **Strawberry Yogurt** Sliced Fresh Strawberries
- Fresh Raspberries
- Cheerios Cereal

12

Main Entrees

- **Sloppy Joe Meat**
- Baked Tortilla Scoops
- Cinnamon Roasted Sweet Potato

Alternate Entrees

- Ham & Turkey Chef Salad
- Whole Grain Cheez-It Crackers

Main Entrees

- Main Entrees **Walking Beef Taco**
- Refried Beans Alternate Entrees
- Cereal, Goldfish & Yogurt Fun Lunch

14

Whole Grain Waffles

- Strawberries & Whipped Topping
- Pork Sausage Patty
- Sweet Potato Tots Alternate Entrees
- **Build Your Own Pizza Fun** Lunch

15

Main Entrees

- Turkey Ham & Cheese on a WG Croissant
- **Baked Beans** Alternate Entrees
- Muffin, Pretzel, & Yogurt Fun Lunch

16

Main Entrees

- Tony's French Bread Pepperoni Pizza
- **Orange Glazed Carrots** Alternate Entrees
- Strawberry Yogurt
- Sliced Fresh Strawberries

Mid Winter Break-No School

- Fresh Raspberries
- Cheerios Cereal

19

Mid Winter Break-No School

20

13

Mid Winter Break-No School

21

Mid Winter Break-No School

22

Mid Winter Break-No School

23

26

Main Entrees

Rotini Pasta

Alternate Entrees

Crackers

Seasoned Broccoli Florets

Ham & Turkey Chef Salad

Whole Grain Cheez-It

Main Entrees

- Breaded Chicken Parmesan **Beef Macho Nachos**
 - Cuban Style Black Beans
 - Seasoned Black Beans Alternate Entrees
 - Cereal, Goldfish & Yogurt Fun Lunch

28

Main Entrees

- Mini Maple Pancake Wraps
- Glazed Sweet Potatoes
- Apple Crisp Alternate Entrees
 - Build Your Own Pizza Fun Lunch

29

Main Entrees

- Mashed Potato & Chicken Bowl
- Mini Whole Grain Biscuit
- Alternate Entrees Muffin, Pretzel, & Yogurt Fun Lunch

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