## THE MARKET MENU

## February 2024

## Churchill Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
If you have a food allergy, please notify us.	Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.		1 Main Entrees • Buttermilk Pancakes • Turkey Sausage Link • Tater Tots Alternate Entrees • Muffin, Pretzel, & Yogurt Fun Lunch	2 Main Entrees • Pepperoni Flatbread • Seasoned Mixed Vegetables Alternate Entrees • Strawberry Yogurt • Sliced Fresh Strawberries • Fresh Raspberries • Cheerios Cereal
5 Main Entrees • Mini Turkey Corn Dogs • Baked Beans Alternate Entrees • Ham & Turkey Chef Salad • Whole Grain Cheez-It Crackers	6 Main Entrees • Roasted Jerk Chicken Drumstick • Cilantro Lime Brown Rice • Jamaican Salad with Mango, Pineapple & Raisins Alternate Entrees • Cereal, Goldfish & Yogurt Fun Lunch	7 Main Entrees • Classic American Cheeseburger • Oven Baked Curly Fries Alternate Entrees • Build Your Own Pizza Fun Lunch	8 Main Entrees • Whole Grain French Toast Sticks • Scrambled Eggs • Sweet Potato Bites Alternate Entrees • Muffin, Pretzel, & Yogurt Fun Lunch	9 Main Entrees • Cheesy Italian Pull Apart • Seasoned Corn • Marinara Sauce Alternate Entrees • Strawberry Yogurt • Sliced Fresh Strawberries • Fresh Raspberries • Cheerios Cereal
<b>12</b> Wain Entrees <b>Sloppy Joe Meat</b> Baked Tortilla Scoops   Cinnamon Roasted Sweet Potato   Alternate Entrees <b>Ham &amp; Turkey Chef Salad</b> Whole Grain Cheez-It Crackers	13 Main Entrees • Walking Beef Taco • Refried Beans Alternate Entrees • Cereal, Goldfish & Yogurt Fun Lunch	14 Main Entrees • Whole Grain Waffles • Strawberries & Whipped Topping • Pork Sausage Patty • Sweet Potato Tots Alternate Entrees • Build Your Own Pizza Fun Lunch	15 Main Entrees • Turkey Ham & Cheese on a WG Croissant • Baked Beans • Tater Tots Alternate Entrees • Muffin, Pretzel, & Yogurt Fun Lunch	16 Main Entrees • French Bread Pepperoni Pizza • Corn Alternate Entrees • Strawberry Yogurt • Sliced Fresh Strawberries • Fresh Raspberries • Cheerios Cereal
<b>19</b> Mid Winter Break-No School	20 Mid Winter Break-No School	21 Mid Winter Break-No School	22 Mid Winter Break-No School	23 Mid Winter Break-No School
26 Main Entrees • Breaded Chicken Parmesan • Rotini Pasta • Seasoned Broccoli Florets Alternate Entrees • Ham & Turkey Chef Salad • Whole Grain Cheez-It Crackers	27 Main Entrees • Mini Maple Pancake Wraps • Glazed Sweet Potatoes Alternate Entrees • Cereal, Goldfish & Yogurt Fun Lunch	28 Main Entrees • Beef Macho Nachos • Cuban Style Black Beans • Seasoned Black Beans Alternate Entrees • Build Your Own Pizza Fun Lunch	29 Main Entrees • Mashed Potato & Chicken Bowl • Fresh Baked Whole Grain Biscuit Alternate Entrees • Muffin, Pretzel, & Yogurt Fun Lunch	

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