

THE MARKET MENU

February 2024

Lincoln Park
Breakfast

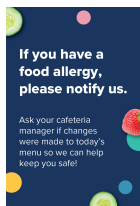
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



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1

- Breakfast
- Mini Confetti Pancakes
 - Strawberry Banana Bash Yogurt
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

2

- Breakfast
- Apple Cinnamon Soft Oatmeal Round
 - Bunny Graham Friends
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

5

- Breakfast
- Apple Cinnamon Cheerios
 - Tiger Graham Crackers
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

6

- Breakfast
- Frosted Strawberry Pop-Tart
 - Low Fat Mozzarella String Cheese
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

7

- Breakfast
- Whole Grain Blueberry Muffin
 - Low Fat Mozzarella String Cheese
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

8

- Breakfast
- Mini Confetti Pancakes
 - Strawberry Banana Bash Yogurt
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

9

- Breakfast
- Banana Chocolate Chip Soft Oatmeal Round
 - Tiger Graham Crackers
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

12

- Breakfast
- Apple Cinnamon Cheerios
 - Tiger Graham Crackers
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

13

- Breakfast
- Strawberry Cream Cheese Stuffed Bagel
 - Low Fat Mozzarella String Cheese
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

14

- Breakfast
- Strawberry Nutrigrain Bar
 - Low Fat Mozzarella String Cheese
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

15

- Breakfast
- Mini Confetti Pancakes
 - Strawberry Banana Bash Yogurt
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

16

- Breakfast
- Apple Cinnamon Soft Oatmeal Round
 - Tiger Graham Crackers
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

19

Mid Winter Break-No School

20

Mid Winter Break-No School

21

Mid Winter Break-No School

22

Mid Winter Break-No School

23

Mid Winter Break-No School

26

- Breakfast
- Golden Grahams
 - Strawberry Banana Bash Yogurt
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

27

- Breakfast
- Frosted Strawberry Pop-Tart
 - Low Fat Mozzarella String Cheese
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

28

- Breakfast
- Whole Grain Blueberry Muffin
 - Strawberry Banana Bash Yogurt
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

29

- Breakfast
- Mini Confetti Pancakes
 - Low Fat Mozzarella String Cheese
 - Tropical Fruit Cocktail
 - Fresh Whole Fruit
 - 1% Low-fat Milk
 - Chocolate Low Fat Milk

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