## THE MARKET ME Ross Park

February 2024

Breakfast

MONDAY

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you

**WEDNESDAY** 

**THURSDAY** 1

## 2

## Breakfast

- Mini Confetti Pancakes
- Strawberry Banana Bash Yogurt
- Tropical Fruit Cocktail Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

Breakfast

**FRIDAY** 

- **Apple Cinnamon Soft** Oatmeal Round
- **Bunny Graham Friends**
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

Breakfast

- Apple Cinnamon Cheerios
- Tiger Graham Crackers
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

6

## **Breakfast**

**TUESDAY** 

- Frosted Strawberry Pop-
- Low Fat Mozzarella String Cheese

Chocolate Low Fat Milk

- Tropical Fruit Cocktail
- Fresh Whole Fruit

have any concerns.

- 1% Low-fat Milk

- Low Fat Mozzarella String Cheese

Whole Grain Blueberry

Tropical Fruit Cocktail

**Breakfast** 

Muffin

- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

8 Breakfast

- Mini Confetti Pancakes
- Strawberry Banana Bash Yogurt
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

9 Breakfast

- Banana Chocolate Chip **Soft Oatmeal Round**
- Tiger Graham Crackers
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

12

Breakfast

- **Apple Cinnamon Cheerios**
- Tiger Graham Crackers
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk Chocolate Low Fat Milk

13

Breakfast

- **Strawberry Cream Cheese** Stuffed Bagel
- Low Fat Mozzarella String Cheese

Chocolate Low Fat Milk

- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk

14 Breakfast

- Strawberry Nutrigrain Bar
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

15

Breakfast

- Mini Confetti Pancakes
- Strawberry Banana Bash Yogurt
  - Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
  - Chocolate Low Fat Milk

16

23

Breakfast **Apple Cinnamon Soft** Oatmeal Round

- Tiger Graham Crackers
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk Chocolate Low Fat Milk

19

20

Mid Winter Break-No School

21

Mid Winter Break-No School

22

Mid Winter Break-No School

Mid Winter Break-No School

26

Breakfast

- **Golden Grahams**
- Strawberry Banana Bash Yogurt

Mid Winter Break-No School

- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk Chocolate I ow Fat Milk

27

- Breakfast Frosted Strawberry Pop-
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% I ow-fat Milk
- Chocolate Low Fat Milk

28

Breakfast

- Whole Grain Blueberry Muffin
- Strawberry Banana Bash
- Yogurt Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk

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**Breakfast** 

- Mini Confetti Pancakes
- Low Fat Mozzarella String
- Cheese Tropical Fruit Cocktail
- Fresh Whole Fruit
- 1% Low-fat Milk
- Chocolate Low Fat Milk

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Chocolate Low Fat Milk

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