

THE MARKET MENU

February 2024

Ross Park
Lunch

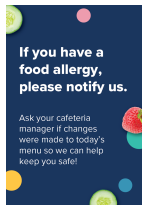
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



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1

- Main Entrees
- Buttermilk Pancakes
 - Turkey Sausage Link
 - Tater Tots
- Alternate Entrees
- Muffin, Pretzel, & Yogurt Fun Lunch

2

- Main Entrees
- French Bread Pepperoni Pizza
 - Seasoned Corn
- Alternate Entrees
- Strawberry Yogurt
 - Sliced Fresh Strawberries
 - Fresh Raspberries
 - Cheerios Cereal

5

- Main Entrees
- Mini Turkey Corn Dogs
 - Baked Beans
- Alternate Entrees
- Ham & Turkey Chef Salad
 - Whole Grain Cheez-It Crackers

6

- Main Entrees
- Roasted Jerk Chicken Drumstick
 - Cilantro Lime Brown Rice
 - Jamaican Salad with Mango, Pineapple & Raisins
- Alternate Entrees
- Cereal, Goldfish & Yogurt Fun Lunch

7

- Main Entrees
- Cinnamon French Toast
 - Scrambled Eggs
 - Sweet Potato Bites
- Alternate Entrees
- Nachos, Cheese, & Salsa Fun Lunch
 - Pretzel Goldfish

8

- Main Entrees
- Classic American Cheeseburger
 - Oven Baked Curly Fries
- Alternate Entrees
- Muffin, Pretzel, & Yogurt Fun Lunch

9

- Main Entrees
- Cheesy Italian Pull Apart
 - Seasoned Corn
- Alternate Entrees
- Strawberry Yogurt
 - Sliced Fresh Strawberries
 - Fresh Raspberries
 - Cheerios Cereal

12

- Main Entrees
- Sloppy Joe Meat
 - Baked Tortilla Scoops
 - Cinnamon Roasted Sweet Potato
- Alternate Entrees
- Ham & Turkey Chef Salad
 - Bunny Graham Friends

13

- Main Entrees
- Walking Beef Taco
 - Refried Beans
 - Seasoned Black Beans
- Alternate Entrees
- Cereal, Goldfish & Yogurt Fun Lunch

14

- Main Entrees
- Whole Grain Waffles
 - Strawberries & Whipped Topping
 - Tater Tots
 - Pork Sausage Patty
- Alternate Entrees
- Nachos, Cheese, & Salsa Fun Lunch
 - Pretzel Goldfish

15

- Main Entrees
- Turkey Ham & Cheese on a WG Croissant
 - Baked Beans
- Alternate Entrees
- Muffin, Pretzel, & Yogurt Fun Lunch

16

- Main Entrees
- Cheese Pizza Cruncher
 - Orange Glazed Carrots
 - Marinara Sauce
- Alternate Entrees
- Strawberry Yogurt
 - Sliced Fresh Strawberries
 - Fresh Raspberries
 - Cheerios Cereal

19

Mid Winter Break-No School

20

Mid Winter Break-No School

21

Mid Winter Break-No School

22

Mid Winter Break-No School

23

Mid Winter Break-No School

26

- Main Entrees
- Breaded Chicken Parmesan
 - Rotini Pasta
 - Seasoned Broccoli Florets
- Alternate Entrees
- Ham & Turkey Chef Salad
 - Bunny Graham Friends

27

- Main Entrees
- Beef Nachos
 - Refried Vegetarian Beans
- Alternate Entrees
- Cereal, Goldfish & Yogurt Fun Lunch

28

- Main Entrees
- Maple Turkey Sausage Pancake
 - Glazed Sweet Potatoes
- Alternate Entrees
- Nachos, Cheese, & Salsa Fun Lunch
 - Pretzel Goldfish

29

- Main Entrees
- Mashed Potato & Chicken Bowl
 - Mini Whole Grain Biscuit
- Alternate Entrees
- Muffin, Pretzel, & Yogurt Fun Lunch

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