THE MARKET ME

January 2024

Campbell

Lunch

MONDAY

Christmas Break

TUESDAY

Christmas Break

WEDNESDAY

Main Entrees

Mini Turkey Corn Dogs

Baked Beans Alternate Entrees

Whole Grain Pancake Bites

Vanilla Yogurt

Sliced Fresh Strawberries Pineapple Tidbits

THURSDAY

Main Entrees

Classic American Cheeseburger

Oven Baked Curly Fries

Alternate Entrees

Muffin, Pretzel, & Yogurt Fun • Lunch

FRIDAY

5

Main Entrees Cheesy Italian Pull Apart

Seasoned Corn

Marinara Sauce

Alternate Entrees

Monterey Chicken Salad

Whole Grain Cheez-It Crackers

Main Entrees

- Sloppy Joe Meat
- Baked Tortilla Scoops
- Cinnamon Roasted Sweet Potato

Alternate Entrees

- Ham & Turkey Chef Salad
- Whole Grain Cheez-It Crackers

Main Entrees

- Orange Chicken
- Brown Rice
- Garlic Soy Green Beans

Alternate Entrees

Cereal, Goldfish & Yogurt Fun Lunch

10

Main Entrees

- · Turkey Ham & Cheese Croissant
- **Baked Beans** Alternate Entrees
- Whole Grain Pancake Bites
- Vanilla Yogurt
- Sliced Fresh Strawberries
- **Pineapple Tidbits**

11

Main Entrees · Whole Grain Waffles

- Chicken Tenders
- Tater Tots

Alternate Entrees

Muffin, Pretzel, & Yogurt Fun • Lunch

12

Main Entrees Cheese Pizza Cruncher

- Marinara Sauce
- **Roasted Cauliflower**

Alternate Entrees

Monterey Chicken Salad

Whole Grain Cheez-It Crackers

15

MLK Day-No School

16

Main Entrees

- **Walking Beef Taco**
- Refried Vegetarian Beans Alternate Entrees
- Cereal, Goldfish & Yogurt Fun Lunch

17

Main Entrees

· Chicken Broccoli Alfredo

Alternate Entrees

- Whole Grain Pancake Bites
- Vanilla Yogurt
- Sliced Fresh Strawberries
- Pineapple Tidbits

18

Main Entrees

- · Whole Grain French Toast Sticks
- Scrambled Eggs
- Sweet Potato Tots

Alternate Entrees

Muffin, Pretzel, & Yogurt Fun Lunch

19

- Main Entrees Personal Pepperoni Pizza
- Corn

Alternate Entrees

- · Monterey Chicken Salad
- Whole Grain Cheez-It

Crackers

22

Main Entrees

- Breaded Chicken Parmesan •
- Rotini Pasta
- Seasoned Broccoli Florets Alternate Entrees
- Ham & Turkey Chef Salad
- Whole Grain Cheez-It Crackers

23

Main Entrees

- Maple Turkey Sausage Pancake
- **Glazed Sweet Potatoes**
- Apple Crisp

Alternate Entrees

Cereal, Goldfish & Yogurt Fun Lunch

24

Main Entrees

- Fiestada Beef Stuffed Sandwich
- Refried Vegetarian Beans Alternate Entrees
- Whole Grain Pancake Bites
- Vanilla Yogurt
- Sliced Fresh Strawberries
- Pineapple Tidbits

25

Main Entrees

- Cheese Lasagna Rollup Herbed Broccoli & Cauliflower
- Alternate Entrees
- Muffin, Pretzel, & Yogurt Fun Lunch

26

- Main Entrees Classic Pepperoni Pizza
- Seasoned Corn Alternate Entrees
- Monterey Chicken Salad
- Whole Grain Cheez-It Crackers

29

Main Entrees

- Biscuit, Egg & Potato **Breakfast Bowl**
- Alternate Entrees Ham & Turkey Chef Salad **Bunny Graham Friends**

30

- Main Entrees Cheese Stuffed Breadsticks • Beef Nachos
- Marinara Sauce
- Cinnamon Glazed Carrots

Alternate Entrees

Cereal, Goldfish & Yogurt Fun Lunch

31

Main Entrees

- Refried Beans
- Alternate Entrees Whole Grain Pancake Bites
- Vanilla Yogurt
- Sliced Fresh Strawberries
- Pineapple Tidbits



Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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