THE MARKET MEN

January 2024

Campbell Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Christmas Break	2 Christmas Break	3 Breakfast • Whole Grain Blueberry Muffin • Low Fat Mozzarella String Cheese • Tropical Fruit Cocktail • Fresh Whole Fruit • 1% Low-fat Milk • Chocolate Low Fat Milk	4 Breakfast • Mini Confetti Pancakes • Strawberry Banana Bash Yogurt • Tropical Fruit Cocktail • Fresh Whole Fruit • 1% Low-fat Milk • Chocolate Low Fat Milk	5 Breakfast • Apple Cinnamon Soft Oatmeal Round • Bunny Graham Friends • Tropical Fruit Cocktail • Fresh Whole Fruit • 1% Low-fat Milk • Chocolate Low Fat Milk
8 reakfast Apple Cinnamon Cheerios Strawberry Banana Bash Yogurt Tropical Fruit Cocktail Fresh Whole Fruit 1% Low-fat Milk Chocolate Low Fat Milk	 9 Breakfast Cinnamon Cream Cheese Stuffed Bagel Low Fat Mozzarella String Cheese Tropical Fruit Cocktail Fresh Whole Fruit 1% Low-fat Milk Chocolate Low Fat Milk 	10 Breakfast • Strawberry Nutrigrain Bar • Tiger Graham Crackers • Tropical Fruit Cocktail • Fresh Whole Fruit • 1% Low-fat Milk • Chocolate Low Fat Milk	 Breakfast Mini Maple Madness Waffle Strawberry Banana Bash Yogurt Tropical Fruit Cocktail Fresh Whole Fruit 1% Low-fat Milk Chocolate Low Fat Milk 	12 Breakfast s Lucky Charms Tiger Graham Crackers Tropical Fruit Cocktail Fresh Whole Fruit 1% Low-fat Milk Chocolate Low Fat Milk
15 MLK Day-No School	 16 Breakfast Frosted Strawberry Pop-Tart Low Fat Mozzarella String Cheese Tropical Fruit Cocktail Fresh Whole Fruit 1% Low-fat Milk Chocolate Low Fat Milk 	 17 Breakfast Whole Grain Blueberry Muffin Low Fat Mozzarella String Cheese Tropical Fruit Cocktail Fresh Whole Fruit 1% Low-fat Milk Chocolate Low Fat Milk 	 18 Breakfast Mini Confetti Pancakes Strawberry Banana Bash Yogurt Tropical Fruit Cocktail Fresh Whole Fruit 1% Low-fat Milk Chocolate Low Fat Milk 	 19 Breakfast Banana Chocolate Chip Scoolate and Chocolate Chip Scoolate and Chocolate Chip Scoolate and Chocolate a
22 eakfast Apple Cinnamon Cheerios Tiger Graham Crackers Tropical Fruit Cocktail Fresh Whole Fruit 1% Low-fat Milk Chocolate Low Fat Milk	23 Breakfast • Strawberry Cream Cheese Stuffed Bagel • Low Fat Mozzarella String Cheese • Tropical Fruit Cocktail • Fresh Whole Fruit • 1% Low-fat Milk • Chocolate Low Fat Milk	24 Breakfast • Strawberry Nutrigrain Bar • Low Fat Mozzarella String Cheese • Tropical Fruit Cocktail • Fresh Whole Fruit • 1% Low-fat Milk • Chocolate Low Fat Milk	 25 Breakfast Mini Confetti Pancakes Strawberry Banana Bash Yogurt Tropical Fruit Cocktail Fresh Whole Fruit 1% Low-fat Milk Chocolate Low Fat Milk 	26 Breakfast • Apple Cinnamon Soft Oatmeal Round • Tiger Graham Crackers • Tropical Fruit Cocktail • Fresh Whole Fruit • 1% Low-fat Milk • Chocolate Low Fat Milk
29 reakfast Apple Cinnamon Cheerios Strawberry Banana Bash Yogurt Tropical Fruit Cocktail Fresh Whole Fruit 2% Low fat Milk	30 Breakfast • Frosted Strawberry Pop-Tart • Low Fat Mozzarella String Cheese • Tropical Fruit Cocktail • Fresh Whole Fruit • 1% Low fat Milk	31 Breakfast • Whole Grain Blueberry Muffin • Low Fat Mozzarella String Cheese • Tropical Fruit Cocktail Ercet Whole Eruit	If you have a food allergy, please notify us.	Menus Subject to Change We try our best to serve our menu. as posted; however, sometime last minute changes occur. Please check with the cafe manager prior to the meal if yu

Fresh Whole Fruit

• 1% Low-fat Milk Chocolate Low Fat Milk

- 1% Low-fat Milk
- Chocolate Low Fat Milk

• 1% Low-fat Milk

Chocolate Low Fat Milk

manager prior to the meal if you have any concerns.

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