

THE MARKET MENU

January 2024

Lincoln Park
Lunch

MONDAY

1

Christmas Break

TUESDAY

2

Christmas Break

WEDNESDAY

3

Main Entrees
 • Mini Turkey Corn Dogs
 • Baked Beans
 Alternate Entrees
 • Build Your Own Pizza Fun Lunch

THURSDAY

4

Main Entrees
 • Whole Grain French Toast Sticks
 • Scrambled Eggs
 • Sweet Potato Bites
 Alternate Entrees
 • Muffin, Pretzel, & Yogurt Fun Lunch

FRIDAY

5

Main Entrees
 • Pepperoni Flatbread
 • Seasoned Corn
 Alternate Entrees
 • Berry Parfait with Granola

8

Main Entrees
 • Sloppy Joe Meat
 • Baked Tortilla Scoops
 • Cinnamon Roasted Sweet Potato
 Alternate Entrees
 • Ham & Turkey Chef Salad
 • Whole Grain Cheez-It Crackers

9

Main Entrees
 • Chicken and Broccoli Stir Fry
 • Fried Brown Rice
 Alternate Entrees
 • Cereal, Goldfish & Yogurt Fun Lunch

10

Main Entrees
 • Whole Grain Waffles
 • Chicken Tenders
 • Tater Tots
 Alternate Entrees
 • Build Your Own Pizza Fun Lunch

11

Main Entrees
 • Hot Turkey & Cheese Sliders
 • Baked Beans
 Alternate Entrees
 • Muffin, Pretzel, & Yogurt Fun Lunch

12

Main Entrees
 • Pepperoni & Cheese Calzone
 • Orange Glazed Carrots
 Alternate Entrees
 • Berry Parfait with Granola

15

MLK Day-No School

16

Main Entrees
 • Walking Beef Taco
 • Mexican Style Refried Beans
 Alternate Entrees
 • Cereal, Goldfish & Yogurt Fun Lunch

17

Main Entrees
 • Crispy Chicken Patty Sandwich
 • Baked Beans
 Alternate Entrees
 • Build Your Own Pizza Fun Lunch

18

Main Entrees
 • Beef Hot Dog on Whole Wheat
 • Oven Baked Curly Fries
 Alternate Entrees
 • Muffin, Pretzel, & Yogurt Fun Lunch

19

Main Entrees
 • Classic Pepperoni Pizza
 • Caesar Salad
 Alternate Entrees
 • Berry Parfait with Granola

22

Main Entrees
 • Breaded Chicken Parmesan
 • Rotini Pasta
 • Seasoned Broccoli Florets
 Alternate Entrees
 • Ham & Turkey Chef Salad
 • Whole Grain Cheez-It Crackers

23

Main Entrees
 • Classic American Cheeseburger
 • Baked Beans
 Alternate Entrees
 • Cereal, Goldfish & Yogurt Fun Lunch

24

Main Entrees
 • Mini Maple Pancake Wraps
 • Glazed Sweet Potatoes
 Alternate Entrees
 • Build Your Own Pizza Fun Lunch

25

Main Entrees
 • Breaded Chicken Drumstick
 • Garlic Mashed Potatoes
 • Whole Grain Corn Muffin
 • Baked Beans
 Alternate Entrees
 • Muffin, Pretzel, & Yogurt Fun Lunch

26

Main Entrees
 • Classic Pepperoni Pizza
 • Seasoned Corn
 Alternate Entrees
 • Apple Cinnamon Parfait with Granola

29

Main Entrees
 • Mashed Potato & Chicken Bowl
 • Whole Grain Dinner Roll
 Alternate Entrees
 • Ham & Turkey Chef Salad
 • Whole Grain Cheez-It Crackers

30

Main Entrees
 • Cheese Stuffed Breadsticks
 • Marinara Sauce
 • Cinnamon Glazed Carrots
 Alternate Entrees
 • Cereal, Goldfish & Yogurt Fun Lunch

31

Main Entrees
 • Buttermilk Pancakes
 • Turkey Sausage Link
 • Tater Tots
 Alternate Entrees
 • Build Your Own Pizza Fun Lunch



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