



MenuWorks Weekly Menu - K12

Report Run By: BETHANY TAYLOR MOORE

Run Date: 09/03/2023

Mona Shores Public Schools (22914)

Middle School 23-24					Week 20
	Monday (09/11/2023)	Tuesday (09/12/2023)	Wednesday (09/13/2023)	Thursday (09/14/2023)	Friday (09/15/2023)
Lunch : Create					
Entrée 1	Chicken Parmesan 34921.101	Beef Hot Dog on Whole Wheat 37908.209	Pork Nachos 47303.313	Whole Grain French Toast Sticks 34512.49	Popcorn Shrimp Po' Boy 97378
Side 1	Cinnamon Breadstick 41161.41		Fresh Diced Tomatoes 37916	Egg Bake 34176.19	Oven Baked Curly Fries 34801.20
Side 2	Broccoli 34655.35	Chili Lime Corn on the Cob 38352.1	Shredded Lettuce 37862.2	Roasted Sweet Potatoes 33992.118	
Side 3	Spaghetti 35978.1	Shredded Cheddar Cheese 37852	Black Bean Salad 34545		
Side 4		Carolina Slaw 35364.3			
Side 5		French Fries 42877.23			
Side 6		Buffalo Sauce 65660.1			
Side 7		Chipotle Sauce 47496.5			
Side 8		Creamy Jalapeno Cheddar Cheese Sauce 37787.10			
Condiment 1		Honey BBQ Sauce 47496.3			
Condiment 2		Chipotle Sauce 47496.5			
Side 9		Sauteed Onions 37412.2			
Lunch : Butcher & Baker					
Entrée 1	Deli Turkey 41571.40	Deli Turkey 41571.40	Deli Turkey 41571.40	Deli Turkey 41571.40	Deli Turkey 41571.40
Entrée 2	Cooked Diced Ham 37786.15	Cooked Diced Ham 37786.15	Cooked Diced Ham 37786.15	Cooked Diced Ham 37786.15	Cooked Diced Ham 37786.15

Bold indicates Entree Category

Italics indicates a Bundle

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Lunch : Butcher & Baker					
Entrée 3	Grilled Chicken Patty 34513.28	Grilled Chicken Patty 34513.28	Grilled Chicken Patty 34513.28	Grilled Chicken Patty 34513.28	Grilled Chicken Patty 34513.28
Entrée 4	Chicken Patty 39397.25	Chicken Patty 39397.25	Chicken Patty 39397.25	Chicken Patty 39397.25	Chicken Patty 39397.25
Entrée 5	Chicken Salad 34807	Chicken Salad 34807	Chicken Salad 34807	Chicken Salad 34807	Chicken Salad 34807
Entrée 6	Beef Philly Steak 41448.4	Beef Philly Steak 41448.4	Beef Philly Steak 41448.4	Beef Philly Steak 41448.4	Beef Philly Steak 41448.4
Side 1	American Cheese 37852.6	American Cheese 37852.6	American Cheese 37852.6	American Cheese 37852.6	American Cheese 37852.6
Side 3	Provolone Cheese 37852.15	Provolone Cheese 37852.15	Provolone Cheese 37852.15	Provolone Cheese 37852.15	Provolone Cheese 37852.15
Side 4	Swiss Cheese 37852.39	Swiss Cheese 37852.39	Swiss Cheese 37852.39	Swiss Cheese 37852.39	Swiss Cheese 37852.39
Side 26	Sub Roll 41161.12	Sub Roll 41161.12	Sub Roll 41161.12	Sub Roll 41161.12	Sub Roll 41161.12
Side 27	Soft Flour Tortilla 42669.9	Soft Flour Tortilla 42669.9	Soft Flour Tortilla 42669.9	Soft Flour Tortilla 42669.9	Soft Flour Tortilla 42669.9
Side 5	Pepper Jack Cheese 37852.45	Pepper Jack Cheese 37852.45	Pepper Jack Cheese 37852.45	Pepper Jack Cheese 37852.45	Pepper Jack Cheese 37852.45
Side 6	Shredded Cheddar 37852.4	Shredded Cheddar 37852.4	Shredded Cheddar 37852.4	Shredded Cheddar 37852.4	Shredded Cheddar 37852.4
Side 7	Sub Roll 41161.13	Sub Roll 41161.13	Sub Roll 41161.13	Sub Roll 41161.13	Sub Roll 41161.13
Side 8	Soft Flour Tortilla 42669.2	Soft Flour Tortilla 42669.2	Soft Flour Tortilla 42669.2	Soft Flour Tortilla 42669.2	Soft Flour Tortilla 42669.2
Side 9	Flatbread 38026.39	Flatbread 38026.39	Flatbread 38026.39	Flatbread 38026.39	Flatbread 38026.39
Side 10	Shredded Romaine Lettuce 52509.7	Shredded Romaine Lettuce 52509.7	Shredded Romaine Lettuce 52509.7	Shredded Romaine Lettuce 52509.7	Shredded Romaine Lettuce 52509.7
Side 11	Sliced Tomatoes 37916.1	Sliced Tomatoes 37916.1	Sliced Tomatoes 37916.1	Sliced Tomatoes 37916.1	Sliced Tomatoes 37916.1

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Lunch : Butcher & Baker					
Side 12	Sliced Cucumbers 39949	Sliced Cucumbers 39949	Sliced Cucumbers 39949	Sliced Cucumbers 39949	Sliced Cucumbers 39949
Side 13	Fresh Sliced Red Onion 37412.10	Fresh Sliced Red Onion 37412.10	Fresh Sliced Red Onion 37412.10	Fresh Sliced Red Onion 37412.10	Fresh Sliced Red Onion 37412.10
Side 14	Red and Green Bell Pepper Strips 39236.1	Red and Green Bell Pepper Strips 39236.1	Red and Green Bell Pepper Strips 39236.1	Red and Green Bell Pepper Strips 39236.1	Red and Green Bell Pepper Strips 39236.1
Side 15	Hard Boiled Egg 39241.1	Hard Boiled Egg 39241.1	Hard Boiled Egg 39241.1	Hard Boiled Egg 39241.1	Hard Boiled Egg 39241.1
Side 16	Fresh Jalapenos 39508.4	Fresh Jalapenos 39508.4	Fresh Jalapenos 39508.4	Fresh Jalapenos 39508.4	Fresh Jalapenos 39508.4
Side 17	Mayo 34927	Mayo 34927	Mayo 34927	Mayo 34927	Mayo 34927
Side 18	Herb Mayo 49196.2	Herb Mayo 49196.2	Herb Mayo 49196.2	Herb Mayo 49196.2	Herb Mayo 49196.2
Side 19	Homemade Ranch Dressing 39425	Homemade Ranch Dressing 39425	Homemade Ranch Dressing 39425	Homemade Ranch Dressing 39425	Homemade Ranch Dressing 39425
Side 20	Southwest Ranch Dressing 38077.1	Southwest Ranch Dressing 38077.1	Southwest Ranch Dressing 38077.1	Southwest Ranch Dressing 38077.1	Southwest Ranch Dressing 38077.1
Side 21	Yellow Mustard 34929	Yellow Mustard 34929	Yellow Mustard 34929	Yellow Mustard 34929	Yellow Mustard 34929
Side 22	Sweet Mustard Dressing 34932.22	Sweet Mustard Dressing 34932.22	Sweet Mustard Dressing 34932.22	Sweet Mustard Dressing 34932.22	Sweet Mustard Dressing 34932.22
Side 23	Light Italian Dressing 34931.24	Light Italian Dressing 34931.24	Light Italian Dressing 34931.24	Light Italian Dressing 34931.24	Light Italian Dressing 34931.24
Side 24	BBQ Sauce 37909.1	BBQ Sauce 37909.1	BBQ Sauce 37909.1	BBQ Sauce 37909.1	BBQ Sauce 37909.1
Lunch : 2Mato					
Entrée 1	Classic Cheese Pizza 34238.1006	Classic Cheese Pizza 34238.1006	Classic Cheese Pizza 34238.1006	Classic Cheese Pizza 34238.1006	Classic Cheese Pizza 34238.1006
Entrée 2	Classic Pepperoni Pizza 34238.1044	Classic Pepperoni Pizza 34238.1044	Classic Pepperoni Pizza 34238.1044	Classic Pepperoni Pizza 34238.1044	Classic Pepperoni Pizza 34238.1044

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Lunch : 2Mato					
Entrée 3	Italian Sausage Pizza 34238.1071	Italian Sausage Pizza 34238.1071	Italian Sausage Pizza 34238.1071	Italian Sausage Pizza 34238.1071	Italian Sausage Pizza 34238.1071
Entrée 4	BBQ Chicken Flatbread 34761.158	Fiestada Pizza 70551.27	Turkey Ham & Cheese Stromboli 34899.288	Meat Lover's Pizza 34238.1184	Buffalo Chicken Calzone 34899.302
Lunch : Grill					
Entrée 1	Classic American Cheeseburger 34925.509	Classic American Cheeseburger 34925.509	Classic American Cheeseburger 34925.509	Classic American Cheeseburger 34925.509	Classic American Cheeseburger 34925.509
Entrée 2	Crispy Chicken Patty Sandwich 34921.177	Crispy Chicken Patty Sandwich 34921.177	Crispy Chicken Patty Sandwich 34921.177	Crispy Chicken Patty Sandwich 34921.177	Crispy Chicken Patty Sandwich 34921.177
Entrée 3	Spicy Chicken Sandwich 43905.33	Spicy Chicken Sandwich 43905.33	Spicy Chicken Sandwich 43905.33	Spicy Chicken Sandwich 43905.33	Spicy Chicken Sandwich 43905.33
Lunch : On the Go					
Entrée 1	Ham & Turkey Chef Salad 39888.17	Ham & Turkey Chef Salad 39888.17	Ham & Turkey Chef Salad 39888.17	Ham & Turkey Chef Salad 39888.17	Ham & Turkey Chef Salad 39888.17
Entrée 2	Chicken Caesar Salad 39888.189	Chicken Caesar Salad 39888.189	Chicken Caesar Salad 39888.189	Chicken Caesar Salad 39888.189	Chicken Caesar Salad 39888.189
Entrée 4	Turkey Ham & Cheese Sub 37782.238	Turkey Ham & Cheese Sub 37782.238	Turkey Ham & Cheese Sub 37782.238	Turkey Ham & Cheese Sub 37782.238	Turkey Ham & Cheese Sub 37782.238
Side 1	Whole Grain Parmesan Herb Croutons 42866.22	Whole Grain Parmesan Herb Croutons 42866.22	Whole Grain Parmesan Herb Croutons 42866.22	Whole Grain Parmesan Herb Croutons 42866.22	Whole Grain Parmesan Herb Croutons 42866.22
Side 2	Dinner Roll 70574	Dinner Roll 70574	Dinner Roll 70574	Dinner Roll 70574	Dinner Roll 70574
Entrée 5	Strawberry Parfait with Granola 34510.22	Strawberry Parfait with Granola 34510.22	Strawberry Parfait with Granola 34510.22	Strawberry Parfait with Granola 34510.22	Strawberry Parfait with Granola 34510.22
Entrée 6	Beef Taco Salad 34965.27	Beef Taco Salad 34965.27	Beef Taco Salad 34965.27	Beef Taco Salad 34965.27	Beef Taco Salad 34965.27
Lunch : Fruit & Vegetable Bar					
Fruit 1	Fruit Cocktail 39262	Cinnamon Applesauce 33761.7	Diced Watermelon 38922	Kiwi Slices 39257.1	Chilled Peaches 33761.77
Fruit 2	Sliced Fresh Strawberries 39261	Chilled Apricots 33761.5	Mandarin Oranges 33761.6	Chilled Pears 33761.9	Cantaloupe 39948

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Lunch : Fruit & Vegetable Bar					
Vegetable 1	Citrus Kidney & Garbanzo Bean Salad 37395.19	German Potato Salad 39988.12	Raspberry Super Food Slaw 121951.2	Fresh Cauliflower Florets 37456.18	Spinach and Cranberry Salad 40243.20
Vegetable 2	Fresh Carrots 35660	Fresh Broccoli Florets 37456.20	Fresh Celery Sticks 37458.24	Fresh Carrots 35660.1	Fresh Radish 37458.19
Lunch : Milk & Condiments					
Milk 1	1% Low-fat Milk 76631	1% Low-fat Milk 76631	1% Low-fat Milk 76631	1% Low-fat Milk 76631	1% Low-fat Milk 76631
Milk 2	Chocolate Skim Milk 78912	Chocolate Skim Milk 78912	Chocolate Skim Milk 78912	Chocolate Skim Milk 78912	Chocolate Skim Milk 78912
Milk 3	Strawberry Fat Free Milk 82129	Strawberry Fat Free Milk 82129	Strawberry Fat Free Milk 82129	Strawberry Fat Free Milk 82129	Strawberry Fat Free Milk 82129

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