



# MenuWorks Weekly Menu - K12

Report Run By: BETHANY TAYLOR MOORE

Run Date: 09/03/2023

Mona Shores Public Schools (22914)

Middle School 23-24					Week 19
	Monday (09/04/2023)	Tuesday (09/05/2023)	Wednesday (09/06/2023)	Thursday (09/07/2023)	Friday (09/08/2023)
<b>Lunch : Create</b>					
<b>Entrée 1</b>	N/A	<b>Vanilla Yogurt</b> 42912.9	<b>Carolina Bird Dog</b> 35365.130	<b>Tater Tots</b> 34680.23	<b>Classic American Cheeseburger</b> 34925.804
<b>Entrée 2</b>	N/A	<b>Blueberry Yogurt</b> 42912.16			<b>Taco Impossible Burger</b> 34925.1254
Side 1	N/A	Strawberries 67054.19	BBQ Baked Beans 37784.33	Pulled Pork 73930.6	Tater Tots 34680.23
Side 2	N/A	Blueberries 67054		Creamy White Cheese Sauce 17660.5	
Side 3	N/A	Fresh Blackberries 43535.5		Fresh Green Onions 39399	
Side 4	N/A	Fresh Raspberries 43535.6		Fresh Diced Tomatoes 37916	
Side 5	N/A	Sliced Banana 43535.2		Shredded Lettuce 37862	
Side 6	N/A	Homemade Granola 47534.7		Whole Grain Dinner Roll 70574.3	
<b>Lunch : Butcher &amp; Baker</b>					
<b>Entrée 1</b>	N/A	<b>Deli Turkey</b> 41571.40	<b>Deli Turkey</b> 41571.40	<b>Deli Turkey</b> 41571.40	<b>Deli Turkey</b> 41571.40
<b>Entrée 2</b>	N/A	<b>Cooked Diced Ham</b> 37786.15	<b>Cooked Diced Ham</b> 37786.15	<b>Cooked Diced Ham</b> 37786.15	<b>Cooked Diced Ham</b> 37786.15
<b>Entrée 3</b>	N/A	<b>Grilled Chicken Patty</b> 34513.28	<b>Grilled Chicken Patty</b> 34513.28	<b>Grilled Chicken Patty</b> 34513.28	<b>Grilled Chicken Patty</b> 34513.28
<b>Entrée 4</b>	N/A	<b>Chicken Patty</b> 39397.25	<b>Chicken Patty</b> 39397.25	<b>Chicken Patty</b> 39397.25	<b>Chicken Patty</b> 39397.25
<b>Entrée 5</b>	N/A	<b>Homemade Tuna Salad</b> 40242	<b>Homemade Tuna Salad</b> 40242	<b>Homemade Tuna Salad</b> 40242	<b>Homemade Tuna Salad</b> 40242
<b>Entrée 6</b>	N/A	<b>Meatballs in Zesty Marinara</b> 40135.15	<b>Meatballs in Zesty Marinara</b> 40135.15	<b>Meatballs in Zesty Marinara</b> 40135.15	<b>Meatballs in Zesty Marinara</b> 40135.15
Side 1	N/A	American Cheese 37852.6	American Cheese 37852.6	American Cheese 37852.6	American Cheese 37852.6

Bold indicates Entree Category

Italics indicates a Bundle

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<b>Lunch : Butcher &amp; Baker</b>						
Side 3	N/A	Provolone Cheese 37852.15	Provolone Cheese 37852.15	Provolone Cheese 37852.15	Provolone Cheese 37852.15	
Side 4	N/A	Swiss Cheese 37852.39	Swiss Cheese 37852.39	Swiss Cheese 37852.39	Swiss Cheese 37852.39	
Side 26	N/A	Sub Roll 41161.12	Sub Roll 41161.12	Sub Roll 41161.12	Sub Roll 41161.12	
Side 27	N/A	Soft Flour Tortilla 42669.9	Soft Flour Tortilla 42669.9	Soft Flour Tortilla 42669.9	Soft Flour Tortilla 42669.9	
Side 5	N/A	Pepper Jack Cheese 37852.45	Pepper Jack Cheese 37852.45	Pepper Jack Cheese 37852.45	Pepper Jack Cheese 37852.45	
Side 6	N/A	Shredded Cheddar 37852.4	Shredded Cheddar 37852.4	Shredded Cheddar 37852.4	Shredded Cheddar 37852.4	
Side 7	N/A	Sub Roll 41161.13	Sub Roll 41161.13	Sub Roll 41161.13	Sub Roll 41161.13	
Side 8	N/A	Soft Flour Tortilla 42669.2	Soft Flour Tortilla 42669.2	Soft Flour Tortilla 42669.2	Soft Flour Tortilla 42669.2	
Side 9	N/A	Flatbread 38026.39	Flatbread 38026.39	Flatbread 38026.39	Flatbread 38026.39	
Side 10	N/A	Shredded Romaine Lettuce 52509.7	Shredded Romaine Lettuce 52509.7	Shredded Romaine Lettuce 52509.7	Shredded Romaine Lettuce 52509.7	
Side 11	N/A	Sliced Tomatoes 37916.1	Sliced Tomatoes 37916.1	Sliced Tomatoes 37916.1	Sliced Tomatoes 37916.1	
Side 12	N/A	Sliced Cucumbers 39949	Sliced Cucumbers 39949	Sliced Cucumbers 39949	Sliced Cucumbers 39949	
Side 13	N/A	Fresh Sliced Red Onion 37412.10	Fresh Sliced Red Onion 37412.10	Fresh Sliced Red Onion 37412.10	Fresh Sliced Red Onion 37412.10	
Side 14	N/A	Red and Green Bell Pepper Strips 39236.1	Red and Green Bell Pepper Strips 39236.1	Red and Green Bell Pepper Strips 39236.1	Red and Green Bell Pepper Strips 39236.1	
Side 15	N/A	Hard Boiled Egg 39241.1	Hard Boiled Egg 39241.1	Hard Boiled Egg 39241.1	Hard Boiled Egg 39241.1	
Side 16	N/A	Fresh Jalapenos 39508.4	Fresh Jalapenos 39508.4	Fresh Jalapenos 39508.4	Fresh Jalapenos 39508.4	

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<b>Lunch : Butcher &amp; Baker</b>					
Side 17	N/A	Mayo 34927	Mayo 34927	Mayo 34927	Mayo 34927
Side 18	N/A	Herb Mayo 49196.2	Herb Mayo 49196.2	Herb Mayo 49196.2	Herb Mayo 49196.2
Side 19	N/A	Homemade Ranch Dressing 39425	Homemade Ranch Dressing 39425	Homemade Ranch Dressing 39425	Homemade Ranch Dressing 39425
Side 20	N/A	Southwest Ranch Dressing 38077.1	Southwest Ranch Dressing 38077.1	Southwest Ranch Dressing 38077.1	Southwest Ranch Dressing 38077.1
Side 21	N/A	Yellow Mustard 34929	Yellow Mustard 34929	Yellow Mustard 34929	Yellow Mustard 34929
Side 22	N/A	Sweet Mustard Dressing 34932.22	Sweet Mustard Dressing 34932.22	Sweet Mustard Dressing 34932.22	Sweet Mustard Dressing 34932.22
Side 23	N/A	Light Italian Dressing 34931.24	Light Italian Dressing 34931.24	Light Italian Dressing 34931.24	Light Italian Dressing 34931.24
Side 24	N/A	BBQ Sauce 37909.1	BBQ Sauce 37909.1	BBQ Sauce 37909.1	BBQ Sauce 37909.1
<b>Lunch : 2Mato</b>					
<b>Entrée 1</b>	N/A	<b>Classic Cheese Pizza</b> 34238.1006	<b>Classic Cheese Pizza</b> 34238.1006	<b>Classic Cheese Pizza</b> 34238.1006	<b>Classic Cheese Pizza</b> 34238.1006
<b>Entrée 2</b>	N/A	<b>Classic Pepperoni Pizza</b> 34238.1044	<b>Classic Pepperoni Pizza</b> 34238.1044	<b>Classic Pepperoni Pizza</b> 34238.1044	<b>Classic Pepperoni Pizza</b> 34238.1044
<b>Entrée 3</b>	N/A	<b>Italian Sausage Pizza</b> 34238.1071	<b>Italian Sausage Pizza</b> 34238.1071	<b>Italian Sausage Pizza</b> 34238.1071	<b>Italian Sausage Pizza</b> 34238.1071
<b>Entrée 4</b>	N/A	<b>Cheese Stuffed Breadsticks</b> 35341.4	<b>Buffalo Chicken Calzone</b> 34899.247	<b>Ham &amp; Pineapple Pizza</b> 34238.1350	<b>Pepperoni &amp; Cheese Stuffed Rip &amp; Dip</b> 34899.312
Side 1	N/A	Marinara Sauce 85087			
<b>Lunch : Grill</b>					
<b>Entrée 1</b>	N/A	<b>Classic American Cheeseburger</b> 34925.509	<b>Classic American Cheeseburger</b> 34925.509	<b>Classic American Cheeseburger</b> 34925.509	<b>Classic American Cheeseburger</b> 34925.509

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<b>Lunch : Grill</b>					
<b>Entrée 2</b>	N/A	<b>Crispy Chicken Patty Sandwich</b> 34921.177	<b>Crispy Chicken Patty Sandwich</b> 34921.177	<b>Crispy Chicken Patty Sandwich</b> 34921.177	<b>Crispy Chicken Patty Sandwich</b> 34921.177
<b>Entrée 3</b>	N/A	<b>Spicy Chicken Sandwich</b> 43905.33	<b>Spicy Chicken Sandwich</b> 43905.33	<b>Spicy Chicken Sandwich</b> 43905.33	<b>Spicy Chicken Sandwich</b> 43905.33
<b>Entrée 4</b>	N/A	<b>Turkey Ham &amp; Cheese on Flatbread</b> 43178.41	<b>BBQ Beef Sandwich</b> 41217.341	<b>Cheddar &amp; Apple Meltdown Panini</b> 89291	
<b>Lunch : On the Go</b>					
<b>Entrée 1</b>	N/A	<b>Ham &amp; Turkey Chef Salad</b> 39888.17	<b>Ham &amp; Turkey Chef Salad</b> 39888.17	<b>Ham &amp; Turkey Chef Salad</b> 39888.17	<b>Ham &amp; Turkey Chef Salad</b> 39888.17
<b>Entrée 2</b>	N/A	<b>Chicken Caesar Salad</b> 39888.189	<b>Chicken Caesar Salad</b> 39888.189	<b>Chicken Caesar Salad</b> 39888.189	<b>Chicken Caesar Salad</b> 39888.189
<b>Entrée 3</b>	N/A	<b>Spinach Salad with Bacon and Egg</b> 34815.24	<b>Spinach Salad with Bacon and Egg</b> 34815.24	<b>Spinach Salad with Bacon and Egg</b> 34815.24	<b>Spinach Salad with Bacon and Egg</b> 34815.24
<b>Entrée 4</b>	N/A	<b>Turkey Ham &amp; Cheese Sub</b> 37782.238	<b>Turkey Ham &amp; Cheese Sub</b> 37782.238	<b>Turkey Ham &amp; Cheese Sub</b> 37782.238	<b>Turkey Ham &amp; Cheese Sub</b> 37782.238
<b>Side 1</b>	N/A	<b>Whole Grain Parmesan Herb Croutons</b> 42866.22	<b>Whole Grain Parmesan Herb Croutons</b> 42866.22	<b>Whole Grain Parmesan Herb Croutons</b> 42866.22	<b>Whole Grain Parmesan Herb Croutons</b> 42866.22
<b>Side 2</b>	N/A	<b>Dinner Roll</b> 70574	<b>Dinner Roll</b> 70574	<b>Dinner Roll</b> 70574	<b>Dinner Roll</b> 70574
<b>Entrée 5</b>	N/A	<b>Strawberry Parfait with Granola</b> 34510.22	<b>Strawberry Parfait with Granola</b> 34510.22	<b>Strawberry Parfait with Granola</b> 34510.22	<b>Strawberry Parfait with Granola</b> 34510.22
<b>Entrée 6</b>	N/A	<b>Beef Taco Salad</b> 34965.27	<b>Beef Taco Salad</b> 34965.27	<b>Beef Taco Salad</b> 34965.27	<b>Beef Taco Salad</b> 34965.27
<b>Lunch : Fruit &amp; Vegetable Bar</b>					
<b>Fruit 1</b>	N/A	<b>Pineapple Cubes</b> 38922.6	<b>Sliced Fresh Strawberries</b> 39261	<b>Fruit Cocktail</b> 39262	<b>Diced Watermelon</b> 38922
<b>Fruit 2</b>	N/A	<b>Fresh Red Seedless Grapes</b> 39952	<b>Kiwi Wedges</b> 39257	<b>Fresh Red Seedless Grapes</b> 39952	<b>Cantaloupe</b> 39948

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<b>Lunch : Fruit &amp; Vegetable Bar</b>					
Vegetable 1	N/A	Fresh Green Beans 41127	Sliced Zucchini 40763.3	Tomato, Mozzarella & Basil Salad 80278	Spinach and Cranberry Salad 40243.20
Vegetable 2	N/A	Fresh Carrots 35660	Fresh Broccoli Florets 37456.17	Fresh Celery Sticks 37458.24	Fresh Cauliflower Florets 37456.5
Vegetable 3	N/A	Homestyle Potato Salad 39988	Corn & Black Bean Salad 35338.5		
Vegetable 4	N/A	Corn & Black Bean Salad 35338.5	Mexican Pinto Bean & Cilantro Salad 37395.1		
<b>Lunch : Milk &amp; Condiments</b>					
Milk 1	N/A	1% Low-fat Milk 76631	1% Low-fat Milk 76631	1% Low-fat Milk 76631	1% Low-fat Milk 76631
Milk 2	N/A	Chocolate Skim Milk 78912	Chocolate Skim Milk 78912	Chocolate Skim Milk 78912	Chocolate Skim Milk 78912
Milk 3	N/A	Strawberry Fat Free Milk 82129	Strawberry Fat Free Milk 82129	Strawberry Fat Free Milk 82129	Strawberry Fat Free Milk 82129
Condiment 1	N/A	Ketchup Packet 77319	Ketchup Packet 77319	Ketchup Packet 77319	Ketchup Packet 77319
Condiment 2	N/A	Yellow Mustard 34929	Yellow Mustard 34929	Yellow Mustard 34929	Yellow Mustard 34929
Condiment 3	N/A	Mayonnaise 105098	Mayonnaise 105098	Mayonnaise 105098	Mayonnaise 105098
Condiment 4	N/A	Light Ranch Dressing 34930.1	Light Ranch Dressing 34930.1	Light Ranch Dressing 34930.1	Light Ranch Dressing 34930.1
Condiment 5	N/A	Italian Fat Free Dressing, 1.5 oz 104227	Italian Fat Free Dressing, 1.5 oz 104227	Italian Fat Free Dressing, 1.5 oz 104227	Italian Fat Free Dressing, 1.5 oz 104227
Condiment 6	N/A	Honey BBQ Sauce 47496.3	Honey BBQ Sauce 47496.3	Honey BBQ Sauce 47496.3	Honey BBQ Sauce 47496.3

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