



GENUINE
GOOD FOOD DOES GOOD

November

Springer Municipal Schools

25-26 Springer 7-12 Lunch

Lunch Entree

Sloppy Joe

Vegetables

Roasted Sweet Potato

Fruit

Assorted Fruit

Milk

1% Lowfat Milk

Fat Free Chocolate Milk

3

No School

4

Lunch Entree

Beef Cheeseburger

Vegetables

Roasted Potato

Baked Beans

Fruit

Assorted Fruit

Milk

1% Lowfat Milk

Fat Free Chocolate Milk

5

Lunch Entree

Cheesy Baked Ziti

Vegetables

Steamed Broccoli

Fruit

Assorted Fruit

Milk

1% Lowfat Milk

Fat Free Chocolate Milk

6

Lunch Entree

Chili Cheese Fries

Vegetables

Green Beans

Fruit

Assorted Fruit

Grains

Cornbread, scratch

Milk

1% Lowfat Milk

Fat Free Chocolate Milk

10

Lunch Entree

Beef & Cheese Nachos

Vegetables

Pinto Beans

Fire Roasted Salsa

Shredded Romaine

Fruit

Assorted Fruit

Milk

1% Lowfat Milk

Fat Free Chocolate Milk

11**Lunch Entree**

Popcorn Chicken Mac & Cheese Bowl

Vegetables

Herb Roasted Carrots

Fruit

Assorted Fruit

Milk

1% Lowfat Milk

Fat Free Chocolate Milk

12**Lunch Entree**

Cheese and Turkey Pepperoni Pizza

Vegetables

Garden Salad

Cucumber Slices

Fruit

Assorted Fruit

Milk

1% Lowfat Milk

Fat Free Chocolate Milk

13**Lunch Entree**

Grilled Cheeseburger Patty Melt on WG Bread

Vegetables

Roasted Sweet Potato

Garden Salad

Fruit

Assorted Fruit

Milk

1% Lowfat Milk

Fat Free Chocolate Milk

17

Lunch Entree

Ground Beef Tacos

Vegetables

Creamy Pinto Beans

Shredded Lettuce & Tomatoes

Fire Roasted Salsa

Fruit

Assorted Fruit

Milk

1% Lowfat Milk

Fat Free Chocolate Milk

18**Lunch Entree**

Pasta with Meat Sauce

Vegetables

Parmesan Roasted Broccoli

Fruit

Assorted Fruit

Milk

1% Lowfat Milk

Fat Free Chocolate Milk

19**Lunch Entree**

Roast Turkey

Vegetables

Mashed Potatoes

Green Beans

Fruit

Assorted Fruit

Grains

Corn Bread Stuffing

2 Whole Wheat Dinner Rolls

Milk

1% Lowfat Milk

Fat Free Milk

Misc.

Brown Gravy

20*No School***24***No School***25***No School***26***No School***27**This institution is an equal opportunity provider. *Menu subject to change.*