

October

Springer Municipal Schools 25-26 Springer 7-12 Lunch

October		25-26 Springer 7-12 Lunch	
		Lunch Entree 1	Lunch Entree
		Buffalo Chicken Macaroni & Cheese	Cheese and Turkey Pepperoni Pizza
		Vegetables	Vegetables
		Herb Roasted Carrots	Garden Salad
		Fruit	Cucumber Slices
		Assorted Fruit	Fruit
		Milk	Assorted Fruit
		1% Lowfat Milk	Milk
		Fat Free Chocolate Milk	1% Lowfat Milk
			Fat Free Chocolate Milk
Lunch Entree	6 Lunch Entree 7	Lunch Entree 8	Lunch Entree
BBQ Chicken Sandwich	Red Chile Chicken and Potato	Chicken Pot Pie	Cheesy Baked Spaghetti
Vegetables	Burrito	Vegetables	Vegetables
Baked Beans	Vegetables	Glazed Carrots	Steamed Broccoli
Fruit	Calabacitas con Elote (Squash with Corn)	Roasted Mashed Potatoes	Fruit
Assorted Fruit	Fruit	Fruit	Assorted Fruit
Milk	Assorted Fruit	Assorted Fruit	Milk
1% Lowfat Milk	Milk	Milk	1% Lowfat Milk
Fat Free Chocolate Milk	1% Lowfat Milk	1% Lowfat Milk	Fat Free Chocolate Milk
	Fat Free Chocolate Milk	Fat Free Chocolate Milk	
Lunch Entree	3 Lunch Entree 14	Lunch Entree 15	Lunch Entree
Grilled Cheese Sandwich	Southwest Turkey Rice Bowl	Fritos Chili Pie	Meatlovers Flatbread Pizza
Vegetables	Vegetables	Vegetables	Vegetables
Creamy Coleslaw	Pinto Beans	Mexicali Seasoned Corn	Garden Salad
Roasted Sweet Potato	Fruit	Fruit	Cucumber Slices
Fruit	Assorted Fruit	Assorted Fruit	Fruit
Assorted Fruit	Milk	Grains	Assorted Fruit
Milk	1% Lowfat Milk	Whole Grain Tortilla	Milk
1% Lowfat Milk	Fat Free Chocolate Milk	Milk	1% Lowfat Milk
Fat Free Chocolate Milk		1% Lowfat Milk	Fat Free Chocolate Milk
rat Free Chocolate Willk		170 LOWIGE WIIIK	

Lunch Entree 20	Lunch Entree 21	Lunch Entree 22	Lunch Entree 23
Lunch Entree Chicken Sandwich	Chile Colorado Beef Burrito	Teriyaki Chicken Rice Bowl	Chicken & Dumpling Casserole
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Vegetables	Vegetables	Vegetables	Vegetables
Side Salad	Creamy Pinto Beans	Herb Roasted Carrots	Roasted Mashed Potatoes
Cucumber Slices	Pico de Gallo	Fruit	Fruit
Fruit	Fruit	Assorted Fruit	Assorted Fruit
Assorted Fruit	Assorted Fruit	Milk	Grains
Milk	Milk	1% Lowfat Milk	Whole Wheat Dinner Roll
1% Lowfat Milk	1% Lowfat Milk	Fat Free Chocolate Milk	Milk
Fat Free Chocolate Milk	Fat Free Chocolate Milk		1% Lowfat Milk
Condiments			Fat Free Chocolate Milk
Dijon Honey Mustard Dressing			
Lunch Entree 27	Lunch Entree 28	Lunch Entree 29	Lunch Entree 30
Buffalo Ranch Chicken Sandwich	T 1 0 0 T		
(Caratab)	Turkey Soft Tacos	Beef Cheeseburger	Cheese Pizza
(Scratch)	Vegetables	Beef Cheeseburger Vegetables	Cheese Pizza Vegetables
Vegetables	·		Vegetables Carrot & Celery Cup with Ranch
	Vegetables	Vegetables	Vegetables
Vegetables	Vegetables Fire Roasted Salsa	Vegetables Roasted Potato	Vegetables Carrot & Celery Cup with Ranch
Vegetables Roasted Sweet Potato Salad	Vegetables Fire Roasted Salsa Shredded Romaine lettuce	Vegetables Roasted Potato Fruit Assorted Fruit	Vegetables Carrot & Celery Cup with Ranch Dressing
Vegetables Roasted Sweet Potato Salad Fruit	Vegetables Fire Roasted Salsa Shredded Romaine lettuce Pinto Beans	Vegetables Roasted Potato Fruit Assorted Fruit Milk	Vegetables Carrot & Celery Cup with Ranch Dressing Fruit
Vegetables Roasted Sweet Potato Salad Fruit Assorted Fruit	Vegetables Fire Roasted Salsa Shredded Romaine lettuce Pinto Beans Fruit Assorted Fruit	Vegetables Roasted Potato Fruit Assorted Fruit Milk 1% Lowfat Milk	Vegetables Carrot & Celery Cup with Ranch Dressing Fruit Assorted Fruit
Vegetables Roasted Sweet Potato Salad Fruit Assorted Fruit Milk	Vegetables Fire Roasted Salsa Shredded Romaine lettuce Pinto Beans Fruit Assorted Fruit Milk	Vegetables Roasted Potato Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Chocolate Milk	Vegetables Carrot & Celery Cup with Ranch Dressing Fruit Assorted Fruit Milk
Vegetables Roasted Sweet Potato Salad Fruit Assorted Fruit Milk 1% Lowfat Milk	Vegetables Fire Roasted Salsa Shredded Romaine lettuce Pinto Beans Fruit Assorted Fruit Milk 1% Lowfat Milk	Vegetables Roasted Potato Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Chocolate Milk Condiments	Vegetables Carrot & Celery Cup with Ranch Dressing Fruit Assorted Fruit Milk 1% Lowfat Milk
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This institution is an equal opportunity provider. Menu subject to change.