

September

Springer Municipal Schools

25-26 Springer 7-12 Lunch

<p><i>No School</i></p>	<p>1</p> <p>Lunch Entree</p> <p>Southwest Turkey Rice Bowl</p> <p>Vegetables</p> <p>Pinto Beans Fire Roasted Salsa</p> <p>Fruit</p> <p>Assorted Fruit</p> <p>Milk</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>	<p>2</p> <p>Lunch Entree</p> <p>Fritos Chili Pie</p> <p>Vegetables</p> <p>Mexicali Seasoned Corn</p> <p>Fruit</p> <p>Assorted Fruit</p> <p>Grains</p> <p>Whole Grain Tortilla</p> <p>Milk</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>	<p>3</p> <p>Lunch Entree</p> <p>Meatlovers Flatbread Pizza</p> <p>Vegetables</p> <p>Garden Salad Cucumber Slices</p> <p>Fruit</p> <p>Assorted Fruit</p> <p>Milk</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>
<p>Lunch Entree</p> <p>Chicken Sandwich</p> <p>Vegetables</p> <p>Side Salad Cucumber Slices</p> <p>Fruit</p> <p>Assorted Fruit</p> <p>Milk</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p> <p>Condiments</p> <p>Dijon Honey Mustard Dressing</p>	<p>8</p> <p>Lunch Entree</p> <p>Chile Colorado Beef Burrito</p> <p>Vegetables</p> <p>Creamy Pinto Beans Pico de Gallo</p> <p>Fruit</p> <p>Assorted Fruit</p> <p>Milk</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>	<p>9</p> <p>Lunch Entree</p> <p>Teriyaki Chicken Rice Bowl</p> <p>Vegetables</p> <p>Herb Roasted Carrots</p> <p>Fruit</p> <p>Assorted Fruit</p> <p>Milk</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>	<p>10</p> <p>Lunch Entree</p> <p>Chicken & Dumpling Casserole</p> <p>Vegetables</p> <p>Roasted Mashed Potatoes</p> <p>Fruit</p> <p>Assorted Fruit</p> <p>Grains</p> <p>Whole Wheat Dinner Roll</p> <p>Milk</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>
<p>Lunch Entree</p> <p>Buffalo Ranch Chicken Sandwich (Scratch)</p> <p>Vegetables</p> <p>Roasted Sweet Potato Salad</p> <p>Fruit</p> <p>Assorted Fruit</p> <p>Milk</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>	<p>15</p> <p>Lunch Entree</p> <p>Turkey Soft Tacos</p> <p>Vegetables</p> <p>Fire Roasted Salsa Shredded Romaine lettuce Pinto Beans</p> <p>Fruit</p> <p>Assorted Fruit</p> <p>Milk</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>	<p>16</p> <p>Lunch Entree</p> <p>Beef Cheeseburger</p> <p>Vegetables</p> <p>Roasted Potato</p> <p>Fruit</p> <p>Assorted Fruit</p> <p>Milk</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p> <p>Condiments</p> <p>Genuine Burger Sauce Mustard Ketchup</p>	<p>17</p> <p>Lunch Entree</p> <p>Cheese Pizza</p> <p>Vegetables</p> <p>Carrot & Celery Cup with Ranch Dressing</p> <p>Fruit</p> <p>Assorted Fruit</p> <p>Milk</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>
			<p>18</p> <p>Lunch Entree</p> <p></p>

<div>Lunch Entree Sloppy Joe</div> <div>Vegetables Roasted Sweet Potato</div> <div>Fruit Assorted Fruit</div> <div>Milk 1% Lowfat Milk Fat Free Chocolate Milk</div>	22	<div>Lunch Entree Chicken & Cheese Enchiladas</div> <div>Vegetables Pinto Beans Calabacitas con Elote (Squash with Corn)</div> <div>Fruit Assorted Fruit</div> <div>Milk 1% Lowfat Milk Fat Free Chocolate Milk</div>	23	<div>Lunch Entree Salisbury Steak with Mushroom Gravy</div> <div>Vegetables Mashed Potatoes</div> <div>Fruit Assorted Fruit</div> <div>Grains 2 Whole Wheat Dinner Rolls</div> <div>Milk 1% Lowfat Milk Fat Free Chocolate Milk</div>	24	<div>Lunch Entree Cheesy Baked Ziti</div> <div>Vegetables Steamed Broccoli</div> <div>Fruit Assorted Fruit</div> <div>Milk 1% Lowfat Milk Fat Free Chocolate Milk</div>	25
<div>Lunch Entree Cheesy Green Chile Chicken Sandwich</div> <div>Vegetables Creamy Coleslaw Roasted Potato</div> <div>Fruit Assorted Fruit</div> <div>Milk 1% Lowfat Milk Fat Free Chocolate Milk</div>	29	<div>Lunch Entree Beef & Cheese Nachos</div> <div>Vegetables Pinto Beans Fire Roasted Salsa Shredded Romaine</div> <div>Fruit Assorted Fruit</div> <div>Milk 1% Lowfat Milk Fat Free Chocolate Milk</div>	30				

This institution is an equal opportunity provider. *Menu subject to change.*