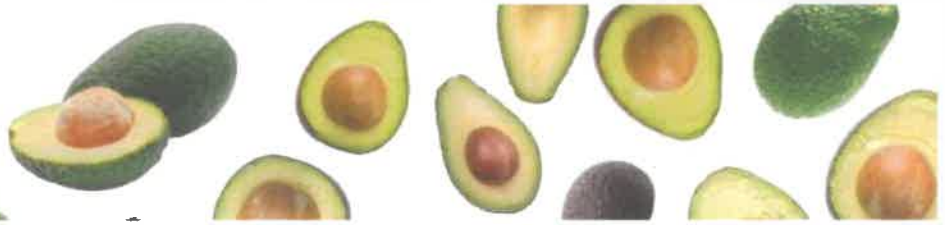


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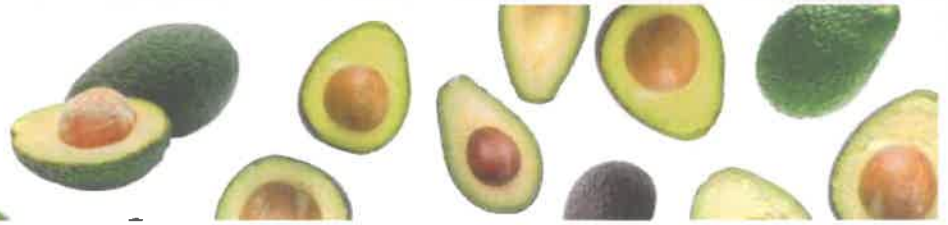


April 2024

Springer Municipal Schools Springer Lunch 9-12

<p>01</p> <p>Lunch Entree Cheese Pizza Chicken Caesar Salad</p> <p>Vegetables Side Salad with Tomatoes & Cucumber Steamed Broccoli</p> <p>Fruit Assorted Fruit</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>02</p> <p>Lunch Entree BBQ Chicken Mac & Cheese Chef Salad with Turkey</p> <p>Vegetables Green Beans</p> <p>Fruit Assorted Fruit</p> <p>Grains 2 Whole Wheat Dinner Rolls</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>03</p> <p>Lunch Entree Chicken & Waffle Buffalo Blue Chicken Salad</p> <p>Vegetables Roasted Sweet Potato Baked Beans</p> <p>Fruit Assorted Fruit</p> <p>Milk Milk, Fat Free Choc Milk Gandy's NM 1% Lowfat Milk</p>	<p>04</p> <p>Lunch Entree Creamy Green Chili, Chicken & Rice Casserole Bacon Ranch Salad</p> <p>Vegetables Garden Salad Steamed Corn</p> <p>Fruit Assorted Fruit</p> <p>Grains 2 Whole Wheat Dinner Rolls</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>
<p>08</p> <p>Lunch Entree Buffalo Chicken Tots Chipotle Chicken Salad</p> <p>Vegetables Seasoned/Roasted Carrots</p> <p>Fruit Assorted Fruit</p> <p>Grains 2 Whole Wheat Dinner Rolls</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>09</p> <p>Lunch Entree Bean & Cheese Burrito Chicken Taco Salad & Tortilla</p> <p>Vegetables Chunky Salsa, Mild Calabacitas (zucchini) Mexican Street Corn</p> <p>Fruit Assorted Fruit</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>10</p> <p>Lunch Entree Chicken Alfredo over Whole Grain Spaghetti Bistro Spinach Salad</p> <p>Vegetables Steamed Broccoli Roasted Cauliflower</p> <p>Fruit Assorted Fruit</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>11</p> <p>Lunch Entree Roasted Chicken Vegetarian Chef Salad</p> <p>Vegetables Baked Beans Garden Salad</p> <p>Fruit Assorted Fruit</p> <p>Grains Whole Grain Corn Bread</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>
<p>15</p> <p>Lunch Entree Walking Taco</p> <p>Vegetables Steamed Corn Pico de Gallo Shredded Lettuce & Tomatoes</p> <p>Fruit Assorted Fruit</p> <p>Grains Cilantro Lime Rice</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>16</p> <p>Lunch Entree Cheese Pizza</p> <p>Vegetables Side Salad Carrot & Celery Cup with Ranch Dressing</p> <p>Fruit Assorted Fruit</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>17</p> <p>Lunch Entree Popcorn Chicken Bowl</p> <p>Fruit Assorted Fruit</p> <p>Grains Whole Grain Biscuit</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>18</p> <p>Lunch Entree Pulled BBQ Chicken Sandwich</p> <p>Vegetables Baked Beans Coleslaw</p> <p>Fruit Assorted Fruit</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>
<p>22</p> <p>Lunch Entree Chicken Nuggets</p> <p>Vegetables Mashed Potatoes Side Salad with Tomatoes & Cucumber</p> <p>Fruit Assorted Fruit</p> <p>Grains 2 Whole Wheat Dinner Rolls</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>23</p> <p>Lunch Entree Cheesy Pulled Pork Burrito</p> <p>Vegetables Chunky Salsa, Mild Pinto Beans</p> <p>Fruit Assorted Fruit</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>24</p> <p>Lunch Entree Fritos Chili Pie</p> <p>Vegetables Carrot & Celery Cup with Ranch Dressing</p> <p>Fruit Assorted Fruit</p> <p>Grains Brown Rice</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>25</p> <p>Lunch Entree Meat Sauce</p> <p>Vegetables Roasted Broccoli</p> <p>Fruit Assorted Fruit</p> <p>Grains Penne Pasta</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>
<p>29</p> <p>Lunch Entree Cheese Pizza</p> <p>Vegetables Side Caesar Salad Carrot & Celery Cup with Ranch Dressing</p> <p>Fruit Assorted Fruit</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>30</p> <p>Lunch Entree Chicken Patty Sandwich</p> <p>Vegetables Tater Puffs/Tater Tots Glazed Carrots</p> <p>Fruit Assorted Fruit</p> <p>Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>		

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Springer Lunch 9-12**

<p>01</p> <p>Lunch Entree Cheese Pizza Chicken Caesar Salad Vegetables Side Salad with Tomatoes & Cucumber Steamed Broccoli Fruit Assorted Fruit Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>02</p> <p>Lunch Entree BBQ Chicken Mac & Cheese Chef Salad with Turkey Vegetables Green Beans Fruit Assorted Fruit Grains 2 Whole Wheat Dinner Rolls Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>03</p> <p>Lunch Entree Chicken & Waffle Buffalo Blue Chicken Salad Vegetables Roasted Sweet Potato Baked Beans Fruit Assorted Fruit Milk Milk, Fat Free Choc Milk Gandy's NM 1% Lowfat Milk</p>	<p>04</p> <p>Lunch Entree Creamy Green Chili, Chicken & Rice Casserole Bacon Ranch Salad Vegetables Garden Salad Steamed Corn Fruit Assorted Fruit Grains 2 Whole Wheat Dinner Rolls Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>
<p>08</p> <p>Lunch Entree Buffalo Chicken Tots Chipotle Chicken Salad Vegetables Seasoned/Roasted Carrots Fruit Assorted Fruit Grains 2 Whole Wheat Dinner Rolls Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>09</p> <p>Lunch Entree Bean & Cheese Burrito Chicken Taco Salad & Tortilla Vegetables Chunky Salsa, Mild Calabacitas (zucchini) Mexican Street Corn Fruit Assorted Fruit Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>10</p> <p>Lunch Entree Chicken Alfredo over Whole Grain Spaghetti Bistro Spinach Salad Vegetables Steamed Broccoli Roasted Cauliflower Fruit Assorted Fruit Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>11</p> <p>Lunch Entree Roasted Chicken Vegetarian Chef Salad Vegetables Baked Beans Garden Salad Fruit Assorted Fruit Grains Whole Grain Corn Bread Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>
<p>15</p> <p>Lunch Entree Walking Taco Vegetables Steamed Corn Pico de Gallo Shredded Lettuce & Tomatoes Fruit Assorted Fruit Grains Cilantro Lime Rice Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>16</p> <p>Lunch Entree Cheese Pizza Vegetables Side Salad Carrot & Celery Cup with Ranch Dressing Fruit Assorted Fruit Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>17</p> <p>Lunch Entree Popcorn Chicken Bowl Fruit Assorted Fruit Grains Whole Grain Biscuit Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>18</p> <p>Lunch Entree Pulled BBQ Chicken Sandwich Vegetables Baked Beans Coleslaw Fruit Assorted Fruit Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>
<p>22</p> <p>Lunch Entree Chicken Nuggets Vegetables Mashed Potatoes Side Salad with Tomatoes & Cucumber Fruit Assorted Fruit Grains 2 Whole Wheat Dinner Rolls Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>23</p> <p>Lunch Entree Cheesy Pulled Pork Burrito Vegetables Chunky Salsa, Mild Pinto Beans Fruit Assorted Fruit Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>24</p> <p>Lunch Entree Fritos Chili Pie Vegetables Carrot & Celery Cup with Ranch Dressing Fruit Assorted Fruit Grains Brown Rice Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>25</p> <p>Lunch Entree Meat Sauce Vegetables Roasted Broccoli Fruit Assorted Fruit Grains Penne Pasta Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>
<p>29</p> <p>Lunch Entree Cheese Pizza Vegetables Side Caesar Salad Carrot & Celery Cup with Ranch Dressing Fruit Assorted Fruit Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>	<p>30</p> <p>Lunch Entree Chicken Patty Sandwich Vegetables Tater Puffs/Tater Tots Glazed Carrots Fruit Assorted Fruit Milk 1% Lowfat Milk Milk, Fat Free Choc Milk Gandy's NM</p>		